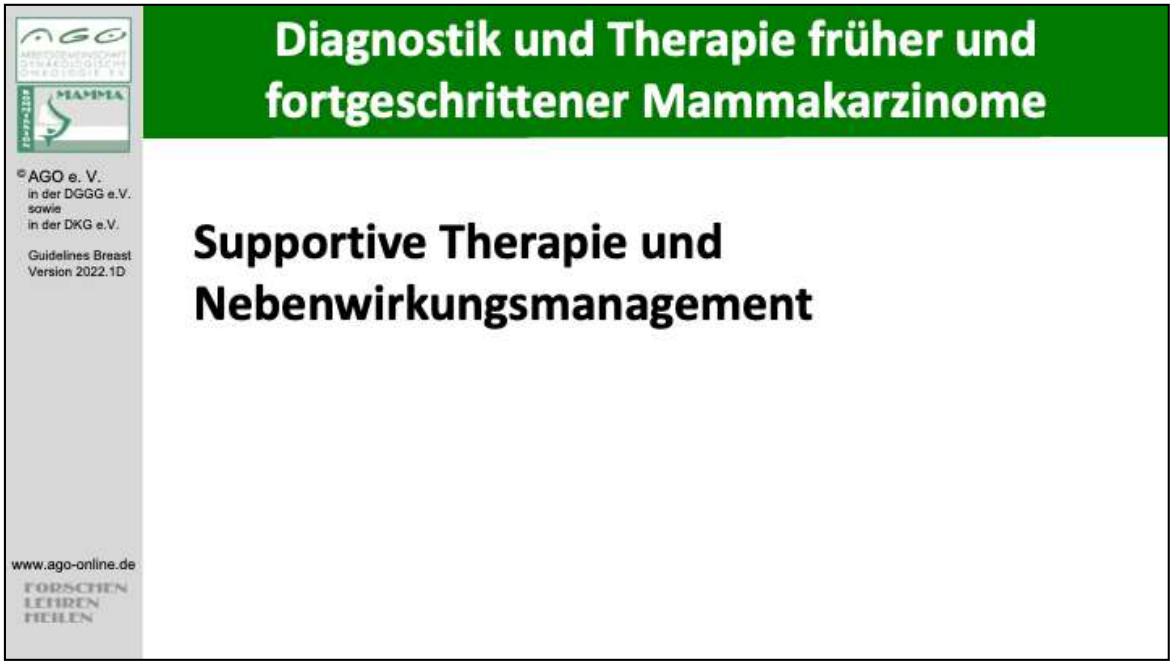

Screened data bases

Pubmed 2007 - 2022, ASCO 2010 – 2022, SABCS 2010 – 2021, Cochrane Data Base (2019)

Screened guidelines

1. Cardoso F, Paluch-Shimon S, Senkus E, et. al. 5th ESO-ESMO international consensus guidelines for advanced breast cancer (ABC 5). Ann Oncol. 2020 Dec;31(12):1623-1649.
2. Thomssen C., Lüftner D, Untch M, et al. International Consensus Conference for Advanced Breast Cancer, Lisbon 2019: ABC5 Consensus - Assessment by a German Group of Experts. Breast Care (Basel). 2020
3. ASCO (American Association of Clinical Oncology, Practice Guidelines, 2021) http://www.asco.org
4. American Society of Clinical Oncology Clinical Practice Survivorship Guidelines, Endorsements and Adaptations: https://www.asco.org/practice-policy/cancer-care-initiatives/prevention-survivorship/survivorship-compendium-0
5. 2016 Updated American Society of Clinical Oncology/Oncology Nursing Society Chemotherapy Administration Safety Standards, Including Standards for Pediatric Oncology: http://ascopubs.org/doi/pdfdirect/10.1200/JOP.2016.017905
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7. NCCN (National Comprehensive Cancer Network , 2021): http://www.nccn.org
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Supportive Therapie und Nebenwirkungsmanagement

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- **Versionen 2002–2021:**
  Albert / Bauerfeind / Brunnert / Bischoff / Costa / Dall / Diel / Fersis / Friedrich / Friedrichs / Gerber / Göhring / Hanf / Harbeck / Heinrich / Huober / Jackisch / Lisboa / Lück / Lüftner / von Minckwitz / Möbus / Müller / Mundhenke / Nitz / Oberhoff / Rody / Schaller / Scharl / Schmidt / Schneeweiss / Schütz / Solomayer / Souchon / Stickeler / Thomssen / Untch

- **Version 2022:**
  Harbeck / Reimer

Leitlinien – Umfeld

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FORSCHEN
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1. S3-Leitlinie Supportive Therapie:
   Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.3 – Februar 2020 AWMF-Registernummer: 032/054OL Zugriff 25.12.2021 https://www.leitlinienprogramm-onkologie.de/fileadmin/user_upload/Downloads/Leitlinien/Supportivtherapie/LL_Supportiv_Langversion_1.3.pdf

2. ESMO Clinical Practice Guidelines: Supportive and Palliative Care. www.esmo.org

3. Jordan K, Aapro M, Kaasa S, et al. European Society for Medical Oncology (ESMO) position paper on supportive and palliative care. Ann Oncol. 2018 Jan 1;29(1):36-43.

4. Schneider BJ, Naidoo J, Santomasso BD, et al. Management of Immune-Related Adverse Events in Patients Treated With Immune Checkpoint Inhibitor Therapy: ASCO Guideline Update. J Clin Oncol. 2021 Dec 20;39(36):4073-4126.

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Version 2022.1D

Toxizitätsbeurteilung

- **Akute Toxizität (NCI-CTCAE)**
- **Langzeittoxizität (ICPC, ICD-GM)**

Akute Toxizität

1. WHO Handbook for reporting results of cancer treatment, N0 48 (1979) (WHO offset Publications, Geneva)
2. NCI, Bethesda, USA, Common Terminology Criteria for Adverse Events v5.0 (CTCAE; published 2017); https://ctep.cancer.gov/protocolDevelopment/electronic_applications/ctc.htm#ctc_50 (Download 18.01.2018)

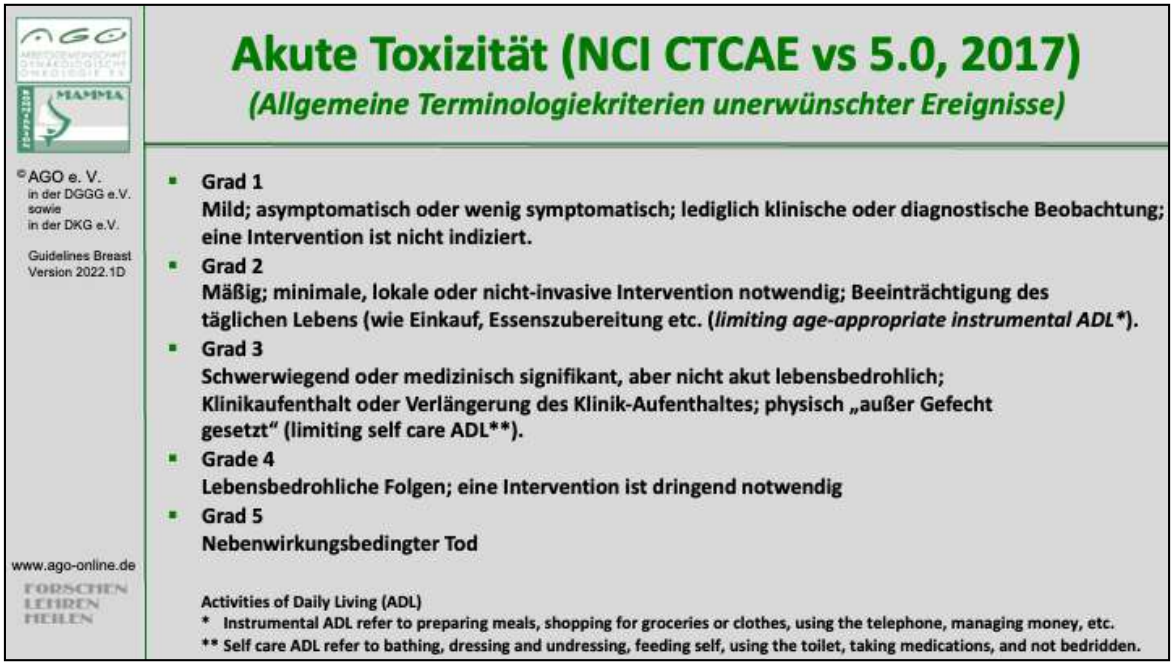
Akute Toxizität nach jedem Therapiezyklus abfragen

1. Cirillo M, Lunardi G, Coati F, et al: Management of oral anticancer drugs: Feasibility and patient approval of a specific monitoring program. Tumori 100: 243-248, 2014

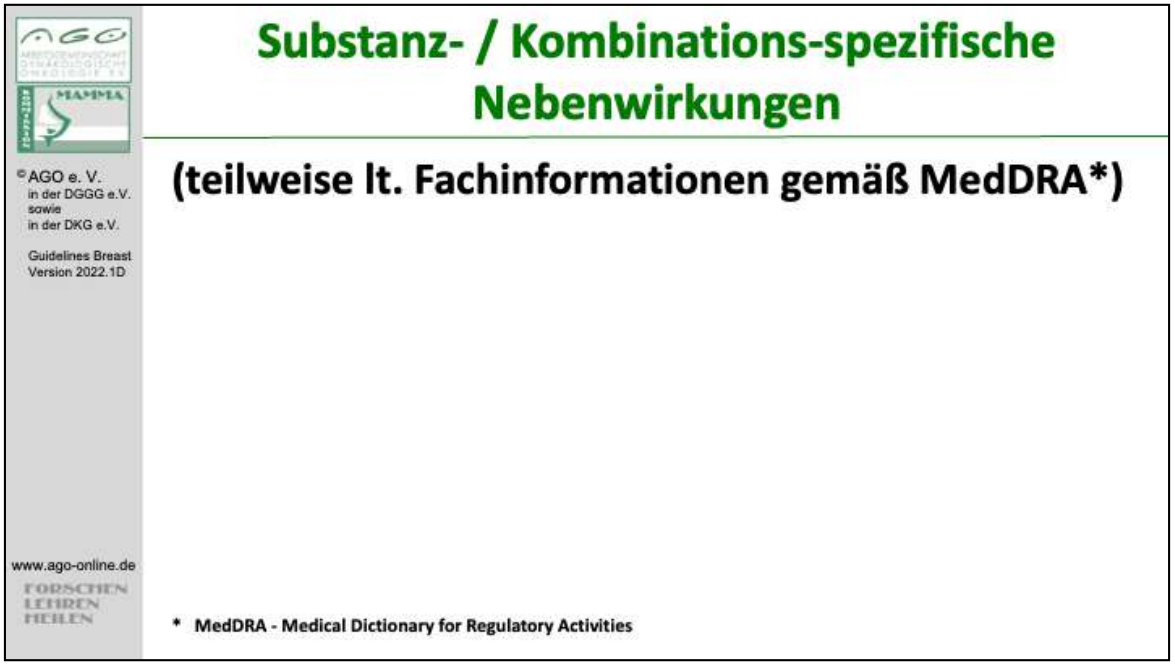
Langzeittoxizität

1. International Classification of Primary Care (ICPC) revised December 2016, http://www.who.int/classifications/icd/adaptations/icpc2/en/ (Download 18.01.2018) or http://www.globalfamilydoctor.com/groups/WorkingParties/wicc.aspx (Download 18.01.2018)
2. Deutschen Institut für Medizinische Dokumentation und Information (DIMDI), ICD-10-GM Version 2017; https://www.dimdi.de/static/de/klassi/icd-10-gm/kodesuche/onlinefassungen/htmlgm2017/ (Download 18.01.2018)
3. Kenyon M, Mayer DK, Owens AK. Late and long-term effects of breast cancer treatment and surveillance management for the

general practitioner. J Obstet Gynecol Neonatal Nurs. 2014 May-Jun;43(3):382-98.
4. Hematopoietic Cell Transplantation Guidelines Taskforce, Auditory and Vision Guidelines Taskforce, Cardiopulmonary Guidelines Taskforce, Endocrine Guidelines Taskforce, Genitourinary and Renal Guidelines Taskforce, Oral, Dental, Gastrointestinal and Hepatic Guidelines Taskforce, et al. Late Effects Surveillance Recommendations among Survivors of Childhood Hematopoietic Cell Transplantation: A Children's Oncology Group Report. Author manuscript; available in PMC 2017 May 1.Published in final edited form as: Biol Blood Marrow Transplant. 2016 May; 22(5): 782–795.
5. Inge Spronk, Joke C Korevaar, Francois G Schellevis, et al. Evidence-based recommendations on care for breast cancer survivors for primary care providers: a review of evidence-based breast cancer guidelines. BMJ Open. 2017; 7(12): e015118.
6. M.J. Heins, J.C. Korevaar, P.M. Rijken, et al. For which health problems do cancer survivors visit their General Practitioner? European Journal of Cancer (2013) 49, 211– 218.

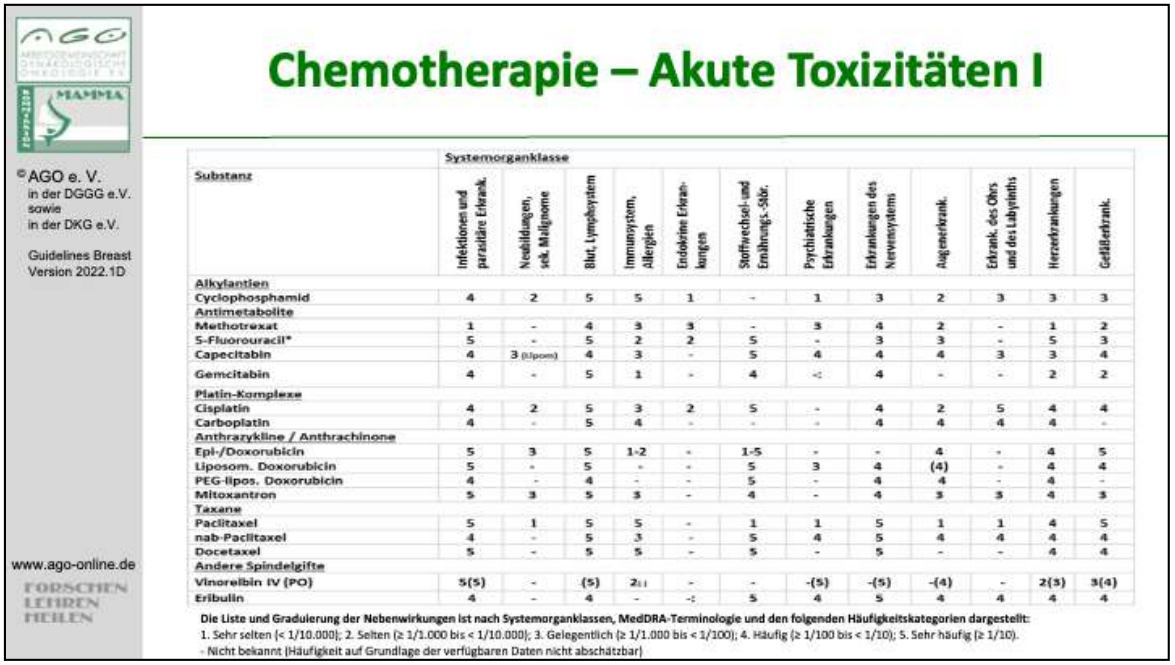


1. NCI, Bethesda, USA, Common Terminology Criteria for Adverse Events v5.0 (CTCAE; published 2017); https://ctep.cancer.gov/protocolDevelopment/electronic_applications/ctc.htm#ctc_50 (Download 18.01.2018)



*MedDRA - Medical Dictionary for Regulatory Activities

https://www.meddra.org/



Chemotherapie – Akute Toxizitäten I

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Substanz	Systemorganklasse											
	Infektionen und parasitäre Erkrank.	Neubildungen, inkl. Malignome	Blut, Lymphsystem	Immunsystem, Allergien	Endokrine Erkrankungen	Stoffwechsel- und Ernährungs-Störungen	Psychiatrische Erkrankungen	Erkrankungen des Nervensystems	Augenerkrank.	Erkrank. des Ohrs und des Labyrinths	Herzerkrankungen	Gefäßerkrank.
Alkylantien												
Cyclophosphamid	4	2	5	5	1	-	1	3	2	3	3	3
Antimetabolite												
Methotrexat	1	-	4	3	3	-	3	4	2	-	1	2
5-Fluorouracil*	5	-	5	2	2	5	-	3	3	-	5	3
Capecitabin	4	3 (Lipom)	4	3	-	5	4	4	4	3	3	4
Gemcitabin	4	-	5	1	-	4	-[1]	4	-	-	2	2
Platin-Komplexe												
Cisplatin	4	2	5	3	2	5	-	4	2	5	4	4
Carboplatin	4	-	5	4	-	-	-	4	4	4	4	-
Anthrazykline / Anthrachinone												
Epi-/Doxorubicin	5	3	5	1-2	-	1-5	-	-	4	-	4	5
Liposom. Doxorubicin	5	-	5	-	-	5	3	4	(4)	-	4	4
PEG-lipos. Doxorubicin	4	-	4	-	-	5	-	4	4	-	4	-
Mitoxantron	5	3	5	3	-	4	-	4	3	3	4	3
Taxane												
Paclitaxel	5	1	5	5	-	1	1	5	1	1	4	5
nab-Paclitaxel	4	-	5	3	-	5	4	5	4	4	4	4
Docetaxel	5	-	5	5	-	5	-	5	-	-	4	4
Andere Spindelgifte												
Vinorelbin IV (PO)	5(5)	-	(5)	2[1]	-	-	-(5)	-(5)	-(4)	-	2(5)	3(4)
Eribulin	4	-	4	-	-[1]	5	4	5	4	4	4	4

Die Liste und Graduierung der Nebenwirkungen ist nach Systemorganklassen, MedDRA-Terminologie und den folgenden Häufigkeitskategorien dargestellt:
1. Sehr selten (< 1/10.000); 2. Selten (≥ 1/1.000 bis < 1/10.000); 3. Gelegentlich (≥ 1/1.000 bis < 1/100); 4. Häufig (≥ 1/100 bis < 1/10); 5. Sehr häufig (≥ 1/10).
- Nicht bekannt (Häufigkeit auf Grundlage der verfügbaren Daten nicht abschätzbar)

Nebenwirkungskategorien - MedDRA (Medical Dictionary for Regulatory Activities)

1. MedDRA: https://www.meddra.org/ bzw. https://www.meddra.org/sites/default/files/guidance/file/intguide_20_1_english_0.pdf

Quellen für die Fachinformationen (Download 19.01.2018)

1. Cyclophosphamid: http://www.baxter.de/de_DE/assets/downloads/fachinformation/endoxan.pdf
2. Methotrexat: https://www.gelbe-liste.de/produkte/MTX-HEXAL-10-mg-Tabletten_117469/fachinformation
3. 5-Fluorouracil: https://www.gelbe-liste.de/produkte/Fluorouracil-HEXAL-50-mg-ml-Injektionsloesung-100-ml_546519/fachinformation
4. Capecitabin: https://www.zentiva.de/Produkte/Capecitabin-Zentiva/Downloads?id=a63946ee-51ce-46ac-8184-a468b705ed9b
5. Gemcitabin: http://www.success-studie.de/b/downloads/Fachinfo/GemzarFI07Jan.pdf
6. Cisplatin: https://www.gelbe-liste.de/produkte/Cisplatin-Teva-1-mg-ml-Konzentrat-zur-Herstellung-einer-Infusionsloesung-100-ml_543960/fachinformation
7. Carboplatin: http://www.teva.de/index.php?eID=dumpFile&t=f&f=37532&g=-1&r=11068%2C11068&token=eebfb22e78f1cc8d9935d59c087e80630146f49e

8. Epirubicin:
9. Doxorubicin:
10. Liposomales Doxorubicin: https://www.gelbe-liste.de/produkte/Myocet-50-mg-Pulver-Dispersion-u-Loesungsmittel-fuer-ein-Konzentrat-zur-Herstellung-einer-Infusionsdispersion_359323/fachinformation
11. PEG-lipo. Doxorubicin: https://www.gelbe-liste.de/produkte/Caelyx-2-mg-ml-Konzentrat-zur-Herstellung-einer-Infusionsloesung-10-ml_121890/fachinformation
12. Mitoxantron: https://www.gelbe-liste.de/produkte/Mitoxantron-Teva-2-mg-ml-Injektionsloesung-15ml_543783/fachinformation
13. Paclitaxel: https://medikamio.com/de-de/medikamente/paclitaxel-ratiopharm/pil
14. Nab-Paclitaxel: https://www.gelbe-liste.de/produkte/Abraxane-5-mg-ml-Pulver-zur-Herstellung-einer-Infusionssuspension_514889/fachinformation
15. Docetaxel: https://mein.sanofi.de/produkte/Taxotere/Downloads?id=89447754-dfb2-450b-b35a-36950de8a74d
16. Vinorelbin: http://www.detect-studien.de/dokumente/d3/fachinfo/Navelbine.pdf
17. Eribulin: http://www.detect-studien.de/dokumente/d4/fachinfo/Fachinfo_Eribulin_Halaven.pdf

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1. Azim HA Jr, de Azambuja E, Colozza M, et al.: Long-term toxic effects of adjuvant chemotherapy in breast cancer. Ann Oncol. 2011 Sep;22(9):1939-47.
2. Petrelli F et al: Mortality, leukemic risk, and cardiovascular toxicity of adjuvant anthracycline and taxane chemotherapy in breast cancer: a meta-analysis. Breast Cancer Res Treat. 2012 Sep;135(2):335-46
3. Jim HS et al: Meta-analysis of cognitive functioning in breast cancer survivors previously treated with standard-dose chemotherapy. J Clin Oncol. 2012 Oct 10;30(29):3578-87
4. Cortes J, O'Shaughnessy J, Loesch D et al. Eribulin monotherapy versus treatment of physician's choice in patients with metastatic breast cancer (EMBRACE): a phase 3 open-label randomised study. Lancet. 2011;377:914-23
5. Link, H. and S. Schmitz (2013). "Treatment of cancer-associated anaemia: results from a two-day cross-sectional survey in Germany." Onkologie 36(5): 266-272.
6. Fox P, Darley A, Furlong E, et al: The assessment and management of chemotherapy-related toxicities in patients with breast cancer, colorectal cancer, and Hodgkin's and non-Hodgkin's lymphomas: A scoping review. Eur J Oncol Nurs. 2017 Feb;26:63-82. doi: 10.1016/j.ejon.2016.12.008. Epub 2016 Dec 22.

