



# Diagnosis and Treatment of Patients with early and advanced Breast Cancer

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## Neoadjuvant (Primary) Systemic Therapy

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# Neoadjuvant Systemic Therapy

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- **Versions 2002–2020:**  
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- **Version 2021:**  
**Fehm / Stickeler**

# Subtype-specific Strategies for Systemic Treatment

AGO

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**If chemotherapy is indicated systemic treatment before surgery (neoadjuvant) should be preferred**

**HR+/HER2- and „low-risk“**

- Endocrine therapy without chemotherapy

++

**HR+/HER2- and „high-risk“**

- Conventionally dosed AT-based chemotherapy (q3w)
- Dose dense chemotherapy (including weekly schedule)
- Followed by endocrine therapy

+

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++

**HER2+**

- Trastuzumab (plus Pertuzumab in N+ or NACT)
  - Sequential AT-based chemotherapy with concurrent T + anti-HER2 therapy
  - Anthracycline-free chemotherapy + anti-HER2 therapy

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**Triple-negative (TNBC)**

- Conventionally-dosed AT-based chemotherapy
- Dose-dense chemotherapy (AT-based including weekly schedule)
- Neoadjuvant platinum-containing chemotherapy
- Neoadjuvant chemotherapy + ICPI (immune checkpoint-inhibitors)

+

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+

+/-\*

# Anthracycline-free Taxan/Carboplatin based regimen for Her2+

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Regimen	Pts. (n=)	pCR rate (%)	OUTCOME
6 x TCH (TRIO B07)	34	47	Not published
6 x TCHP (TRYPHAENA)	75	64	3-yr-DFS: 90%
6 x TCHP (KRISTINE - TRIO - 021)	221	56	3-yr-EFS: 94.2
4 x TCHP (NSABP- B52; nur HR+)	155	41	Not published
9 x TxCHP (TRAIN-2)	206	68	3-yr-EFS: 93.5%

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T Docetaxel, Tx Paclitaxel, C Carboplatin, H Trastuzumab, P Pertuzumab  
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# HER2+ Early Breast Cancer

## Neo-/adjuvant and postneoadjuvant Therapy

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### Adjuvant Therapy: low risk of recurrence Rezidivrisiko

Paclitaxel<sup>1</sup> weekly x 12 + Trastuzumab<sup>1</sup>

- elderly or fragile patients  
or
- pT1. pN0

### Adjuvant Therapy: high risk of recurrence

CHT + Trastuzumab + Pertuzumab<sup>2</sup>

- Node-positive (pN+)
- Irrespective of ER-status<sup>5</sup>

### Neoadjuvant Therapy<sup>3</sup>

Trastuzumab + Pertuzumab

- Node-positive (cN+/pN+)
- or
- cT  $\geq$  2

### Postneoadjuvant Therapy<sup>4</sup>

Trastuzumab +/- Pertuzumab  
or T-DM1

In case of pCR:

- Trastuzumab
- Trastuzumab + Pertuzumab
  - Node-positive prior NACT
  - Irrespective of ER-status

In case of non-pCR:

- T-DM1

**Total duration of anti-HER2-therapy: 1 year**

# Neoadjuvant Systemic Chemotherapy

## Clinical Benefit

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	Oxford	
	LoE	GR
<ul style="list-style-type: none"> <li>Leads to improvement of prognosis by individualization of post-neoadjuvant therapy</li> </ul>	1b	A
<ul style="list-style-type: none"> <li>Survival is similar after neoadjuvant (preoperative, primary) and adjuvant systemic therapy (with same regimen and number of cycles), if the post-neoadjuvant therapy is not individualized according to pathological response</li> </ul>	1a	A
<ul style="list-style-type: none"> <li>Pathological complete response is associated with improved survival</li> </ul>	1b	A
<ul style="list-style-type: none"> <li>Can achieve operability in primary inoperable tumors</li> </ul>	1b	A
<ul style="list-style-type: none"> <li>Improved options for breast conserving surgery</li> </ul>	1b	A
<ul style="list-style-type: none"> <li>Decreases rate of axillary lymphadenectomies</li> </ul>	2b	B
<ul style="list-style-type: none"> <li>Allows individualization of therapy according to mid-course treatment effect</li> </ul>	1b	B

# Neoadjuvant Systemic Chemotherapy - Indications

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	Oxford		
	LoE	GR	AGO
■ <b>Inflammatory breast cancer</b>	<b>2b</b>	<b>B</b>	<b>++</b>
■ <b>Inoperable breast cancer</b>	<b>1c</b>	<b>A</b>	<b>++</b>
■ <b>Large operable breast cancer requiring mastectomy and adjuvant chemotherapy with the goal of breast conservation</b>	<b>1b</b>	<b>B</b>	<b>++</b>
■ <b>If similar postoperative adjuvant chemotherapy is indicated</b>	<b>1b</b>	<b>A</b>	<b>++</b>
■ <b>To allow a risk-adapted postoperative therapy</b>	<b>1b</b>	<b>A</b>	<b>++</b>