7. Maeda S, Saimura M, Minami S, et al. Efficacy and safety of eribulin as first- to third-line treatment in patients with advanced or metastatic breast cancer previously treated with anthracyclines and taxanes.See comment in PubMed Commons below Breast. 2017 Jan 2;32:66-72. doi: 10.1016/j.breast.2016.12.017.
8. Zhang XH, Hao S, Gao B, et al. A network meta-analysis for toxicity of eight chemotherapy regimens in the treatment of metastatic/advanced breast cancer. Oncotarget. 2016 Dec 20;7(51):84533-84543. doi: 10.18632/oncotarget.13023.
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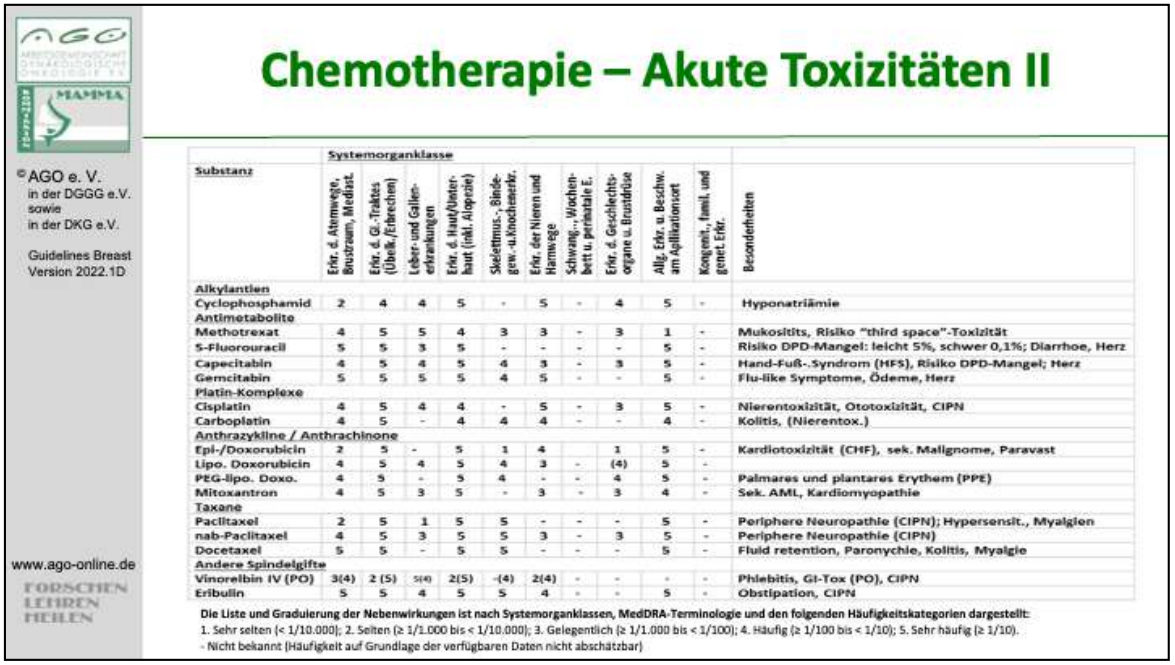
10. Crawford J.
11. NCCN, editor. NCCNR Practice Guidelines in Oncology - v.1.2011; Myeloid Growth Factors. National Comprehensive Cancer Network 2011. 18-7-2011.
12. Madeddu C, Deidda M, Piras A, et al. Pathophysiology of cardiotoxicity induced by nonanthracycline chemotherapy. J Cardiovasc Med (Hagerstown). 2016 May;17 Suppl 1 Special issue on Cardiotoxicity from Antiblastic Drugs and Cardioprotection:e12-e18. Review.



Chemotherapie – Akute Toxizitäten II

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Substanz	Systemorganklasse: Erkr. d. Atemwege, Brustraum, Mediast.	Erkr. d. GI.-Traktes (Übelk./Erbrechen)	Leber- und Gallenerkrankungen	Erkr. d. Haut/Unterhaut (inkl. Alopezie)	Skelettmus.-, Bindegew.-u.Knochenerkr.	Erkr. der Nieren und Harnwege	Schwang.-, Wochenbett u. perinatale E.	Erkr. d. Geschlechtsorgane u. Brustdrüse	Allg. Erkr. u. Beschw. am Applikationsort	Kongenit., famil. und genet. Erkr.	Besonderheiten
Alkylantien											
Cyclophosphamid	2	4	4	5	-	5	-	4	5	-	Hyponatriämie
Antimetabolite											
Methotrexat	4	5	5	4	3	3	-	3	1	-	Mukositis, Risiko "third space"-Toxizität
5-Fluorouracil	5	5	3	5	-	-	-	-	5	-	Risiko DPD-Mangel: leicht 5%, schwer 0,1%; Diarrhoe, Herz
Capecitabin	4	5	4	5	4	3	-	3	5	-	Hand-Fuß-.Syndrom (HFS), Risiko DPD-Mangel; Herz
Gemcitabin	5	5	5	5	4	5	-	-	5	-	Flu-like Symptome, Ödeme, Herz
Platin-Komplexe											
Cisplatin	4	5	4	4	-	5	-	3	5	-	Nierentoxizität, Ototoxizität, CIPN
Carboplatin	4	5	-	4	4	4	-	-	4	-	Kolitis, (Nierentox.)
Anthrazykline / Anthrachinone											
Epi-/Doxorubicin	2	5	-	5	1	4		1	5	-	Kardiotoxizität (CHF), sek. Malignome, Paravast
Lipo. Doxorubicin	4	5	4	5	4	3	-	(4)	5	-	
PEG-lipo. Doxo.	4	5	-	5	4	-	-	4	5	-	Palmares und plantares Erythem (PPE)
Mitoxantron	4	5	3	5	-	3	-	3	4	-	Sek. AML, Kardiomyopathie
Taxane											
Paclitaxel	2	5	1	5	5	-	-	-	5	-	Periphere Neuropathie (CIPN); Hypersensit., Myalgien
nab-Paclitaxel	4	5	3	5	5	3	-	3	5	-	Periphere Neuropathie (CIPN)
Docetaxel	5	5	-	5	5	-	-	-	5	-	Fluid retention, Paronychie, Kolitis, Myalgie
Andere Spindelgifte											
Vinorelbin IV (PO)	3(4)	2 (5)	5(4)	2(5)	-(4)	2(4)	-	-	-	-	Phlebitis, GI-Tox (PO), CIPN
Eribulin	5	5	4	5	5	4	-	-	5	-	Obstipation, CIPN

Die Liste und Gradulerung der Nebenwirkungen ist nach Systemorganklassen, MedDRA-Terminologie und den folgenden Häufigkeitskategorien dargestellt:
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- Nicht bekannt (Häufigkeit auf Grundlage der verfügbaren Daten nicht abschätzbar)

Abkürzungen

AML = Akute myeloische Leukämie; DPD = Dihydropyrimidin-Dehydrogenase); CHF = Kardiomyopathie; CIPN = Chemotherapie induzierte periphere Neuropathie; HFS = Hand-Fuß-Syndrom; PPE = Palmares und plantares Erythem.

Nebenwirkungskategorien - MedDRA (Medical Dictionary for Regulatory Activities)

1. MedDRA: https://www.meddra.org/ bzw. https://www.meddra.org/sites/default/files/guidance/file/intguide_20_1_english_0.pdf

Quellen für die Fachinformationen (Download 19.01.2018)

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4. Capecitabin: https://www.zentiva.de/Produkte/Capecitabin-Zentiva/Downloads?id=a63946ee-51ce-46ac-8184-a468b705ed9b
5. Gemcitabin: http://www.success-studie.de/b/downloads/Fachinfo/GemzarFI07Jan.pdf

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7. Carboplatin: http://www.teva.de/index.php?eID=dumpFile&t=f&f=37532&g=-1&r=11068%2C11068&token=eebfb22e78f1cc8d9935d59c087e80630146f49e
8. Epirubicin:
9. Doxorubicin:
10. Liposomales Doxorubicin: https://www.gelbe-liste.de/produkte/Myocet-50-mg-Pulver-Dispersion-u-Loesungsmittel-fuer-ein-Konzentrat-zur-Herstellung-einer-Infusionsdispersion_359323/fachinformation
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13. Paclitaxel: https://medikamio.com/de-de/medikamente/paclitaxel-ratiopharm/pil
14. Nab-Paclitaxel: https://www.gelbe-liste.de/produkte/Abraxane-5-mg-ml-Pulver-zur-Herstellung-einer-Infusionssuspension_514889/fachinformation
15. Docetaxel: https://mein.sanofi.de/produkte/Taxotere/Downloads?id=89447754-dfb2-450b-b35a-36950de8a74d
16. Vinorelbin: http://www.detect-studien.de/dokumente/d3/fachinfo/Navelbine.pdf
17. Eribulin: http://www.detect-studien.de/dokumente/d4/fachinfo/Fachinfo_Eribulin_Halaven.pdf

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Onkologie 36(5): 266-272.
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7. Maeda S, Saimura M, Minami S, et al. Efficacy and safety of eribulin as first- to third-line treatment in patients with advanced or metastatic breast cancer previously treated with anthracyclines and taxanes.See comment in PubMed Commons below Breast. 2017 Jan 2;32:66-72. doi: 10.1016/j.breast.2016.12.017.
8. Zhang XH, Hao S, Gao B, et al. A network meta-analysis for toxicity of eight chemotherapy regimens in the treatment of metastatic/advanced breast cancer. Oncotarget. 2016 Dec 20;7(51):84533-84543. doi: 10.18632/oncotarget.13023.
9. Basch E, Prestrud AA, Hesketh PJ, et al. Antiemetics: American Society of Clinical Oncology Clinical Practice Guideline Update. Journal of Clinical Oncology 2011;29:4189- 4198
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<u>DPD Defizienz:</u>

1. Rote-Hand-Brief vom 04.06.2020: https://www.bfarm.de/SharedDocs/Risikoinformationen/Pharmakovigilanz/DE/RHB/2020/rhb-fluorouracil.html (Zugriff am 17.01.2022)
2. García-Alfonso P, Saiz-Rodríguez M, Mondéjar R, et al. Consensus of experts from the Spanish Pharmacogenetics and Pharmacogenomics Society and the Spanish Society of Medical Oncology for the genotyping of DPYD in cancer patients who are candidates for treatment with fluoropyrimidines. Clin Transl Oncol. 2021 Nov 13.
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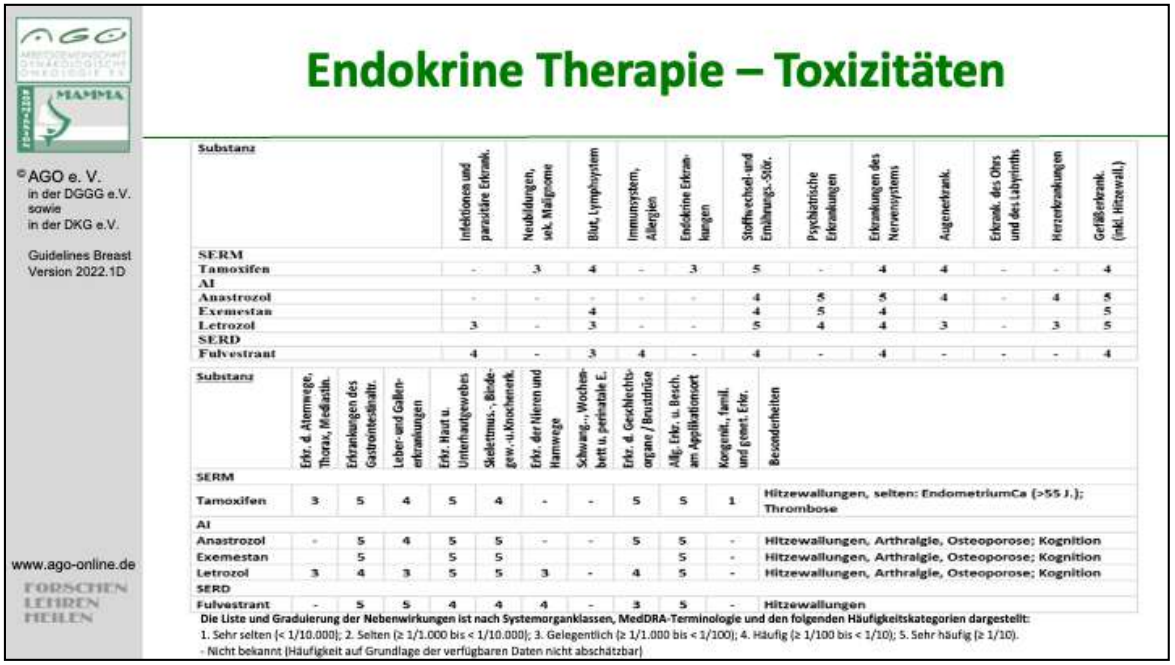

Endokrine Therapie – Toxizitäten

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Guidelines Breast
Version 2022.1D

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FORSCHEN
LEHREN
HEILEN

Substanz	Infektionen und parasitäre Erkrank.	Neubildungen, sek. Malignome	Blut, Lymphsystem	Immunsystem, Allergien	Endokrine Erkrankungen	Stoffwechsel- und Ernährungs-Störungen	Psychiatrische Erkrankungen	Erkrankungen des Nervensystems	Augenerkrank.	Erkrank. des Ohrs und des Labyrinths	Herzerkrankungen	Gefäßerkrank. (inkl. Hitzewall.)
SERM												
Tamoxifen	-	3	4	-	3	5	-	4	4	-	-	4
AI												
Anastrozol	-	-	-	-	-	4	5	5	4	-	4	5
Exemestan			4			4	5	4				5
Letrozol	3	-	3	-	-	5	4	4	3	-	3	5
SERD												
Fulvestrant	4	-	3	4	-	4	-	4	-	-	-	4

Substanz	Erkr. d. Atemwege, Thorax, Mediastin.	Erkrankungen des Gastrointestinaltr.	Leber- und Gallenerkrankungen	Erkr. Haut u. Unterhautgewebes	Skelettmus.-, Bindegew.-u.Knochenerk.	Erkr. der Nieren und Harnwege	Schwang.-, Wochenbett u. perinatale E.	Erkr. d. Geschlechtsorgane / Brustdrüse	Allg. Erkr. u. Besch. am Applikationsort	Kongenit., famil. und genet. Erkr.	Besonderheiten
SERM											
Tamoxifen	3	5	4	5	4	-	-	5	5	1	Hitzewallungen, selten: EndometriumCa (>55 J.); Thrombose
AI											
Anastrozol	-	5	4	5	5	-	-	5	5	-	Hitzewallungen, Arthralgie, Osteoporose; Kognition
Exemestan		5		5	5				5	-	Hitzewallungen, Arthralgie, Osteoporose; Kognition
Letrozol	3	4	3	5	5	3	-	4	5	-	Hitzewallungen, Arthralgie, Osteoporose; Kognition
SERD											
Fulvestrant	-	5	5	4	4	4	-	3	5	-	Hitzewallungen

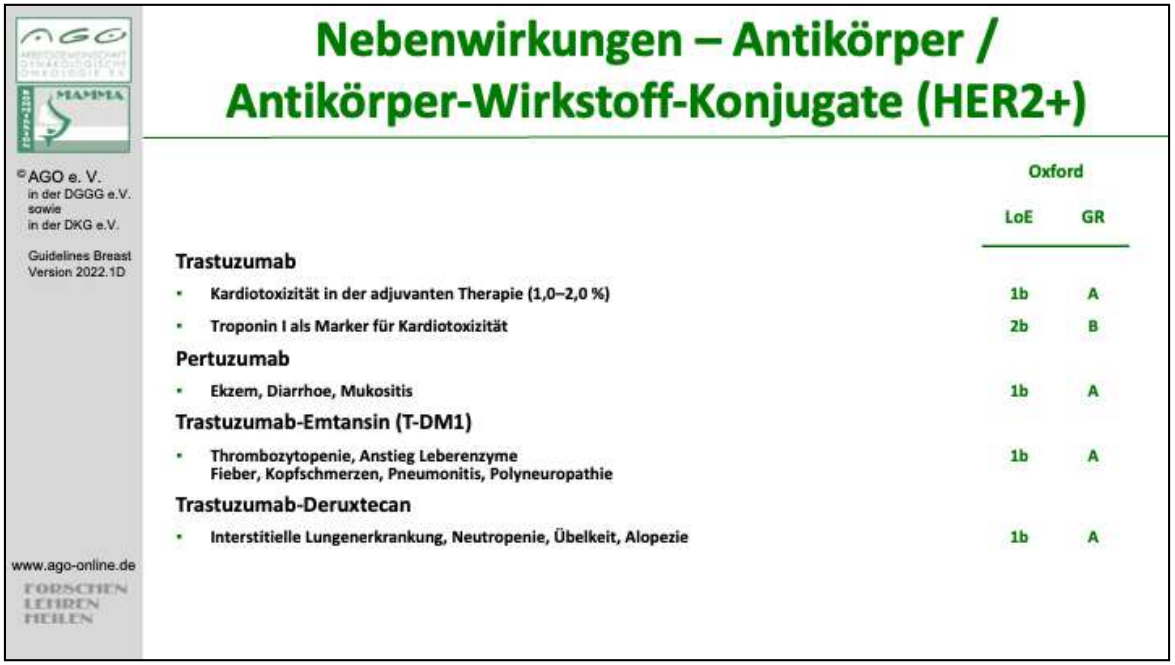
Die Liste und Gradulerung der Nebenwirkungen ist nach Systemorganklassen, MedDRA-Terminologie und den folgenden Häufigkeitskategorien dargestellt:
1. Sehr selten (< 1/10.000); 2. Selten (≥ 1/1.000 bis < 1/10.000); 3. Gelegentlich (≥ 1/1.000 bis < 1/100); 4. Häufig (≥ 1/100 bis < 1/10); 5. Sehr häufig (≥ 1/10).
- Nicht bekannt (Häufigkeit auf Grundlage der verfügbaren Daten nicht abschätzbar)

<u>Nebenwirkungskategorien - MedDRA (Medical Dictionary for Regulatory Activities)</u>

1. MedDRA: https://www.meddra.org/ bzw. https://www.meddra.org/sites/default/files/guidance/file/intguide_20_1_english_0.pdf

<u>Quellen für die Fachinformationen (Download 19.01.2018)</u>

1. Tamoxifen: https://www.gelbe-liste.de/produkte/Tamoxifen-20-mg-HEXAL-Filmtbl_8660/fachinformation
2. Anastrozol: https://imedikament.de/anastrozol-ratiopharm-1-mg-filmtabletten/fachinformation
3. Exemestan: http://www.success-studie.de/c/downloads/Fachinfo/FI_ExemestanAromasin.pdf
4. Letrozol: http://www.success-studie.de/b/downloads/Fachinfo/Femara_Juli_2014.pdf
5. Fulvestrant: https://www.gelbe-liste.de/produkte/Fulvestrant-HEXAL-250-mg-Injektionsloesung-in-einer-Fertigspritze_912622/fachinformation



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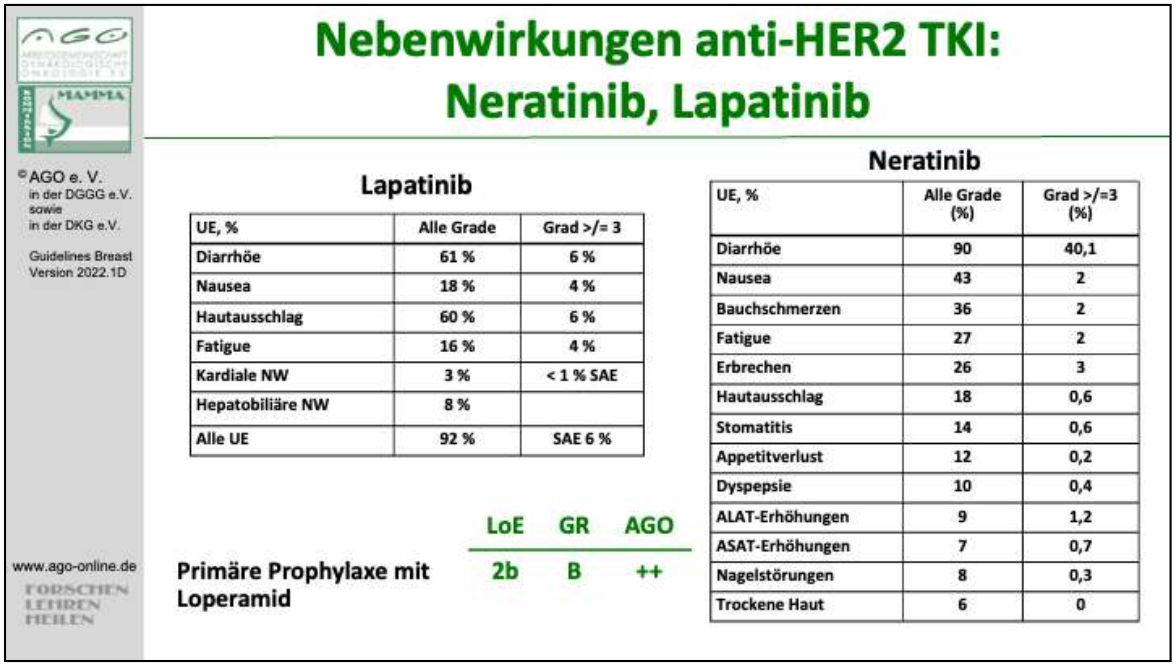

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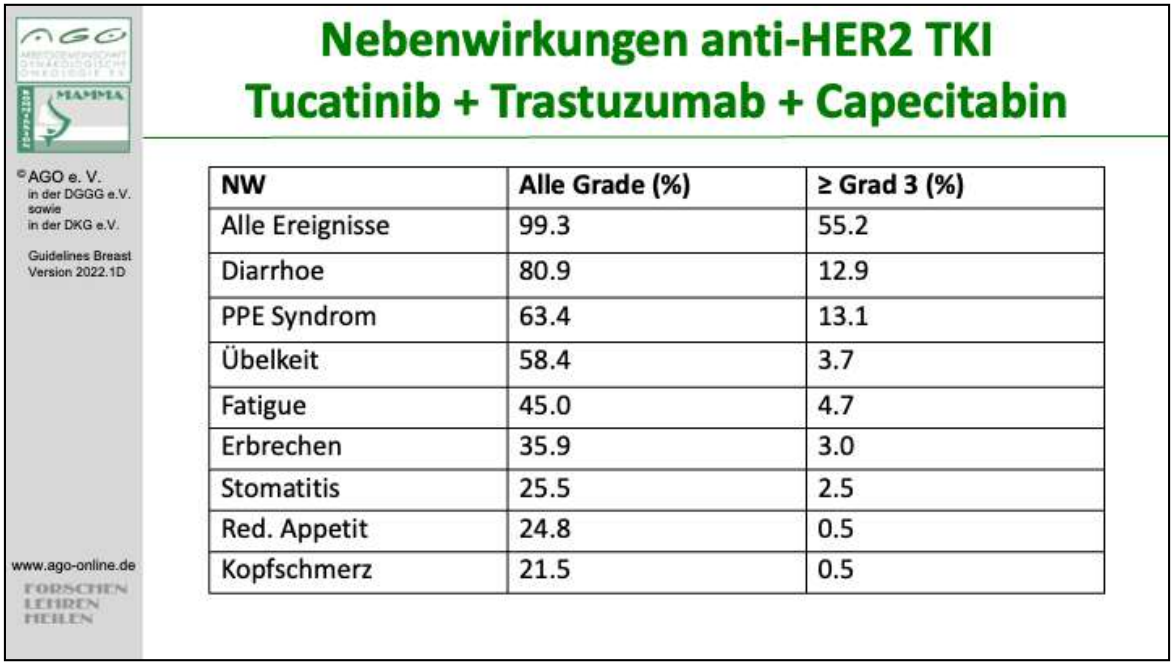

Nebenwirkungen anti-HER2 TKI
Tucatinib + Trastuzumab + Capecitabin

NW	Alle Grade (%)	≥ Grad 3 (%)
Alle Ereignisse	99.3	55.2
Diarrhoe	80.9	12.9
PPE Syndrom	63.4	13.1
Übelkeit	58.4	3.7
Fatigue	45.0	4.7
Erbrechen	35.9	3.0
Stomatitis	25.5	2.5
Red. Appetit	24.8	0.5
Kopfschmerz	21.5	0.5

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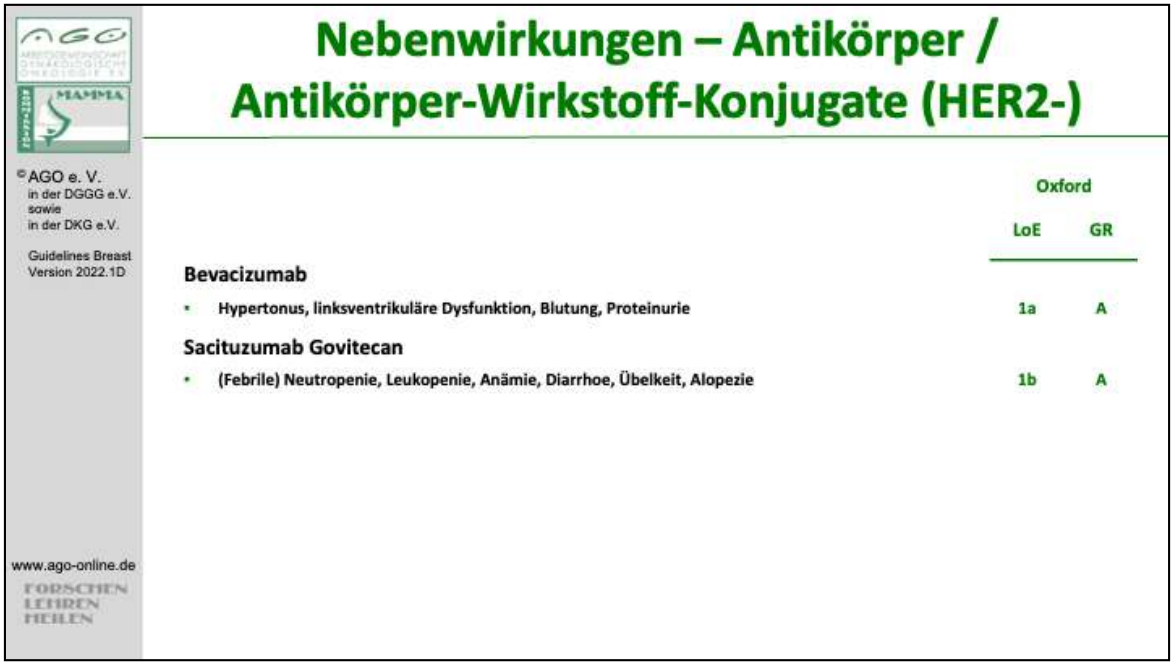

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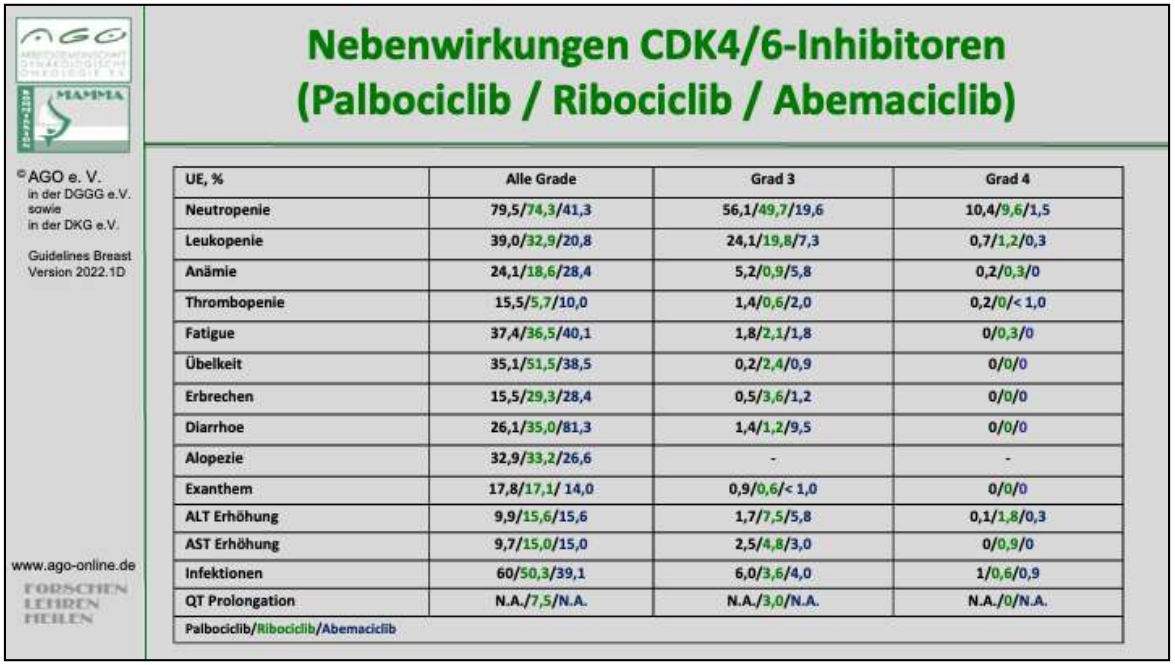

UE, %	Alle Grade	Grad 3	Grad 4
Neutropenie	79,5/74,3/41,3	56,1/49,7/19,6	10,4/9,6/1,5
Leukopenie	39,0/32,9/20,8	24,1/19,8/7,3	0,7/1,2/0,3
Anämie	24,1/18,6/28,4	5,2/0,9/5,8	0,2/0,3/0
Thrombopenie	15,5/5,7/10,0	1,4/0,6/2,0	0,2/0/< 1,0
Fatigue	37,4/36,5/40,1	1,8/2,1/1,8	0/0,3/0
Übelkeit	35,1/51,5/38,5	0,2/2,4/0,9	0/0/0
Erbrechen	15,5/29,3/28,4	0,5/3,6/1,2	0/0/0
Diarrhoe	26,1/35,0/81,3	1,4/1,2/9,5	0/0/0
Alopezie	32,9/33,2/26,6	-	-
Exanthem	17,8/17,1/ 14,0	0,9/0,6/< 1,0	0/0/0
ALT Erhöhung	9,9/15,6/15,6	1,7/7,5/5,8	0,1/1,8/0,3
AST Erhöhung	9,7/15,0/15,0	2,5/4,8/3,0	0/0,9/0
Infektionen	60/50,3/39,1	6,0/3,6/4,0	1/0,6/0,9
QT Prolongation	N.A./7,5/N.A.	N.A./3,0/N.A.	N.A./0/N.A.
Palbociclib/Ribociclib/Abemaciclib			

Palbociclib

1. Verma S, Bartlett CH, Schnell P, et al. Palbociclib in Combination With Fulvestrant in Women With Hormone Receptor-Positive/HER2-Negative Advanced Metastatic Breast Cancer: Detailed Safety Analysis From a Multicenter, Randomized, Placebo-Controlled, Phase III Study (PALOMA-3). Oncologist. 2016 Oct;21(10):1165-1175. Epub 2016 Jul 1.
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Ribociclib

1. Hortobagyi GN, Stemmer SM, Burris HA, et al. Ribociclib as First-Line Therapy for HR-Positive, Advanced Breast Cancer. N Engl J Med. 2016 Nov 3;375(18):1738-1748. Epub 2016 Oct 7.

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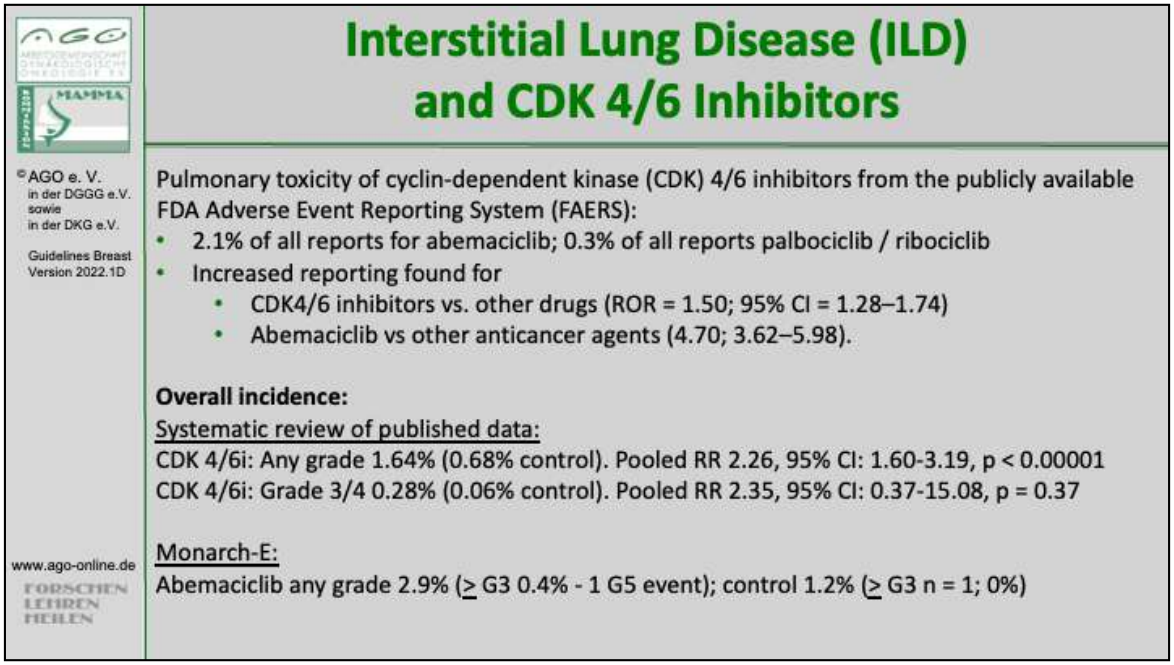

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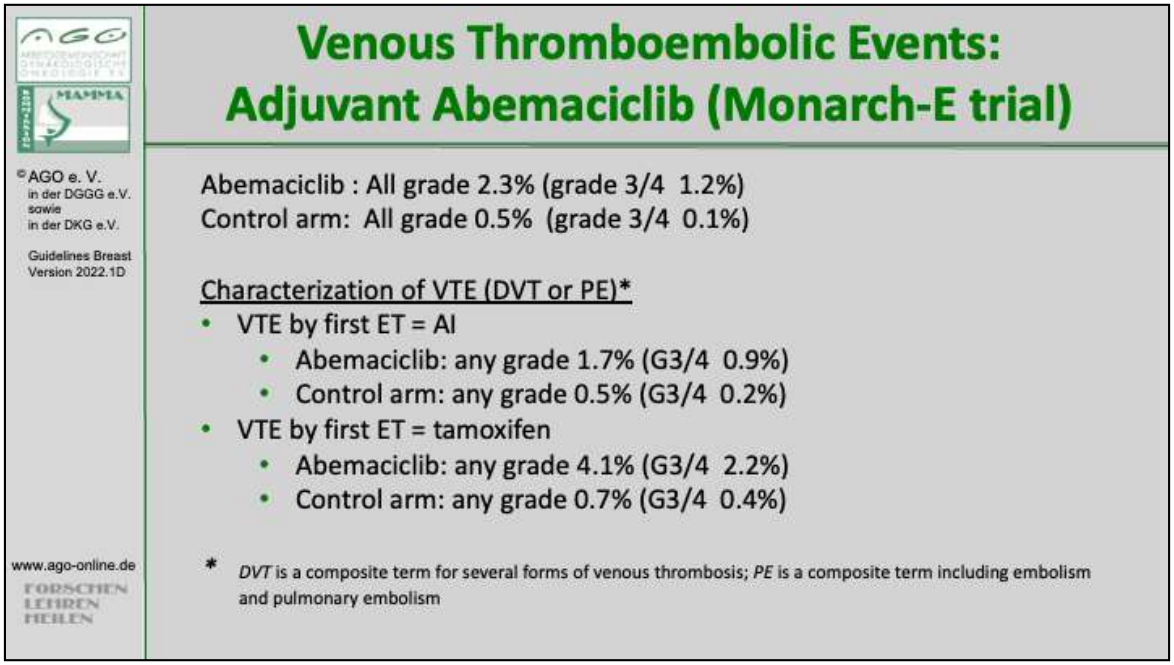

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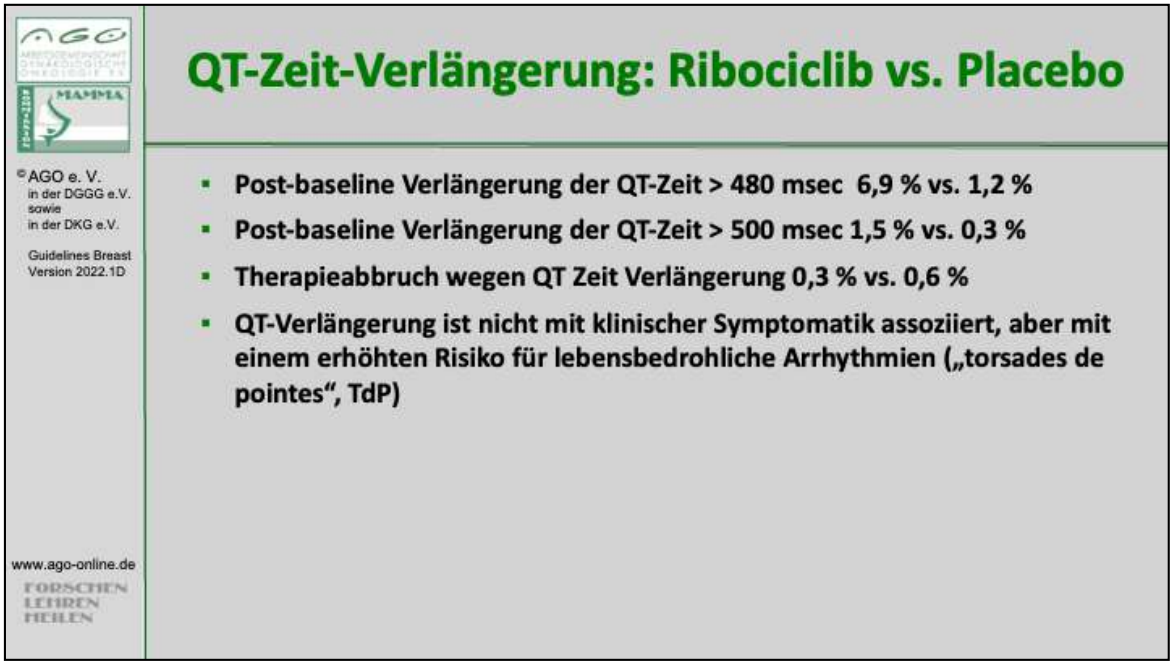