# Neoadjuvant Systemic Chemotherapy

## Response Prediction I

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Factor	pCR* Probability	Oxford		
		LoE	GR	AGO
▪ Young age	↑	1a	A	+
▪ cT1 / cT2 tumors o. N0 o. G3	↑↑	1a	A	++
▪ Negative hormone receptor status	↑↑	1a	A	++
▪ Triple negative breast cancer	↑↑	1a	A	++
▪ Positive HER2-status	↑↑	1a	A	++
▪ Early clinical response	↑	1b	A	+
▪ Lobular tumor type	↓	1a	A	+
▪ Metaplastic tumor type	↓↓	4	C	+

\*High (↑) or very high (↑↑) probability to reach pCR, low (↓) or very low (↓↓) probability to reach pCR

See also chapter „Prognostic and predictive factors“

# Neoadjuvant Systemic Therapy

## Response Prediction II

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Factor	LoE <sub>2009</sub>	CTS	GR	AGO
▪ <b>Multigene signatures</b>	II	B	B	+/-
▪ <b>Ki-67</b>	I	B	A	+
▪ <b>Tumor infiltrating lymphocytes*</b>	I	B	B	+
▪ <b>PIK3CA mutation in HER2 positive BC</b>	I	B	B	+/-
▪ <b>gBRCA</b>	II	B	B	+
▪ <b>Homologous recombination deficiency</b>	IV	C	C	+/-
▪ <b>PD-L1 status (TNBC)</b>	II	B	B	+/-

\* LPBC is defined as dense lymphocytic infiltration of inner peritumoral stroma outside of invasion front (> 50% of stromal area are covered by lymphocytes)

See also chapter „Prognostic and predictive factors“

# Neoadjuvant Systemic Chemotherapy Recommended Regimens and Schedules



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	Oxford		
	LoE	GR	AGO
■ Use of adjuvant standard regimens for NACT*	1a	A	++
■ Taxane followed by anthracycline (reverse order)	1a	A	+
■ Platinum in TNBC (irrespective of BRCA status)	1a	A	+
■ Nab-Paclitaxel weekly instead of Paclitaxel weekly	1a	A	+
■ Checkpoint inhibitors in combination with chemotherapy (TNBC)	1b	B	+/-**

\* See chapter Adjuvant Chemotherapy; \*\* Study participation recommended

# ICPi plus neoadjuvant chemotherapy for triple negative breast cancer patients

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	GeparNuevo	IMpassion031	Keynote 522	NeoTRIP
Phase	II	III	III	II
n	174	333	602	280
Prim. Endpunkt	pCR	pCR	pCR + EFS	EFS
CPi	Durvalumab (24-26 Wo)	Atezolizumab ( 1J)	Pembrolizumab (1 J)	Atezolizumab (24 Wo)
Chemo	Nab-P -> EC	Nab-P _> ddAC	Pac+Carbo -> AC oder EC	Nab-P + Carbo
PDL-1 positiv	87%	46%	83%	56%
pCR ITT	53% vs. 44 % Δ 9% (n.s.)	58% vs. 41% Δ 17% (p<0.01)	65% vs. 51% Δ 14% (p<0.001)	44% vs. 41% Δ 3% (n.s.)
pCR PDL-1 positiv	58 % vs. 50%	69% vs. 49%	69% vs. 55%	52% vs. 48%
pCR PDL-1 negativ	44 % vs. 18%	48% vs. 34%	45% vs. 30%	32% vs. 32%
Follow-uo (Mths) / HR EFS	-	20 mths 0,76 (ns)	15 mths 0,63 (ns)	-

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# Neoadjuvant Systemic Therapy

## Recommended Methods of Monitoring of Response

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	Oxford		
	LoE	GR	AGO
▪ <b>Breast ultrasound</b>	2b	B	++
▪ <b>Palpation</b>	2b	B	++
▪ <b>Mammography</b>	2b	B	++
▪ <b>MRI</b>	2b	B	+
▪ <b>PET(-CT)</b>	2b	B	+/-
▪ <b>Pretherapeutic marking of tumor region</b>	5	D	++
▪ <b>Pretherapeutic marking of pN+</b>	2a	B	+*

\*study participation recommended (AXSANA /Eubrest 3 Trial)