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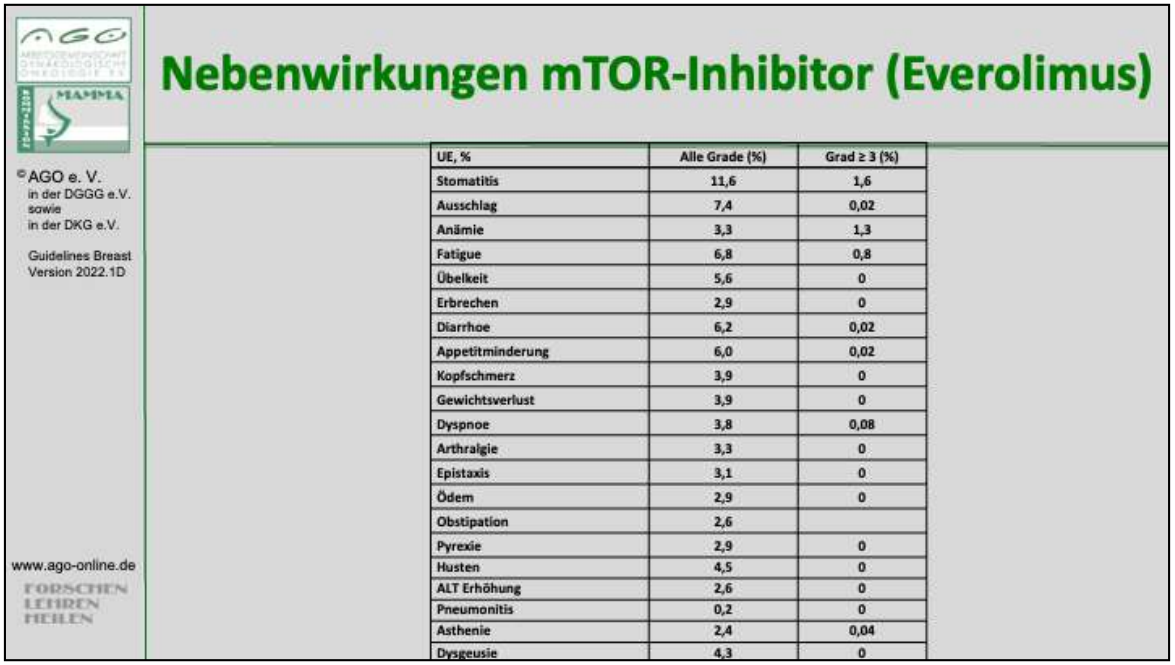

Nebenwirkungen mTOR-Inhibitor (Everolimus)

UE, %	Alle Grade (%)	Grad ≥ 3 (%)
Stomatitis	11,6	1,6
Ausschlag	7,4	0,02
Anämie	3,3	1,3
Fatigue	6,8	0,8
Übelkeit	5,6	0
Erbrechen	2,9	0
Diarrhoe	6,2	0,02
Appetitminderung	6,0	0,02
Kopfschmerz	3,9	0
Gewichtsverlust	3,9	0
Dyspnoe	3,8	0,08
Arthralgie	3,3	0
Epistaxis	3,1	0
Ödem	2,9	0
Obstipation	2,6	
Pyrexie	2,9	0
Husten	4,5	0
ALT Erhöhung	2,6	0
Pneumonitis	0,2	0
Asthenie	2,4	0,04
Dysgeusie	4,3	0

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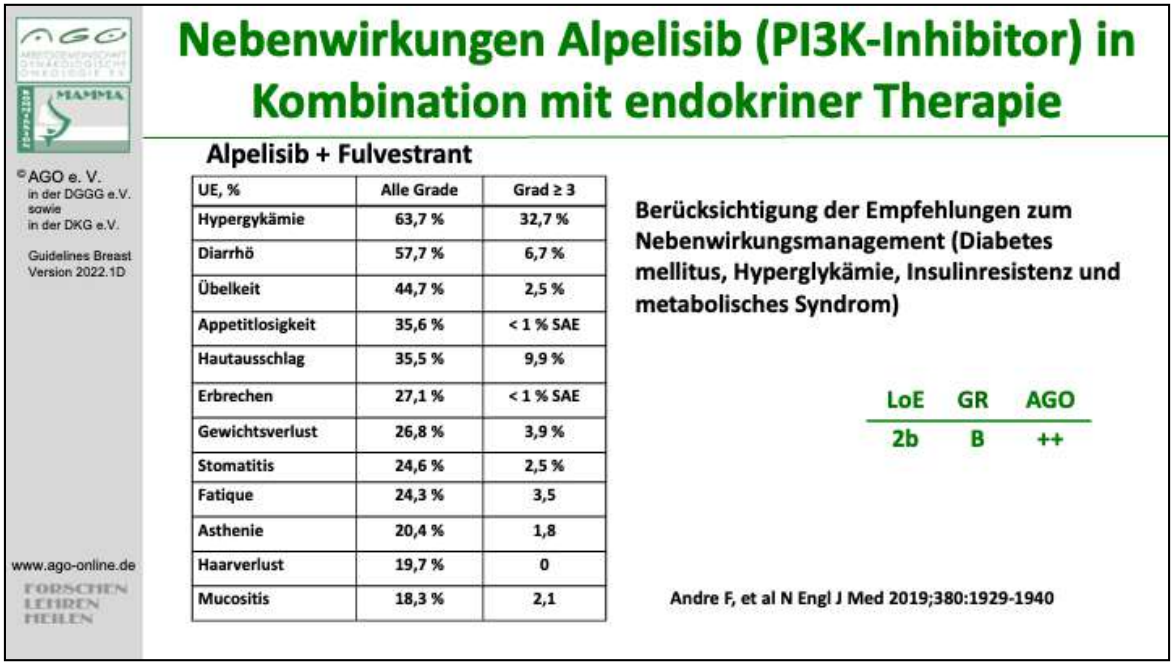

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2. Andre F, Ciruelos E, Rubovszky G et al.:Alpelisib for pik3ca-mutated, hormone receptor-positive advanced breast cancer. N Engl J Med 2019;380:1929-1940.
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Nebenwirkungen PARP-Inhibitoren – Olaparib, Talazoparib

Olaparib

UE, %	Alle Grade (%)	Grad ≥ 3 (%)
Jegliche UE	97,1	36,6
Neutropenie	27,3	9,3
Anämie	40,0	16,1
Fatigue	28,8	2,9
Übelkeit	58,0	0
Erbrechen	29,8	0
Diarrhoe	20,5	0,5
Appetitminderung	16,1	0
Kopfschmerz	20,0	1,0
Pyrexie	14,1	0
Husten	17,1	0
ALT Erhöhung	11,2	1,5
AST Erhöhung	9,3	2,4
PPE	0,5	
Therapieabbruch	4,9	

Talazoparib

UE, %	Alle Grade (%)	Grad ≥ 3 (%)
Jegliche UE	98,6	25,5
Neutropenie	34,6	20,9
Febrile Neutropenie	0,3	0,3
Anämie	52.8	39,2
Fatigue	50,3	1,7
Übelkeit	48,6	0,3
Erbrechen	24,8	2,4
Diarrhoe	22,0	0,7
Appetitminderung	21,3	0,3
Kopfschmerz	32,5	1,7
Rückenschmerzen	21,0	2,4
Dyspnoe	17,5	2,4
Pleuraerguß	2,1	1,7
PPE	1,4	0,3
Therapieabbruch	5,9	

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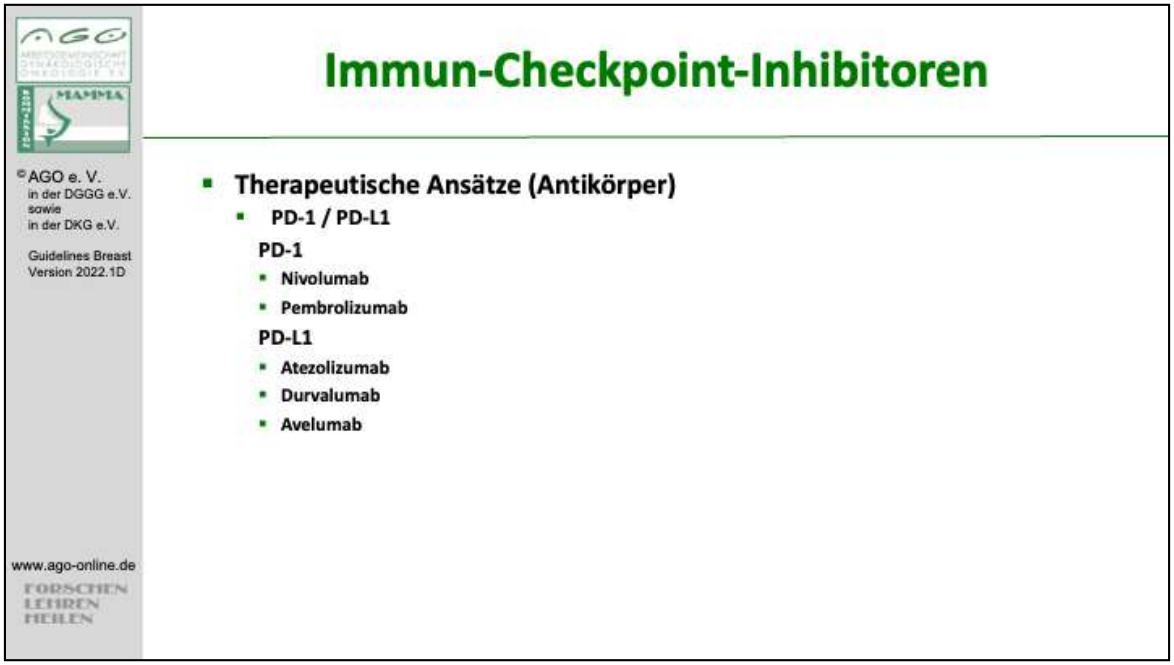

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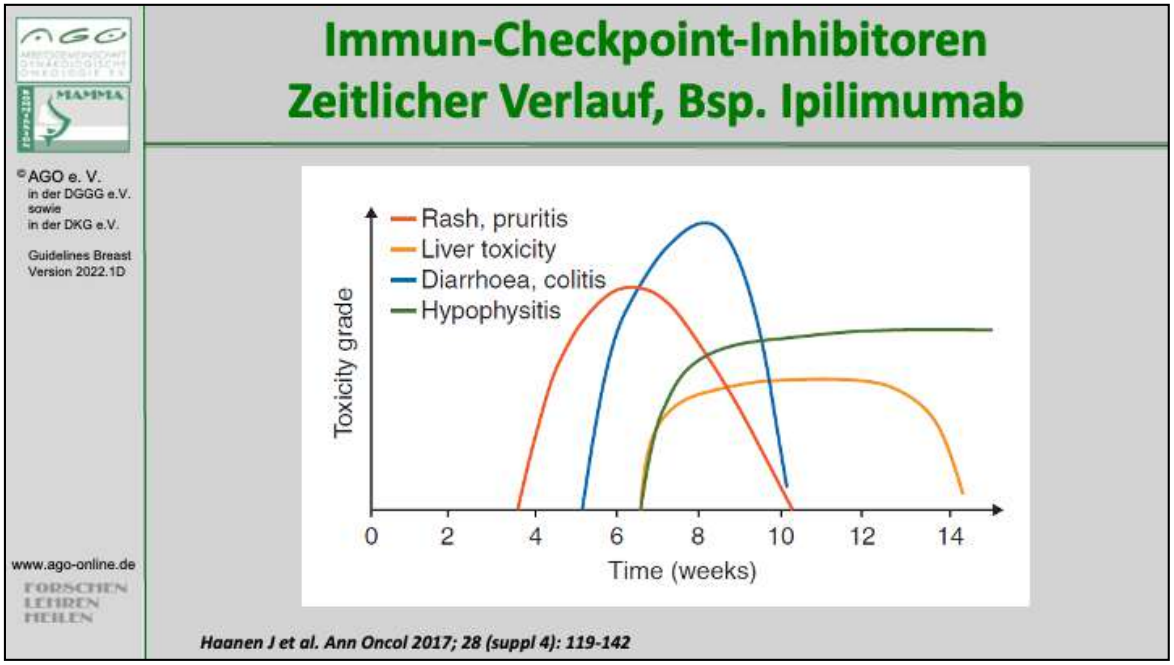
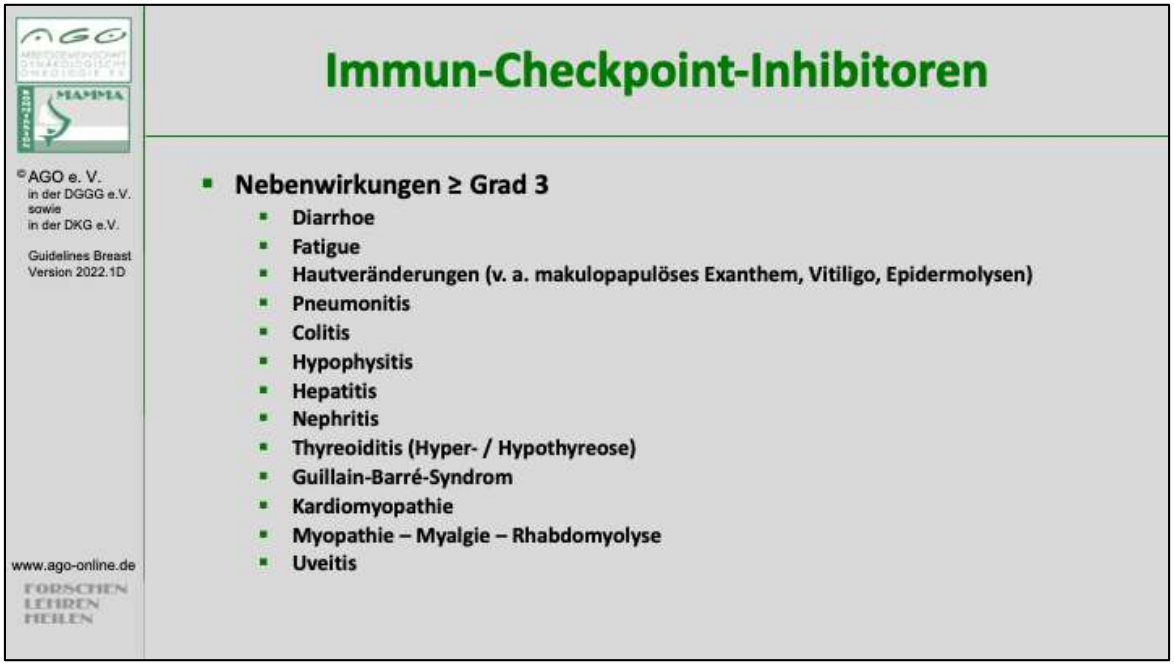


1. Haanen J, Carbonnel F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.



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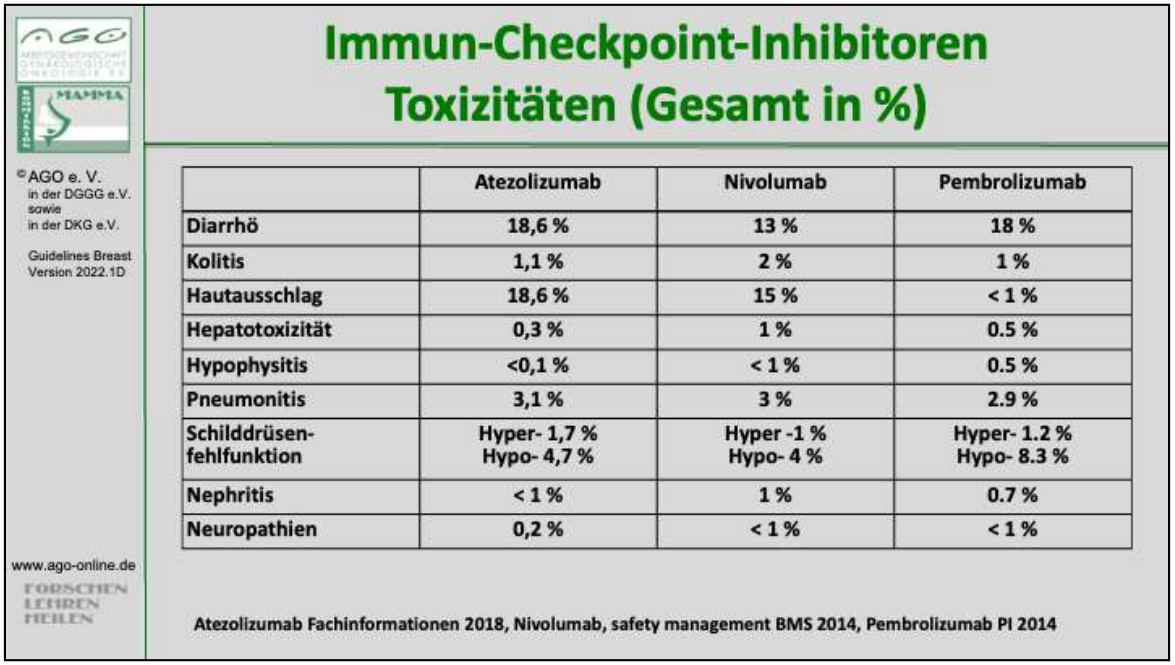
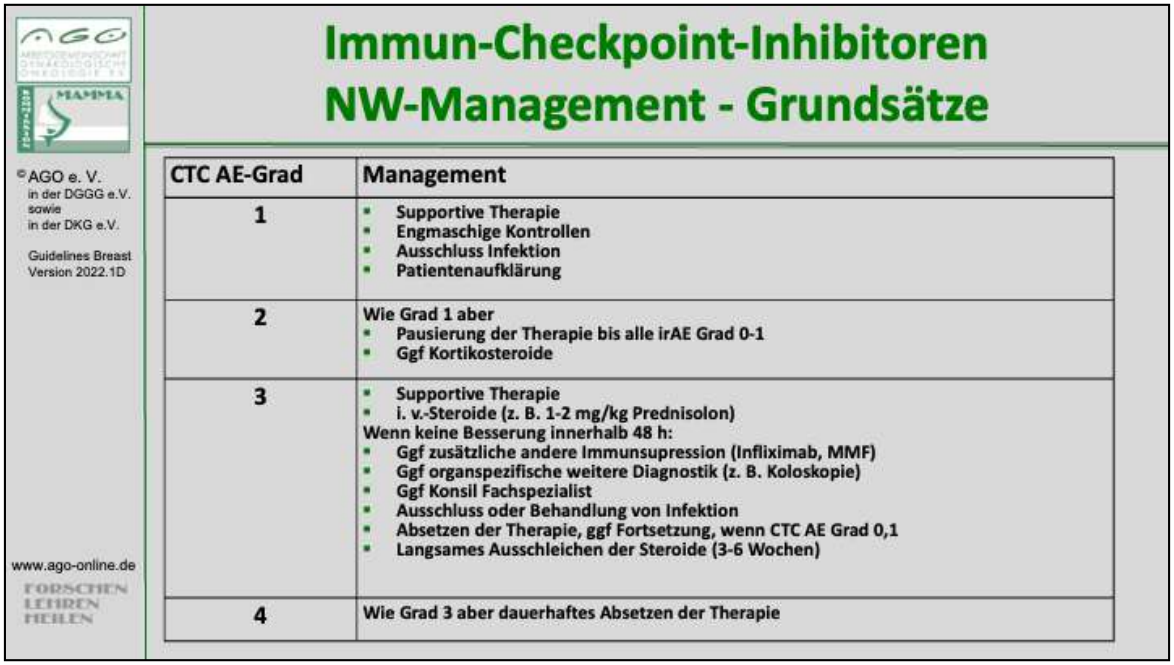


Immun-Checkpoint-Inhibitoren Toxizitäten (Gesamt in %)

	Atezolizumab	Nivolumab	Pembrolizumab
Diarrhö	18,6 %	13 %	18 %
Kolitis	1,1 %	2 %	1 %
Hautausschlag	18,6 %	15 %	< 1 %
Hepatotoxizität	0,3 %	1 %	0.5 %
Hypophysitis	<0,1 %	< 1 %	0.5 %
Pneumonitis	3,1 %	3 %	2.9 %
Schilddrüsen-fehlfunktion	Hyper- 1,7 % Hypo- 4,7 %	Hyper -1 % Hypo- 4 %	Hyper- 1.2 % Hypo- 8.3 %
Nephritis	< 1 %	1 %	0.7 %
Neuropathien	0,2 %	< 1 %	< 1 %

Atezolizumab Fachinformationen 2018, Nivolumab, safety management BMS 2014, Pembrolizumab PI 2014

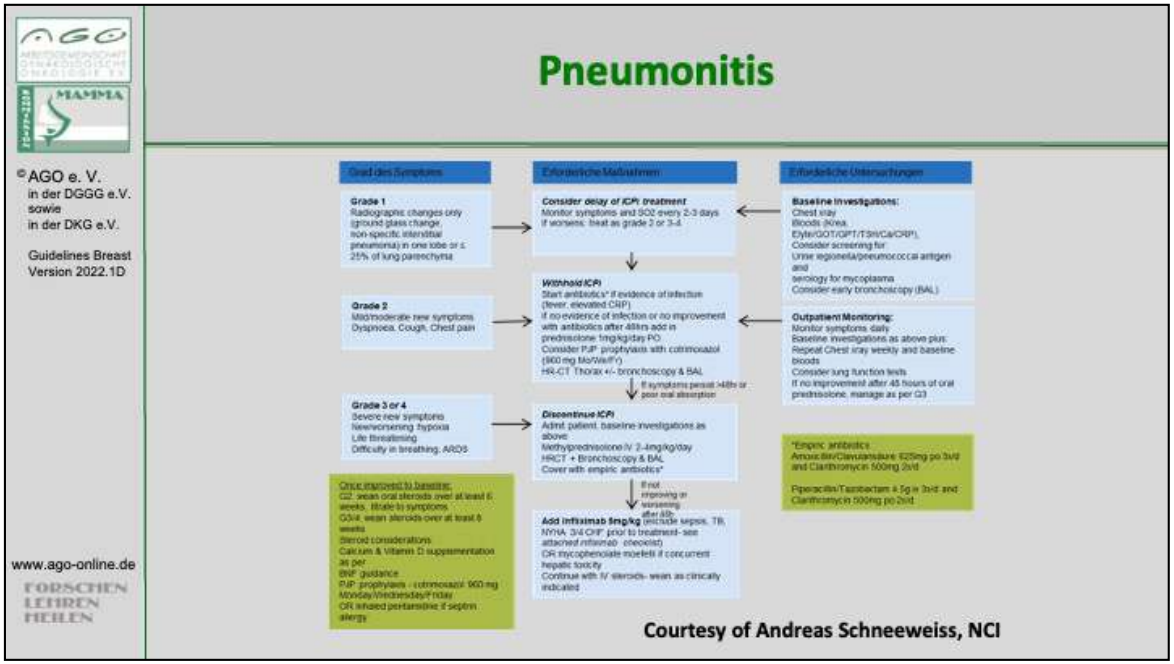
1. Atezolizumab: https://www.fachinfo.de/suche/fi/021700
2. Nivolumab: https://www.fachinfo.de/suche/fi/020675
3. Pembrolizumab: https://www.fachinfo.de/suche/fi/020716



Immun-Checkpoint-Inhibitoren
NW-Management - Grundsätze

CTC AE-Grad	Management
1	▪ Supportive Therapie ▪ Engmaschige Kontrollen ▪ Ausschluss Infektion ▪ Patientenaufklärung
2	Wie Grad 1 aber ▪ Pausierung der Therapie bis alle irAE Grad 0-1 ▪ Ggf Kortikosteroide
3	▪ Supportive Therapie ▪ i. v.-Steroide (z. B. 1-2 mg/kg Prednisolon) Wenn keine Besserung innerhalb 48 h: ▪ Ggf zusätzliche andere Immunsupression (Infliximab, MMF) ▪ Ggf organspezifische weitere Diagnostik (z. B. Koloskopie) ▪ Ggf Konsil Fachspezialist ▪ Ausschluss oder Behandlung von Infektion ▪ Absetzen der Therapie, ggf Fortsetzung, wenn CTC AE Grad 0,1 ▪ Langsames Ausschleichen der Steroide (3-6 Wochen)
4	Wie Grad 3 aber dauerhaftes Absetzen der Therapie

1. Haanen J, Carbonnel F, Robert C, et al. on behalf of the ESMO Guidelines Committee: Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017; 28 (suppl 4): 119-142.



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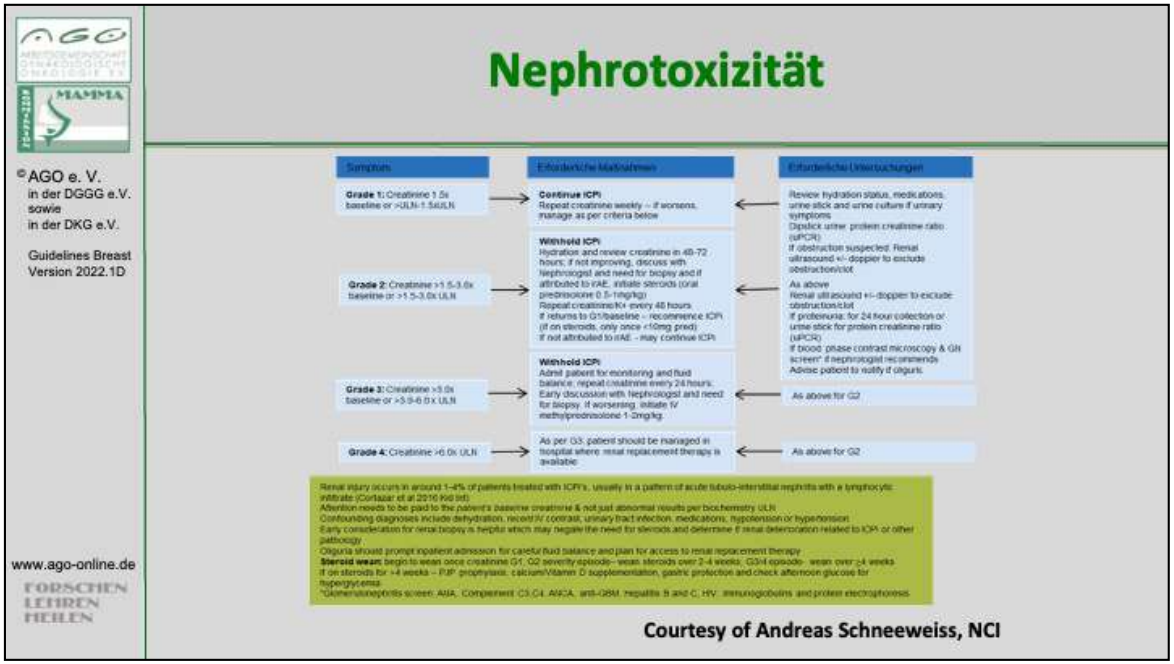

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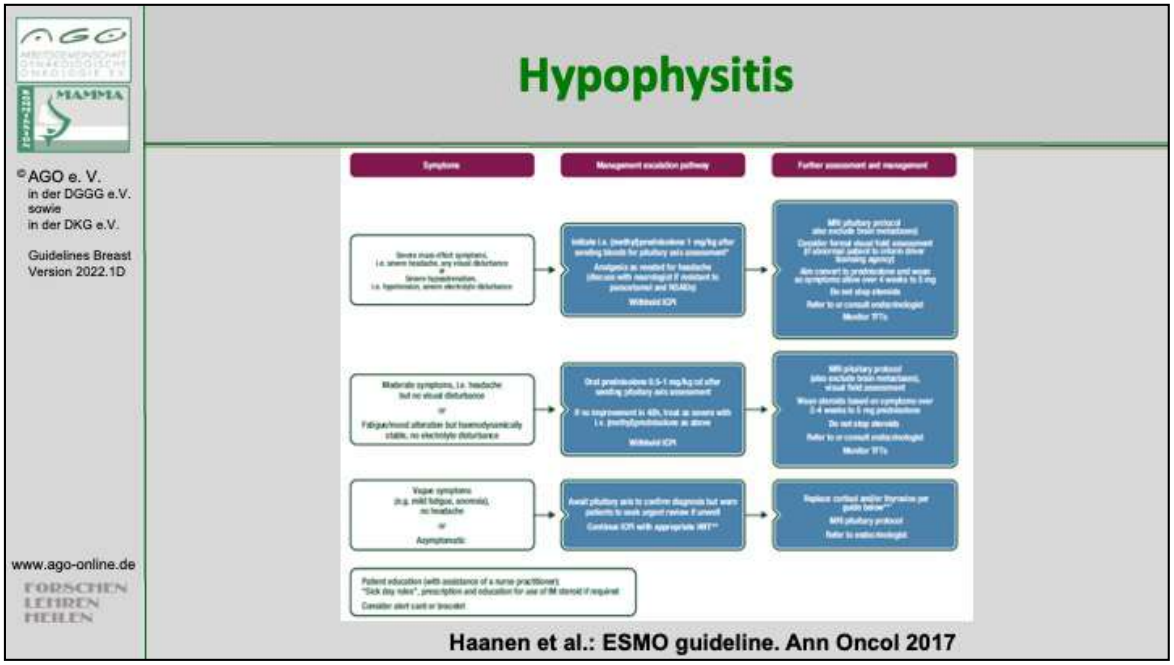

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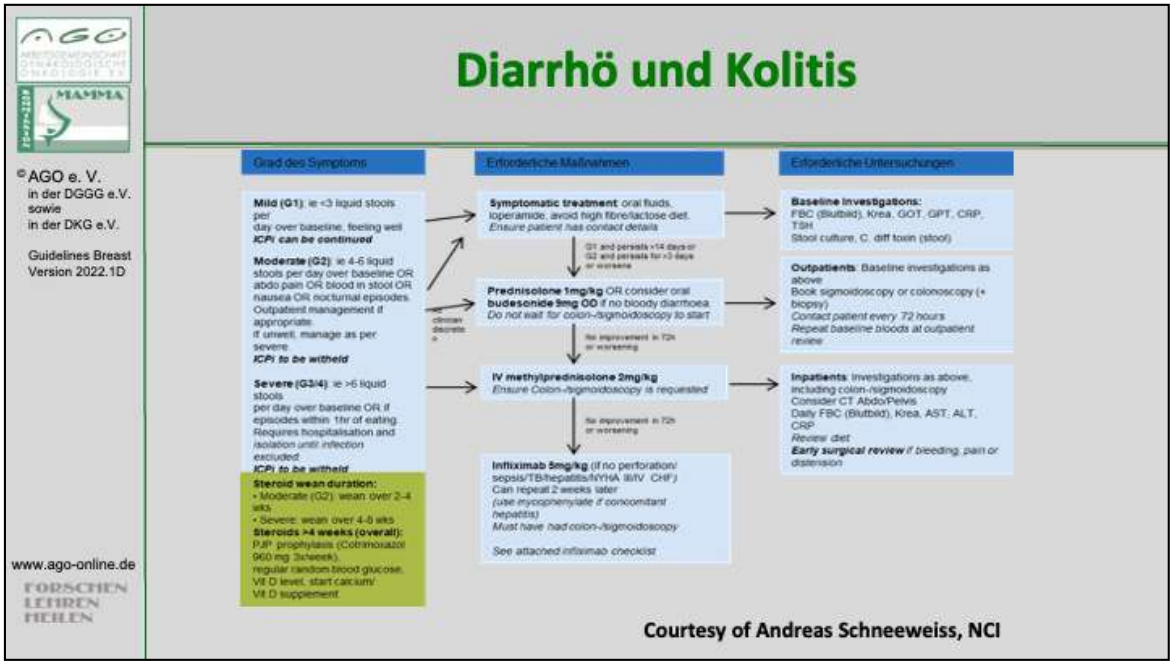

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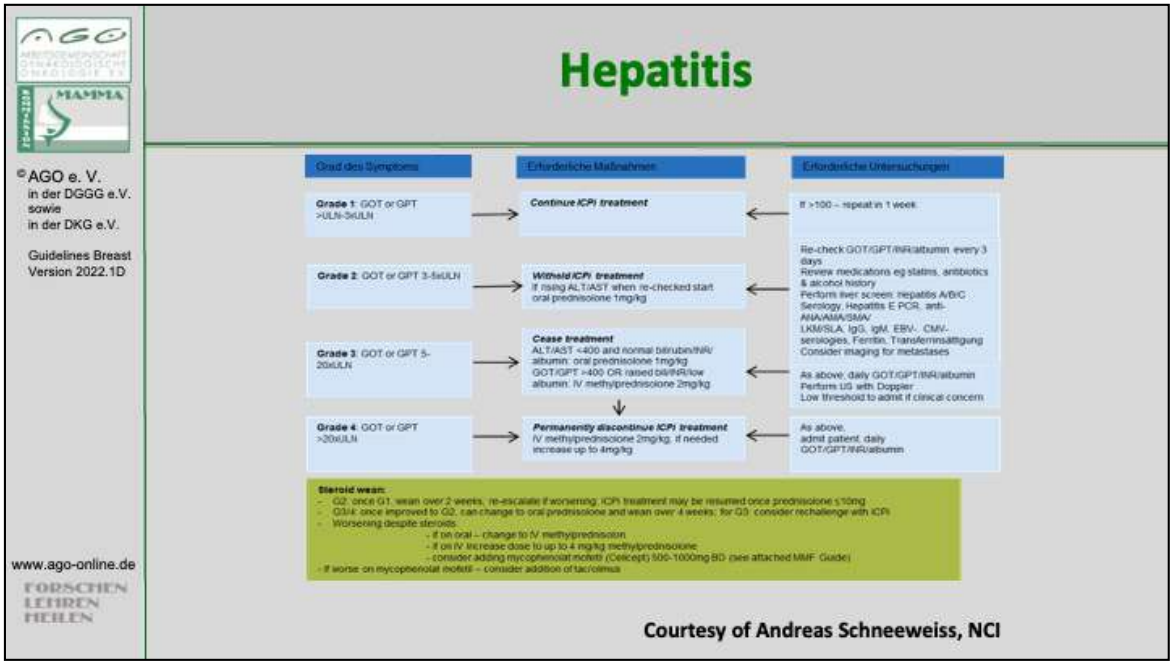

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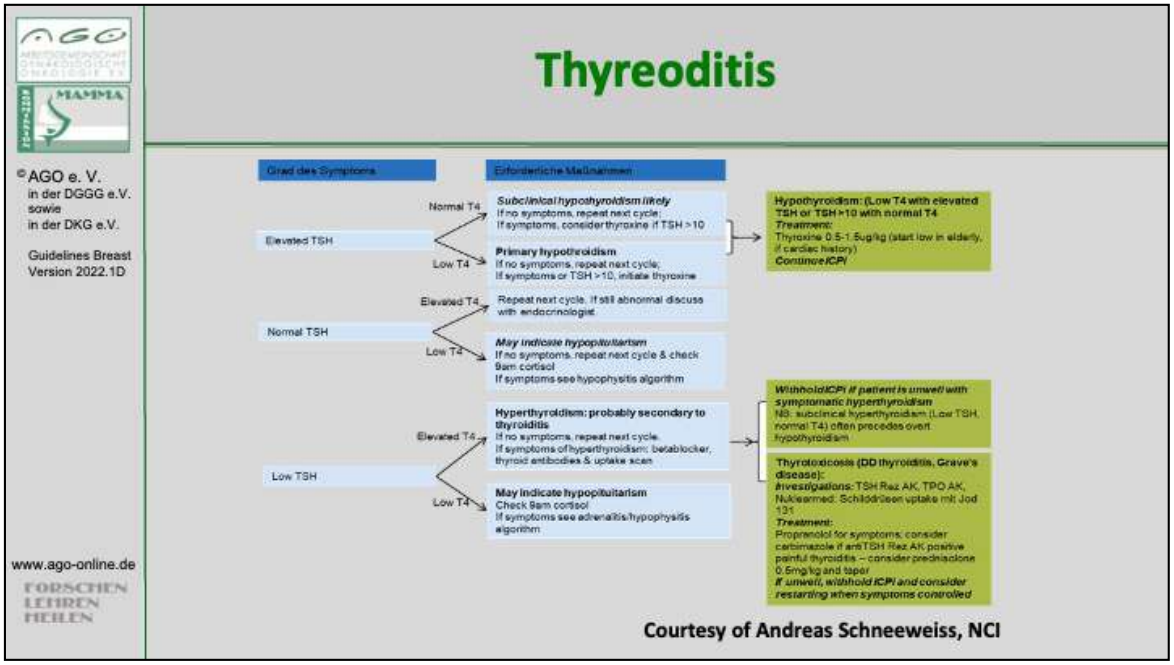

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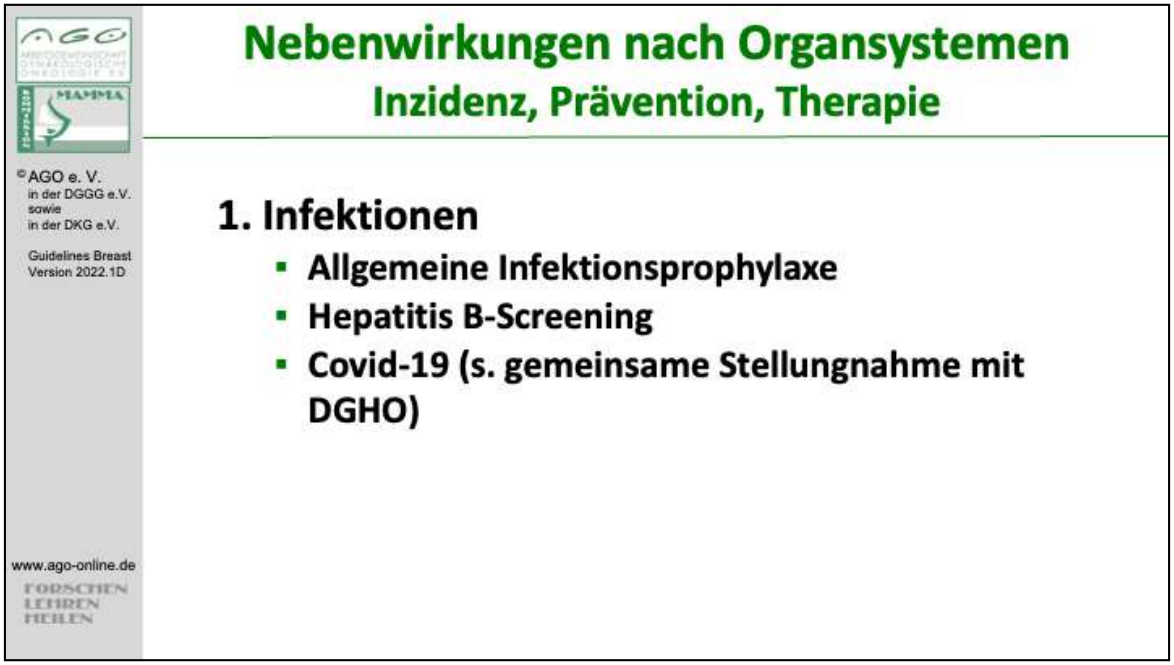