# Neoadjuvant Targeted Therapy in HER2 Positive Tumors

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	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> <li>■ <b>Pertuzumab + trastuzumab in combination with chemotherapy (high-risk defined as cT2-4 and / or cN+)</b></li> </ul>	<b>2b</b>	<b>B</b>	<b>++</b>
<ul style="list-style-type: none"> <li>■ <b>Trastuzumab in combination with standard polychemotherapy (low-risk)*</b></li> </ul>	<b>1b</b>	<b>A</b>	<b>+</b>
<ul style="list-style-type: none"> <li>■ <b>Anti-HER2 agents without chemotherapy</b></li> </ul>	<b>2b</b>	<b>B</b>	<b>+/-**</b>

\* Monochemotherapy and trastuzumab should preferably be used in the adjuvant setting

\*\* Study participation recommended

# Neoadjuvant Chemotherapy

## Treatment strategies based on clinical response

Oxford

LoE GR AGO

### In case of early response

- Completion of neoadjuvant chemotherapy

1b A ++

### In case of no change:

- Completion of neoadjuvant chemotherapy (NACT) followed by surgery
- Continuation of NACT with non cross-resistant regimen
  - AC or EC x 4 → D x 4 or Pw x 12
  - DAC x 2 → NX x 4

2b C ++

2b B +

2b B +

1b B +

### In case of disease progression

- Re-evaluation of tumorbiological factors
- Stop NACT and proceed to surgery or radiotherapy
- Additional adjuvant chemotherapy with non cross-resistant regimen

5 D +/-

4 D ++

4 D +/-

Neoadjuvant (Primary) Systemic Therapy

# Axillary Surgery and NACT

Oxford

LoE

GR

AGO

**SLNE after NACT**

**SLNE before NACT**

**2b**

**B**

**++**

**2b**

**B**

**-**

cN-Status (before NACT)	pN-Status (before NACT)	cN-Status (after NACT)	Surgical procedure (after NACT)	pN-Status (after NACT and Surgery)	Surgical consequence from histology**			
cN0	—	ycN0	SLNE alone	ypN0 (sn)	—	2b	B	++***
				ypN0 (i+) ypN1 <sub>mic</sub> (sn)	ALND	2b	C	+ (+/- at i+)
					none **	5	D	+/-
				ypN1 (sn)	ALND	2b	C	++
none **	5	D	+/-					
cN+	pN <sub>CNB</sub>	ycN0	SLNE alone* TAD (TLNE + SLNE)* ALND*	ypN0 ypN0 ypN0	—	2b 2b 2b	B B B	+/-*** +*** +***
			SLNE alone* TAD (TLNE + SLNE)*	ypN+ incl. ypN0 (i+)	ALND	2b	B	+ (+/- at i+)
			ALND	ypN+	—	2b	B	++
			none	n.d.	none**	5	D	-
cN+	pN <sub>CNB</sub>	ycN+	ALND	ypN+ incl. ypN0 (i+)	—	2b	B	++
			none	n.d.	none**	5	D	-

\*Study participation (Axsana) recommended; \*\* s. Recommendations chapter Radiotherapy, irradiation alone is not recommended in case of pN1(sn) and pN+ ; \*\*\*recommendation grade concerning to staging at cN0 and cN+ ypN0

# Neoadjuvant Systemic Therapy

## Loco-regional Surgery (Breast)

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- **Early marking of tumor (incl. detailed topographic documentation)**
- **Surgical removal of tumor / representative excision of post-therapeutic, marked tumor area**
- **Tumor resection in new margins**
- **Microscopically clear margins**

	Oxford		
	LoE	GR	AGO
	5	D	++
	2b	C	++
	2b	C	++
	2a	B	++

# Neoadjuvant Systemic Therapy

## Indications for Mastectomy



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	Oxford		
	LoE	GR	AGO
▪ Positive margins after repeated excisions	3b	C	++
▪ Radiotherapy not feasible	5	D	++
▪ In case of clinical complete response			
▪ Inflammatory breast cancer (in case of pCR)	2b	C	+/-
▪ Multicentric lesions	2b	C	+/-
▪ cT4a-c breast cancer	2b	B	+/-

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# Neoadjuvant Systemic Therapy

## Timing of Diagnosis, Surgery and Radiotherapy

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	Oxford		
	LoE	GR	AGO
<b>Initiation of therapy</b> Delay of therapy (> 60 days) associated with worse prognosis	<b>2b</b>	<b>B</b>	
<b>Timing of surgery</b> 4-8 weeks after last course of chemotherapy	<b>2b</b>	<b>B</b>	<b>++</b>
<b>Radiotherapy within 2 months after surgery</b>	<b>2b</b>	<b>B</b>	<b>++</b>