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NCCN:

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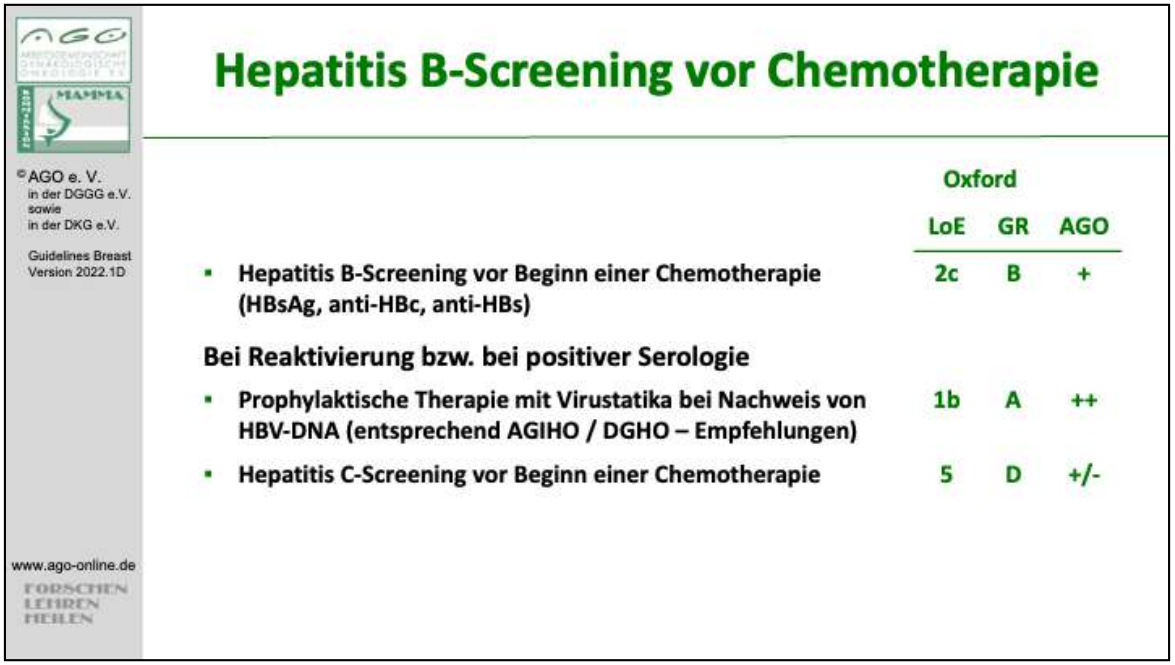

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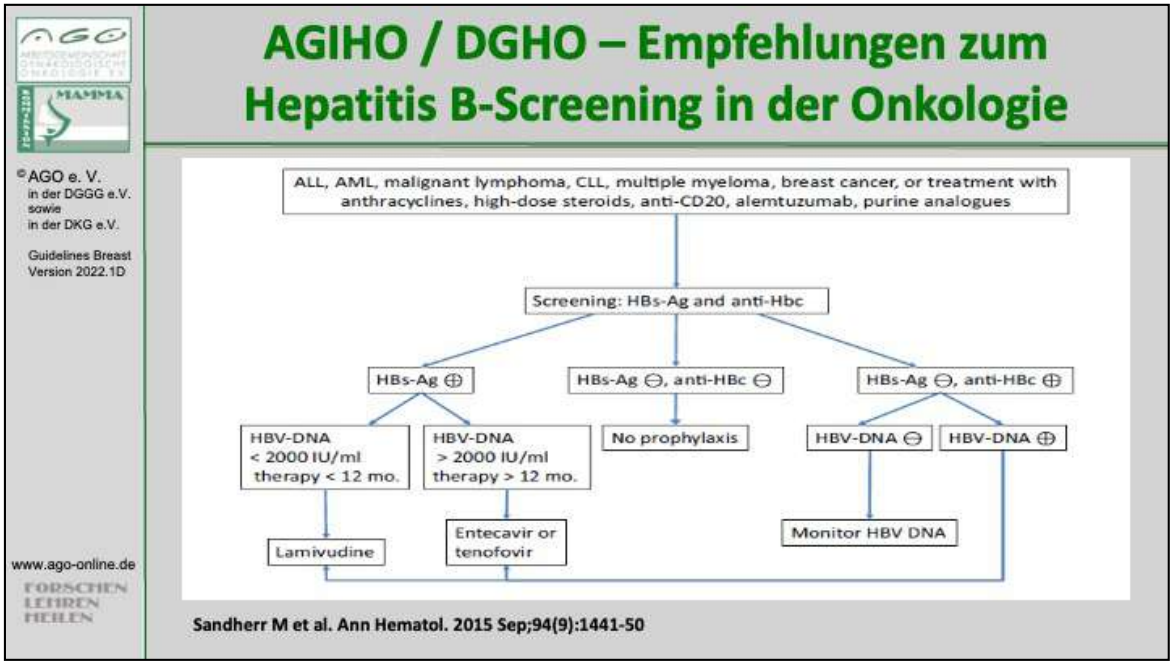

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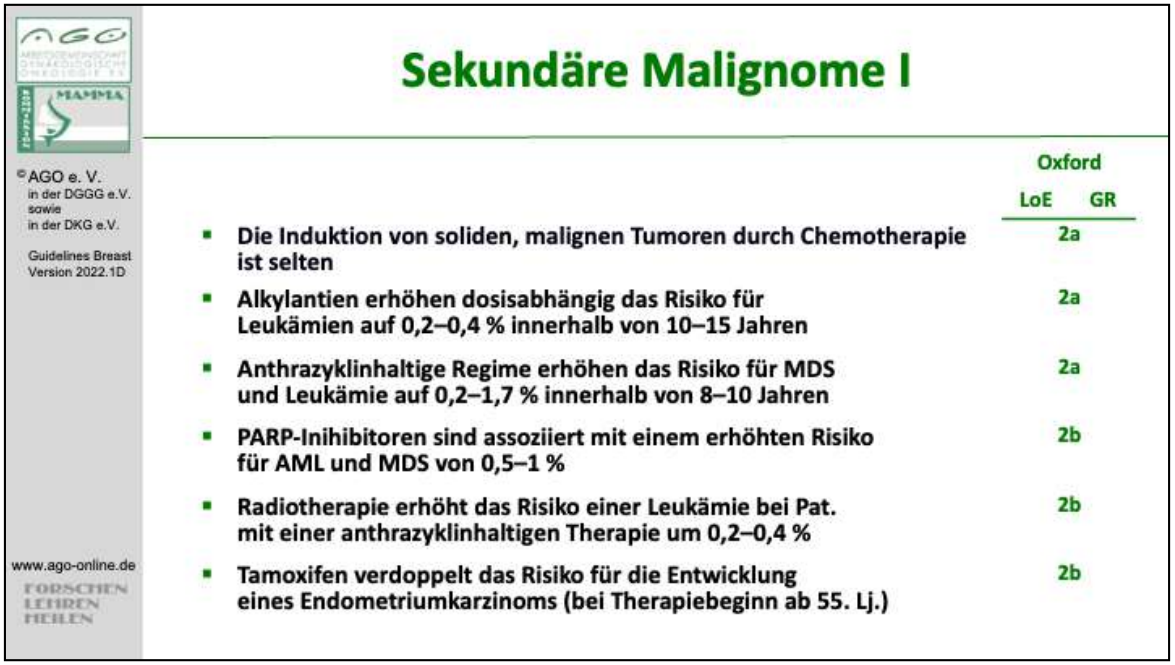
Nebenwirkungen nach Organsystemen
Inzidenz, Prävention, Therapie

Guidelines Breast
Version 2022.1D

2. Gutartige, bösartige und nicht spezifizierte Neubildungen (einschl. Zysten und Polypen)



Statements 1-4

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Tamoxifen and endometrial cancer

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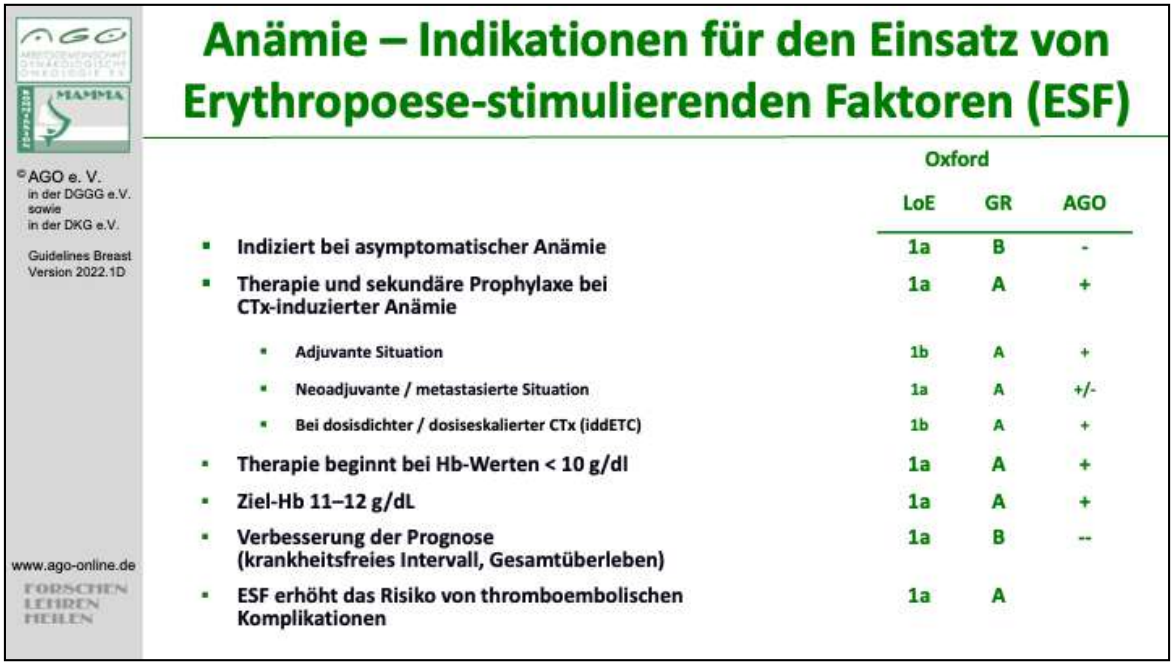
Nebenwirkungen nach Organsystemen
Inzidenz, Prävention, Therapie

Guidelines Breast
Version 2022.1D

3. Erkrankungen des Blutes und des Lymphsystems

- Anämie
- Neutropenie
- Febrile Neutropenie



Anämie – Indikationen für den Einsatz von Erythropoese-stimulierenden Faktoren (ESF)

	Oxford		
	LoE	GR	AGO
▪ Indiziert bei asymptomatischer Anämie	1a	B	-
▪ Therapie und sekundäre Prophylaxe bei CTx-induzierter Anämie	1a	A	+
▪ Adjuvante Situation	1b	A	+
▪ Neoadjuvante / metastasierte Situation	1a	A	+/-
▪ Bei dosisdichter / dosiseskalierter CTx (iddETC)	1b	A	+
▪ Therapie beginnt bei Hb-Werten < 10 g/dl	1a	A	+
▪ Ziel-Hb 11–12 g/dL	1a	A	+
▪ Verbesserung der Prognose (krankheitsfreies Intervall, Gesamtüberleben)	1a	B	--
▪ ESF erhöht das Risiko von thromboembolischen Komplikationen	1a	A	

Leitlinie:

Leitlinienprogramm Onkologie (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, AWMF): Supportive Therapie bei onkologischen PatientInnen - Langversion 1.3, 2020,
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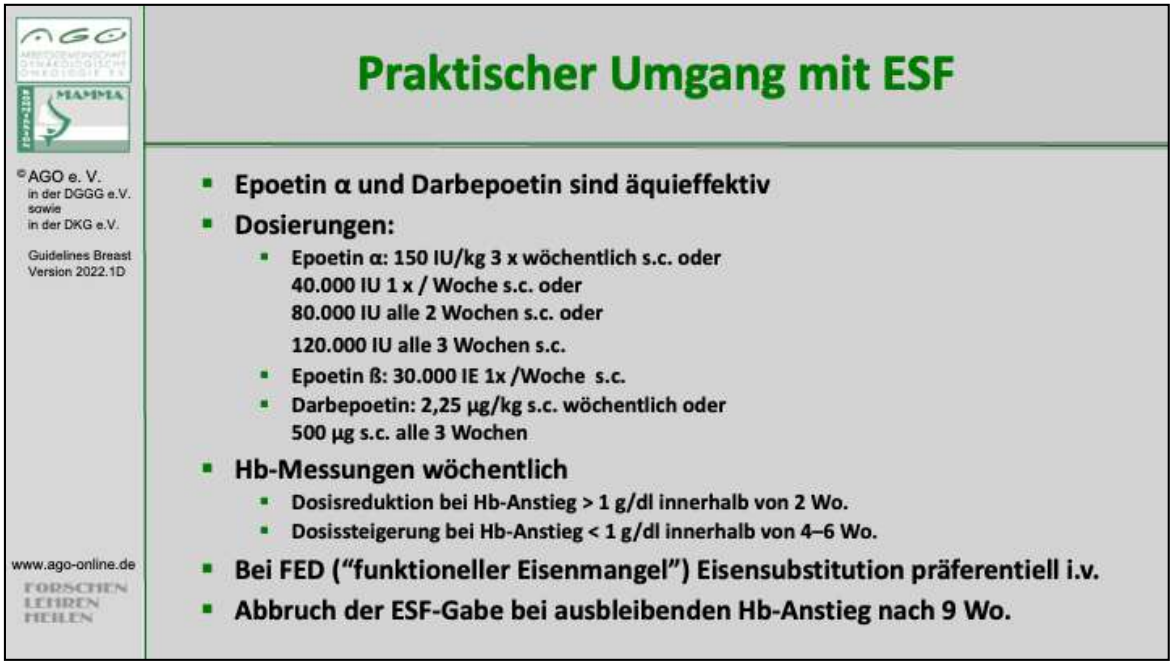

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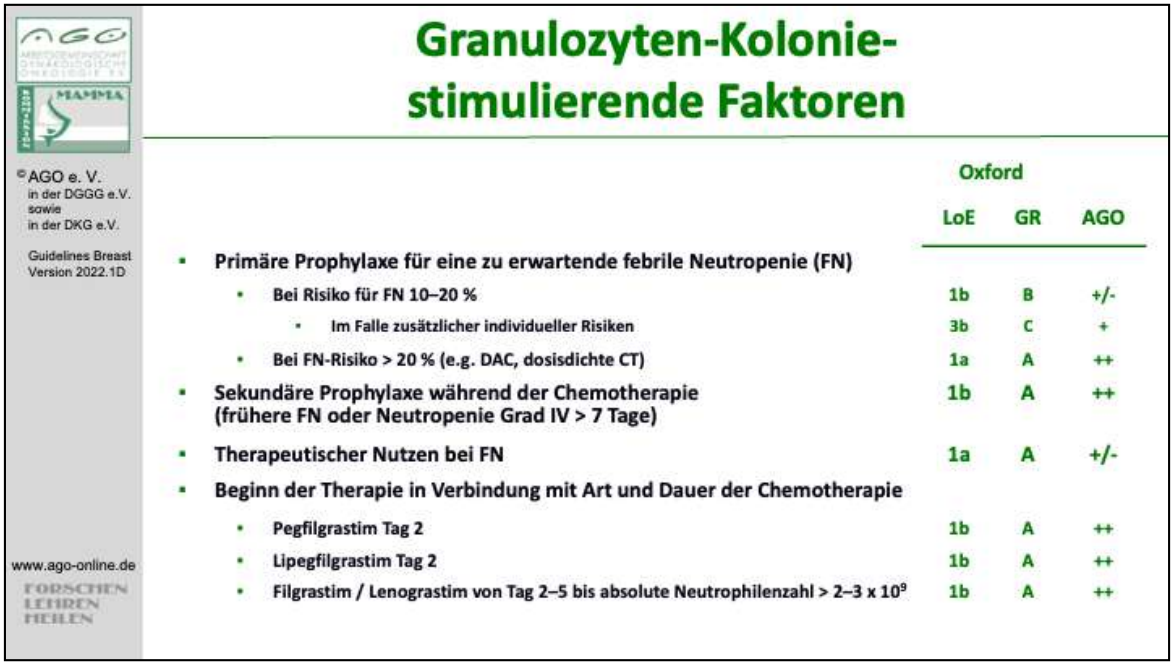

Relevante Leitlinien

1. S3-Leitlinie: Supportive Therapie:
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Management der febrilen Neutropenie

Arbeitsgemeinschaft Infektionen in der Hämatologie und Onkologie (AGIHO)
der Deutschen Gesellschaft für Hämatologie und Onkologie e.V. (DGHO) www.dgho-infektionen.de

Guidelines Breast
Version 2022.1D

Definition (orale Temp. > 38,5 °C oder zwei konsekutive Messungen > 38 °C über 2 h in einer Patientin mit einem ANC < 500 cells/mm³ oder erwarteter Abfall < 500 cells/mm³)

	Oxford		
	LoE	GR	AGO
▪ Klinische Untersuchung	5	D	++
▪ Tägliche Kontrollen	5	D	++
▪ Hospitalisierung von Hochrisikopatienten	1b	A	++
▪ Ambulante Therapie bei Niedrigrisikopat. möglich	1b	A	+
▪ Differentialblutbild	5	D	++
▪ Blutkulturen	5	D	++
▪ Bildgebung der Lunge	3	C	++
▪ Sofortige empirische antibiot. Therapie	1a	A	++
▪ Empirische antimykotische Therapie nach 4–7 d bei keiner Besserung unter der antibiotischen Therapie	1b	A	++
▪ G-CSF als therapeutische Maßnahme	2b	B	+/-

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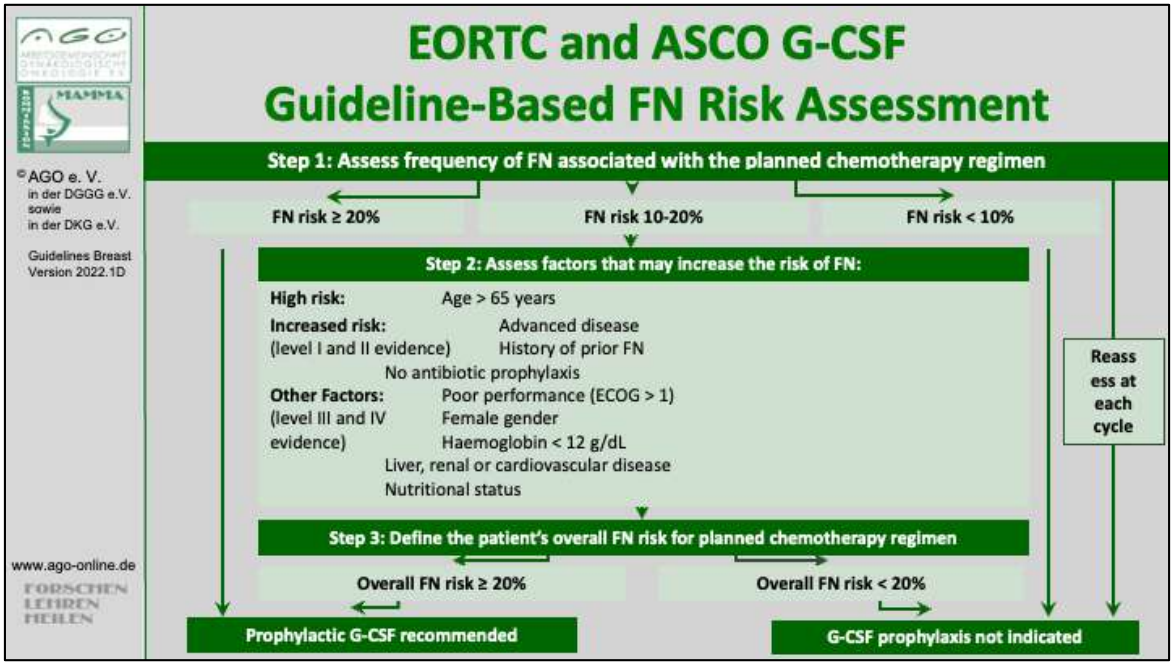

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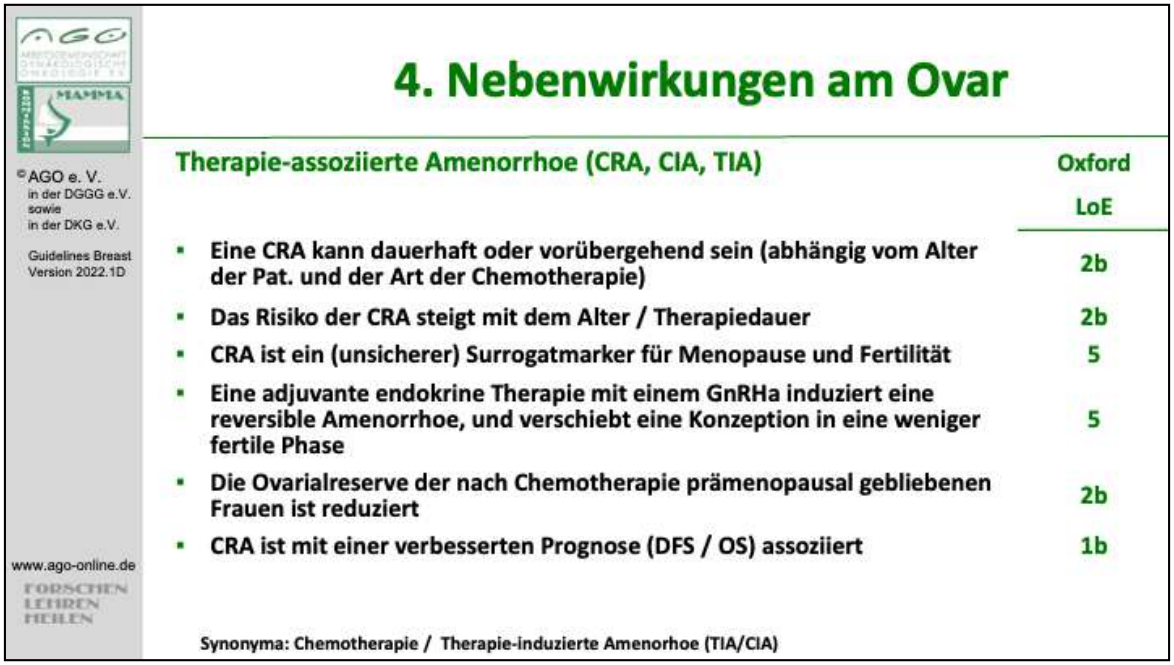

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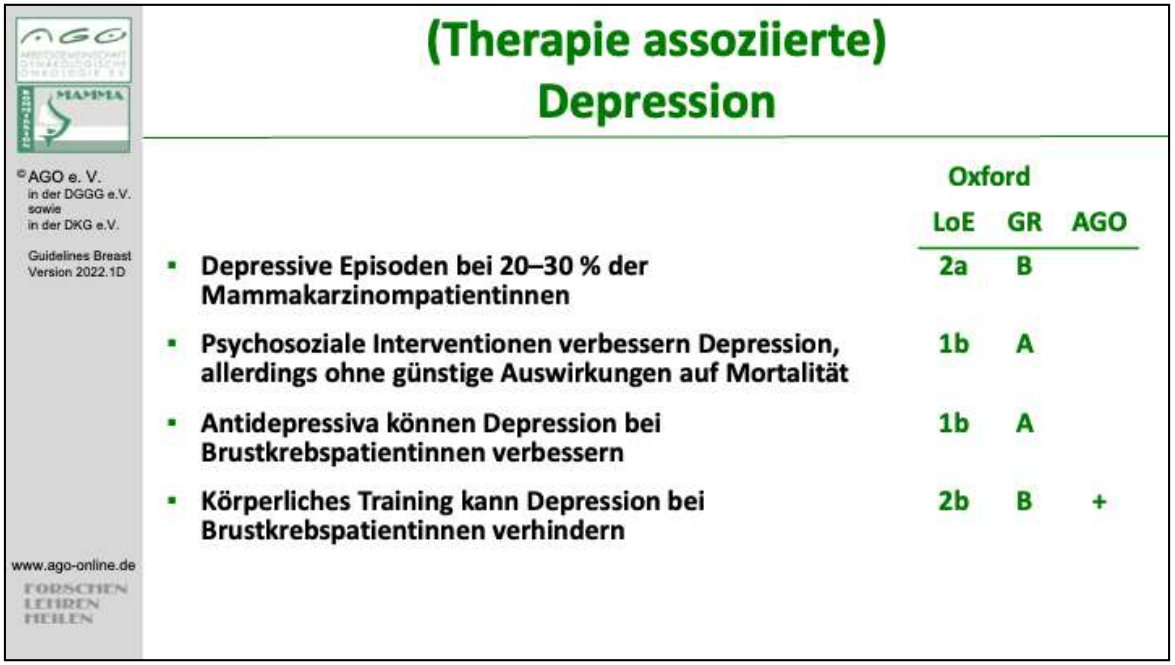
Nebenwirkungen nach Organsystemen
Inzidenz, Prävention, Therapie

Guidelines Breast
Version 2022.1D

5. Psychiatrische Erkrankungen

- Depression
- Fatigue
- Kognitive Störungen
- Schlafstörungen



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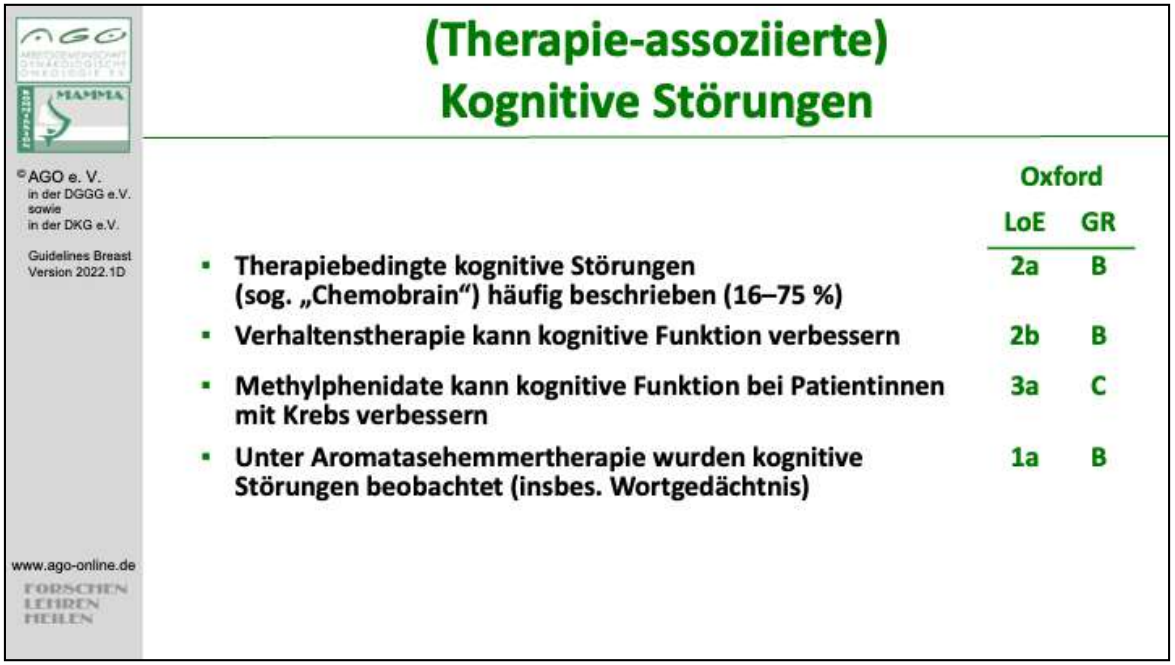

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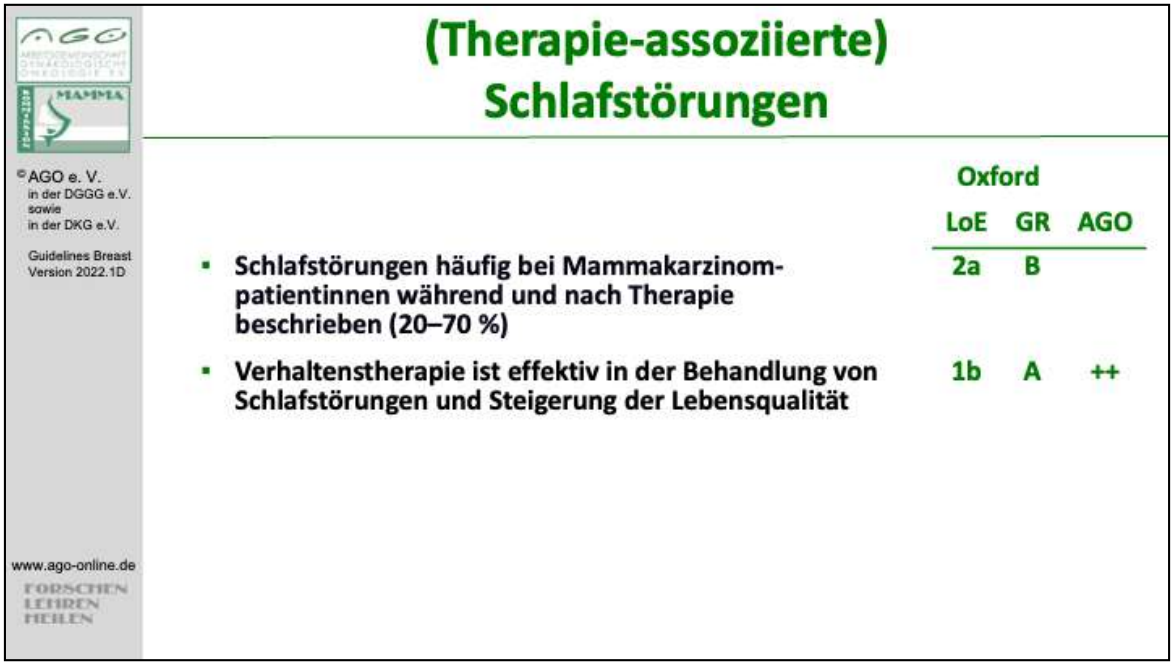

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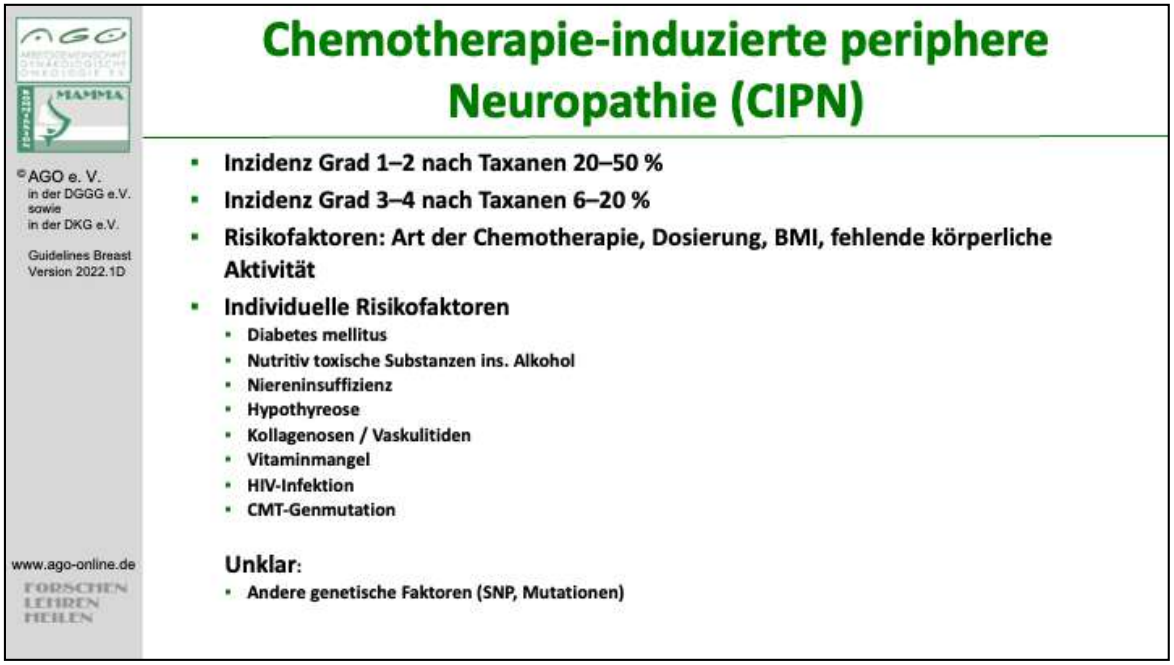
Nebenwirkungen nach Organsystemen
Inzidenz, Prävention, Therapie

Guidelines Breast
Version 2022.1D

6. Erkrankungen des Nervensystems

- **Chemotherapie induzierte periphere Neuropathie (CIPN)**



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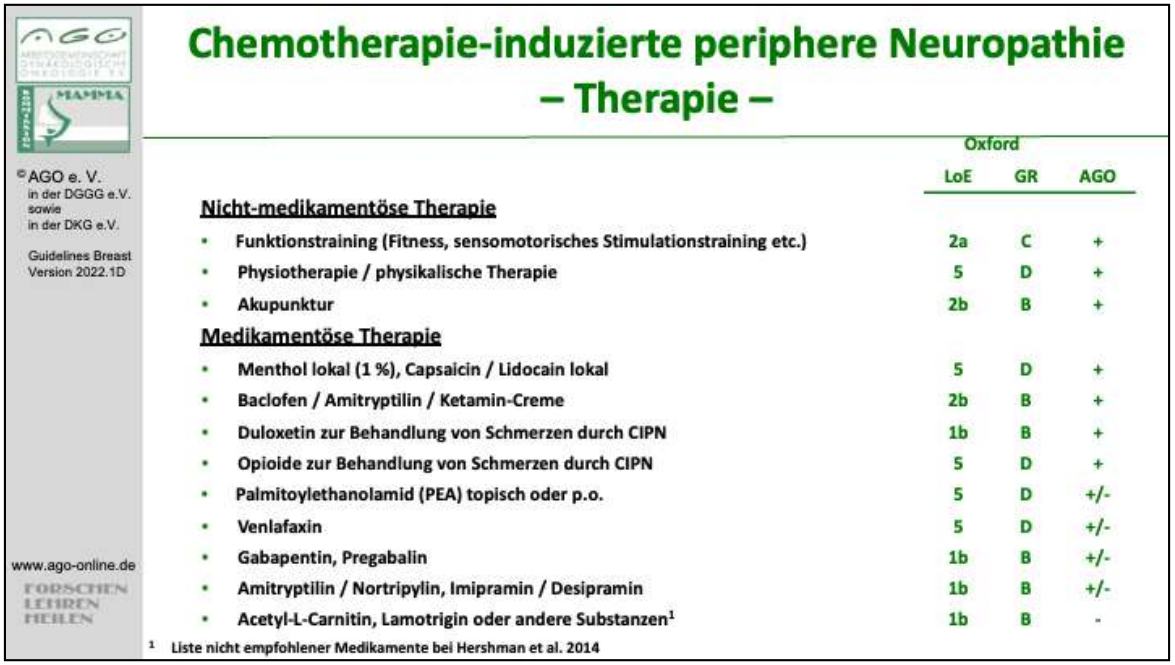

Reviews / Leitlinien

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Nicht-medikamentöse Therapie

Funktionstraining

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Nebenwirkungen nach Organsystemen
Inzidenz, Prävention, Therapie

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7. Herzerkrankungen

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Statement: Cardiac Monitoring (5 D ++)

Vote result of the AGO recommendation: 100%

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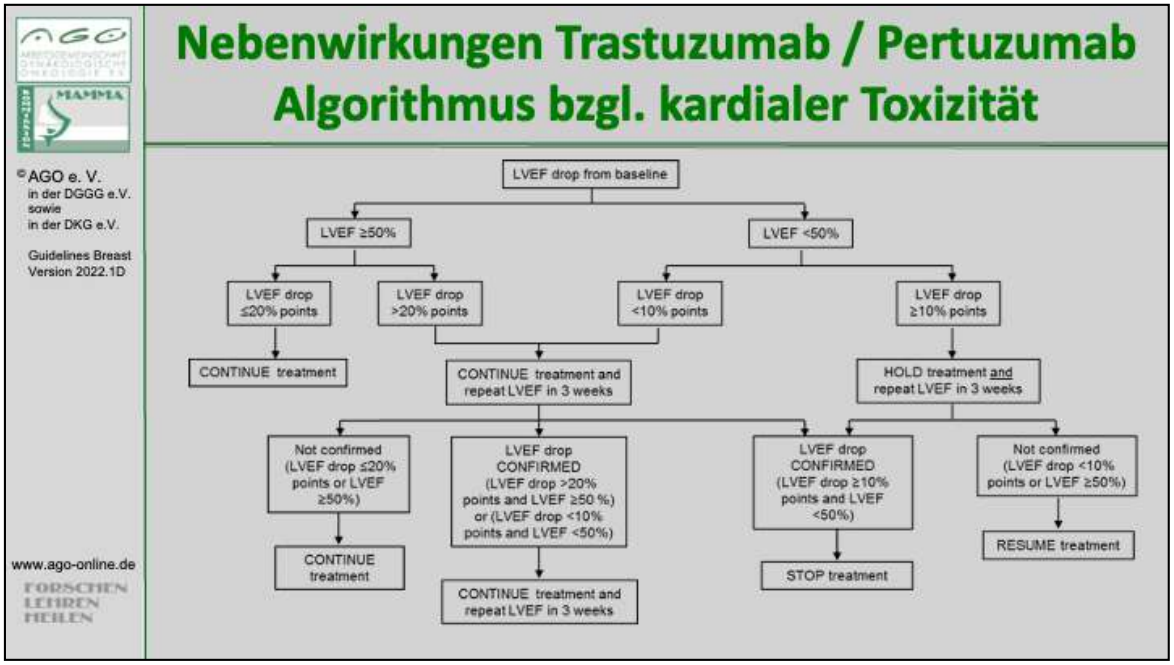

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8. **Erkrankungen des Gastrointestinaltrakts**
   - **Nausea, Emesis (Übelkeit, Erbrechen)**
   - **Mukositis**
     - **Stomatitis (Everolimus)**
   - **Diarrhoe**
   - **Obstipation**

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Olanzapine

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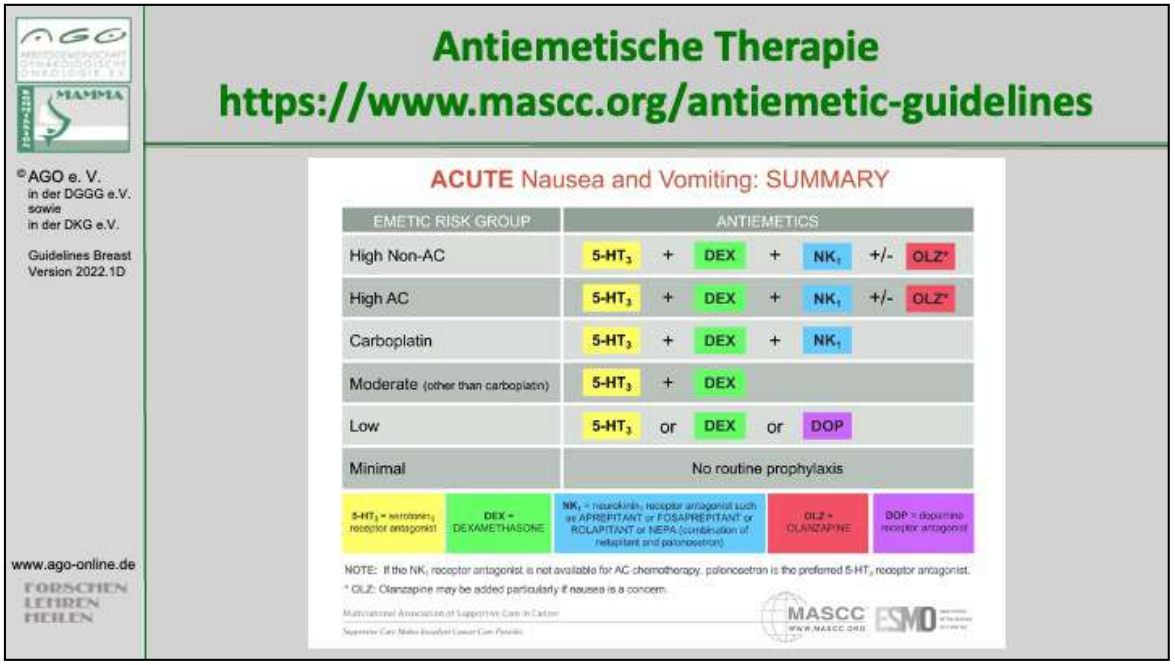
Antiemetische Therapie
https://www.mascc.org/antiemetic-guidelines