# Neoadjuvant endocrine Therapy (NET)

## - Good clinical practice -

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- **Suitable for patients who are**
  - inoperable
  - not able or not willing to undergo chemotherapy
- **Limited data for premenopausal in contrast to postmenopausal patients is limited**
- **Optimal duration of NET is at least 4-6 months or until best response or until progression**
- **Choice of endocrine therapy is based on menopausal status**
- **NET for 2 up to 4 weeks is able to predict response to endocrine treatment by Ki-67 dynamics (prognostic / predictive evaluation)**

# Neoadjuvant Endocrine Therapy in Patients with Endocrine-responsive Breast Cancer



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	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> <li>Postmenopausal patients:           <ul style="list-style-type: none"> <li>Optimizes the option for breast conserving therapy</li> <li>Aromatase inhibitors (at least 6 months)</li> <li>Aromatase inhibitor + lapatinib (HER2+ BC)</li> </ul> </li> </ul>	1b	A	+
	1a <sup>a</sup>	B	+
	2b	B	+/-
<ul style="list-style-type: none"> <li>Premenopausal patients           <ul style="list-style-type: none"> <li>Tamoxifen</li> <li>Aromatase inhibitors + LHRHa</li> </ul> </li> </ul>	2b	C	+
	1b	C	+/-
<ul style="list-style-type: none"> <li>Concurrent chemo-endocrine therapy</li> </ul>	1b	A	-
<ul style="list-style-type: none"> <li>Preoperative ET (Tam/AI) + Ki-67 after 2-4 weeks (prognostic/predictive evaluation)</li> </ul>	1b	B	+
<ul style="list-style-type: none"> <li>Prognostic score:           <ul style="list-style-type: none"> <li>PEPI: pTN-Stage, ER expression and Ki-67 expression after neoadjuvant endocrine therapy</li> </ul> </li> </ul>	1b	B	+

<sup>a</sup> Optimal duration of neoadjuvant endocrine therapy is unknown.  
No long term results for neoadjuvant endocrine therapy (vs. adjuvant endocrine therapy)

# Post-neoadjuvant therapy: HER2-negative

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	Oxford		
	LoE	GR	AGO
<b><u>HR-positive (pCR and non-pCR)</u></b>			
▪ Endocrine therapy according to menopausal status (s. chap. 10)	1a	A	++
▪ Capecitabine (in case of non-pCR)	3b	C	+/-
▪ Endocrine therapy + Abemaciclib	2b	B	+/-*
▪ Endocrine therapy + Palbociclib	1b <sup>a</sup>	B	-*
<b><u>Triple negative (TNBC) (in case of non-pCR)</u></b>			
▪ Capecitabine (up to 8 cycles)**	1b	B	+
▪ Experimental post-neoadjuvant therapies within clinical trials	5	D	+*

\* Study participation recommended

\*\* without prior platinum-based therapy

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# Post-neoadjuvant treatment with CDK 4/6i

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	MonarchE	PALLAS	Penelope <sup>B</sup>
N	5637	5600	1250
CDKi	Abemaciclib	Palbociclib	Palbociclib
% of pts with NACT	37%	n.r.	100%
Duration of CDK 4/6i treatment	24 mths	24 mths	12 mths
Follow-up	19 mths	24 mths	43 mths
Discontinuation rate	28%	42%	20%
IDFS-HR (95%-CI)	0.713 (0.583 - 0.871) p = 0.0009	0.93 (0.76-1.15) p = 0.51	0.93 (0.74-1.16) p=0.525
2-yrs IDFS	92% vs. 89%	n.r.	88% vs. 84%
3-yrs IDFS	n.r.	88% vs. 89%	81% vs. 78%
4-yrs IDFS	n.r.	n.r.	73% vs. 72%

*IDFS: invasive disease-free survival*

Neoadjuvant (Primary) Systemic Therapy

# Post-neoadjuvant therapy: HER2-positive

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	Oxford		
	LoE	GR	AGO
<b><u>pCR</u></b>			
▪ <b>Low-risk: Trastuzumab (to complete 12 mths)</b>	<b>2a</b>	<b>C</b>	<b>++</b>
▪ <b>High-risk (cN+): Trastuzumab + Pertuzumab (to complete 12 mths)</b>	<b>2b</b>	<b>C</b>	<b>+</b>
▪ <b>Neratinib after 1 year Trastuzumab (HR-positive)*</b>	<b>2b</b>	<b>B</b>	<b>-</b>
<b><u>non-pCR</u></b>			
▪ <b>T-DM1</b>	<b>1b</b>	<b>B</b>	<b>+</b>
▪ <b>Neratinib after 1 year* Trastuzumab (HR-positive)*</b>	<b>2b</b>	<b>B</b>	<b>+/-</b>
▪ <b>Trastuzumab + Pertuzumab (to complete 12 mths)</b>	<b>2b</b>	<b>C</b>	<b>+/-</b>

\* In combination with standard endocrine treatment

Neoadjuvant (Primary) Systemic Therapy