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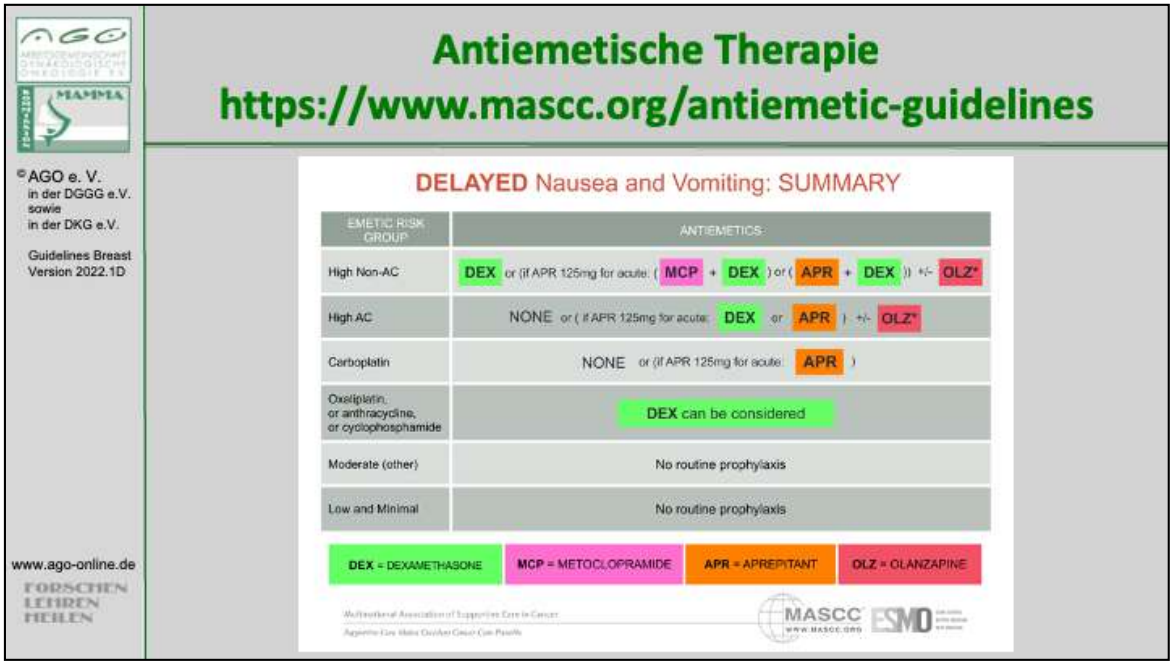

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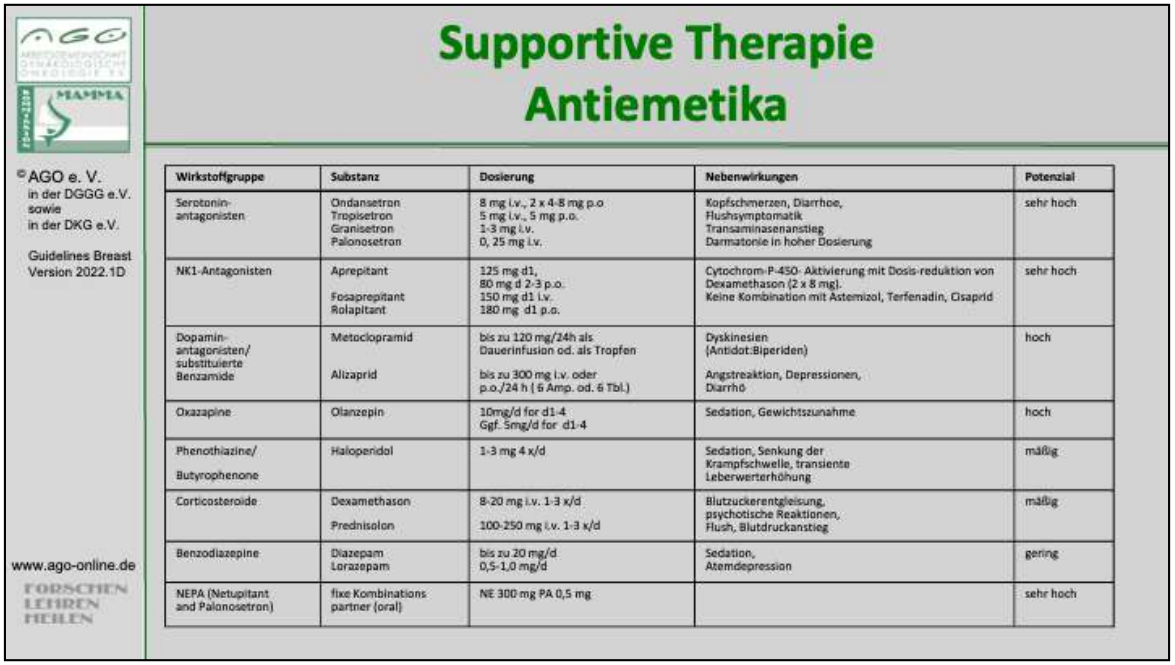

Wirkstoffgruppe	Substanz	Dosierung	Nebenwirkungen	Potenzial
Serotonin-antagonisten	Ondansetron Tropisetron Granisetron Palonosetron	8 mg i.v., 2 x 4-8 mg p.o 5 mg i.v., 5 mg p.o. 1-3 mg i.v. 0, 25 mg i.v.	Kopfschmerzen, Diarrhoe, Flushsymptomatik Transaminasenanstieg Darmatonie in hoher Dosierung	sehr hoch
NK1-Antagonisten	Aprepitant Fosaprepitant Rolapitant	125 mg d1, 80 mg d 2-3 p.o. 150 mg d1 i.v. 180 mg d1 p.o.	Cytochrom-P-450- Aktivierung mit Dosis-reduktion von Dexamethason (2 x 8 mg). Keine Kombination mit Astemizol, Terfenadin, Cisaprid	sehr hoch
Dopamin-antagonisten/ substituierte Benzamide	Metoclopramid Alizaprid	bis zu 120 mg/24h als Dauerinfusion od. als Tropfen bis zu 300 mg i.v. oder p.o./24 h (6 Amp. od. 6 Tbl.)	Dyskinesien (Antidot:Biperiden) Angstreaktion, Depressionen, Diarrhö	hoch
Oxazapine	Olanzepin	10mg/d for d1-4 Ggf. 5mg/d for d1-4	Sedation, Gewichtszunahme	hoch
Phenothiazine/ Butyrophenone	Haloperidol	1-3 mg 4 x/d	Sedation, Senkung der Krampfschwelle, transiente Leberwerterhöhung	mäßig
Corticosteroide	Dexamethason Prednisolon	8-20 mg i.v. 1-3 x/d 100-250 mg i.v. 1-3 x/d	Blutzuckerentgleisung, psychotische Reaktionen, Flush, Blutdruckanstieg	mäßig
Benzodiazepine	Diazepam Lorazepam	bis zu 20 mg/d 0,5-1,0 mg/d	Sedation, Atemdepression	gering
NEPA (Netupitant and Palonosetron)	fixe Kombinations partner (oral)	NE 300 mg PA 0,5 mg		sehr hoch

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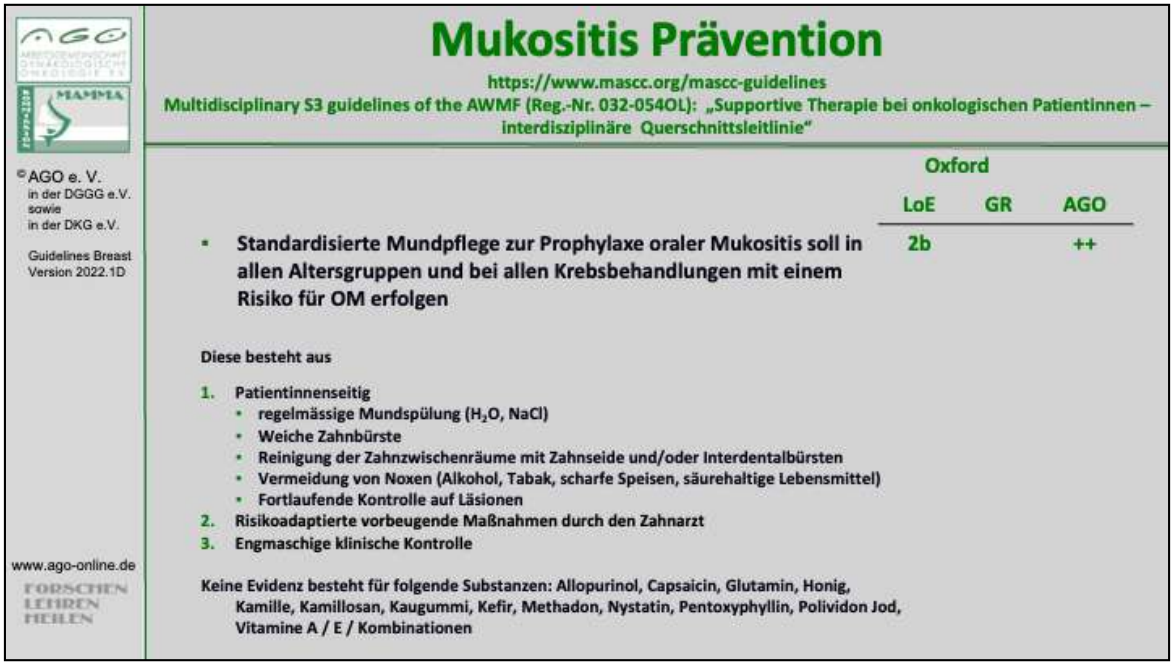

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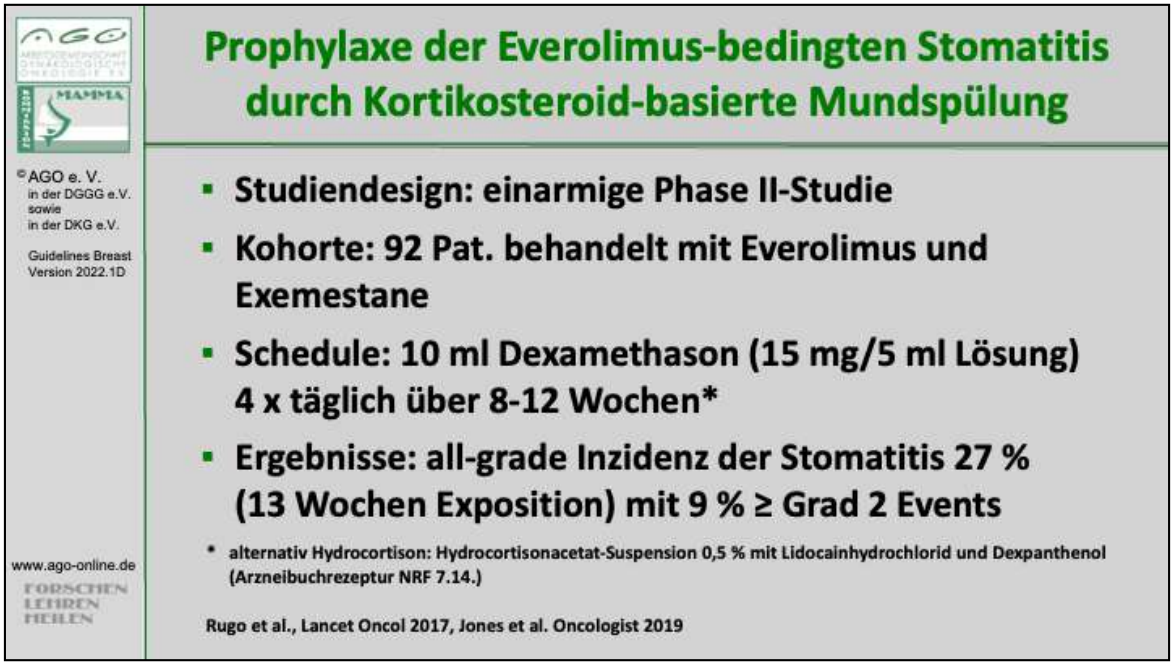

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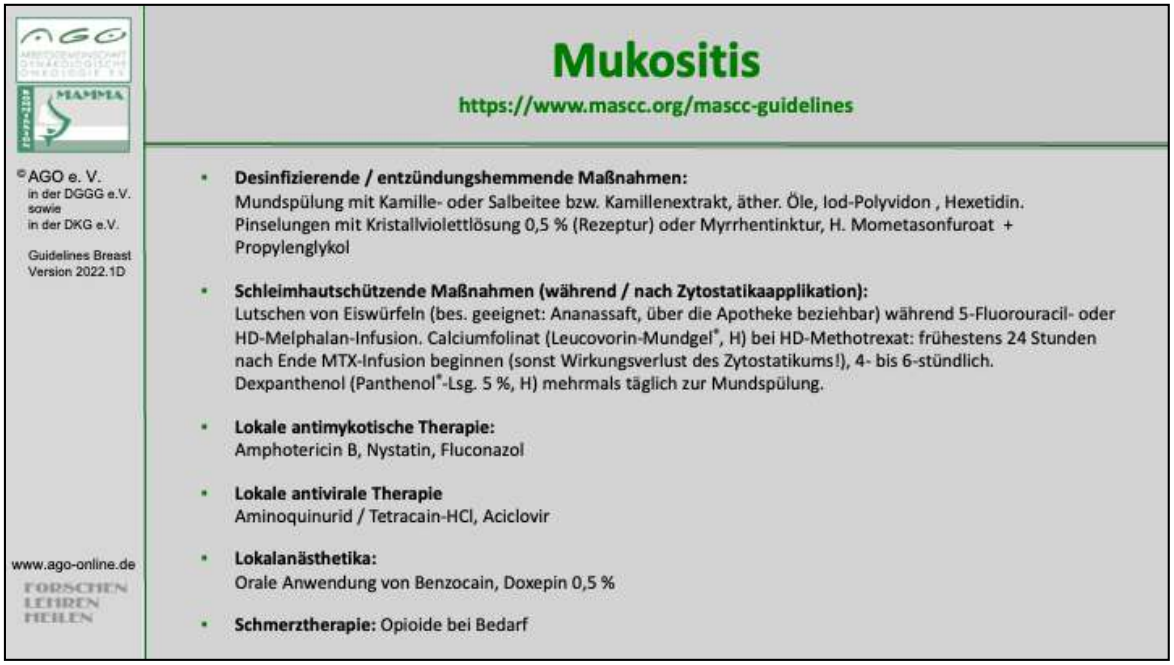

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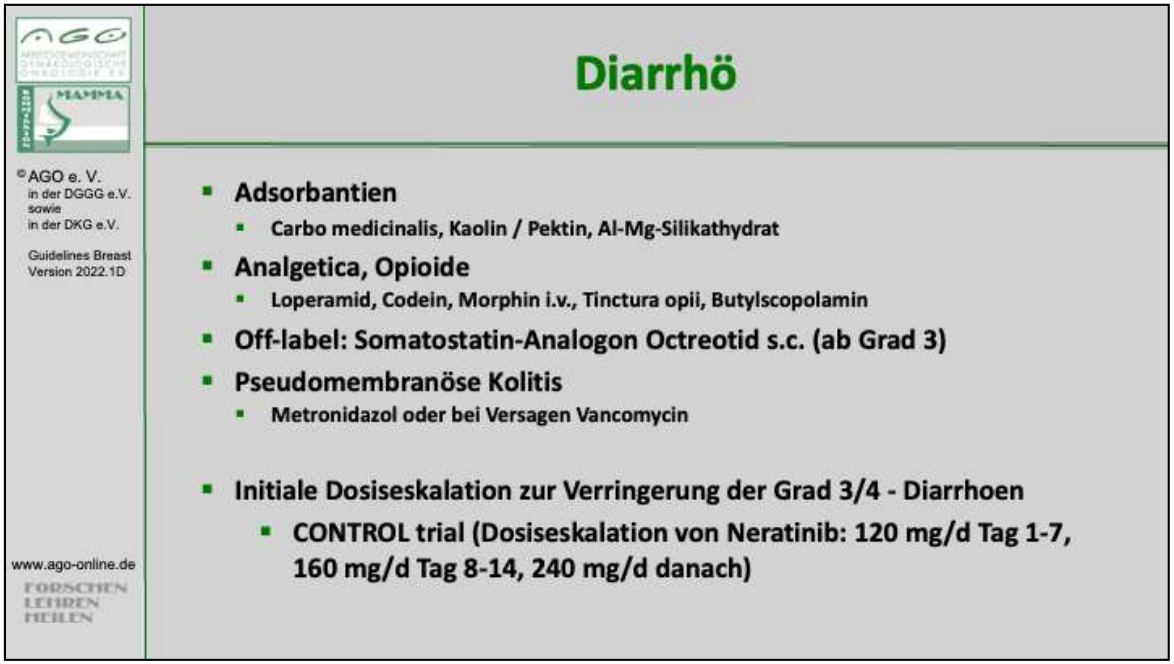

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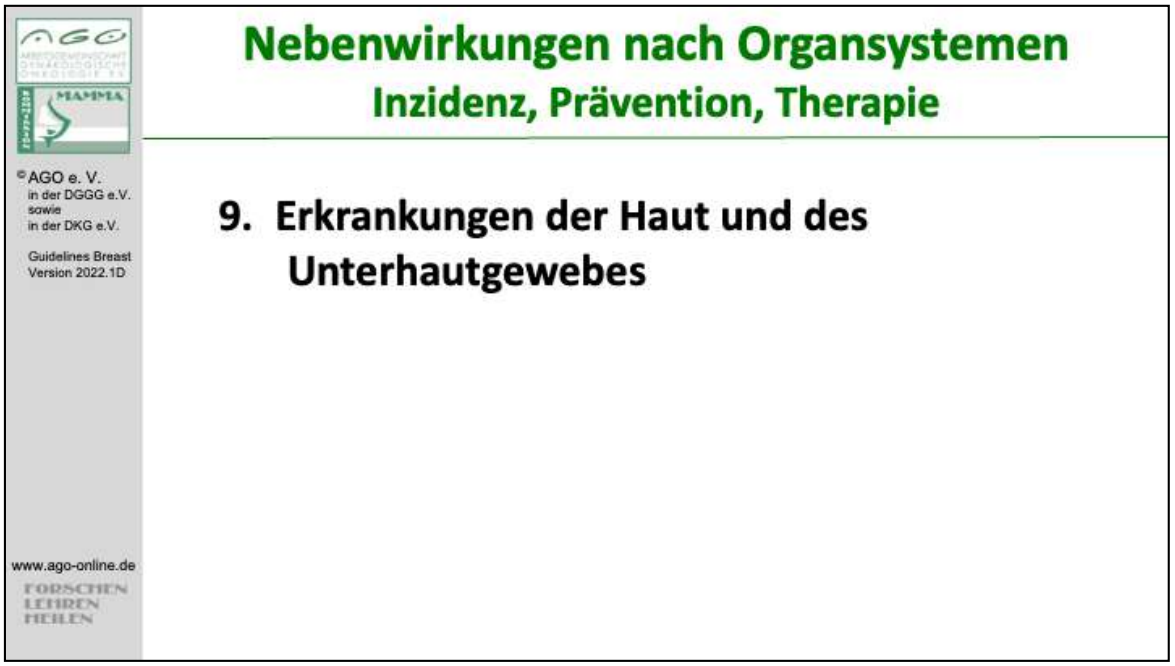

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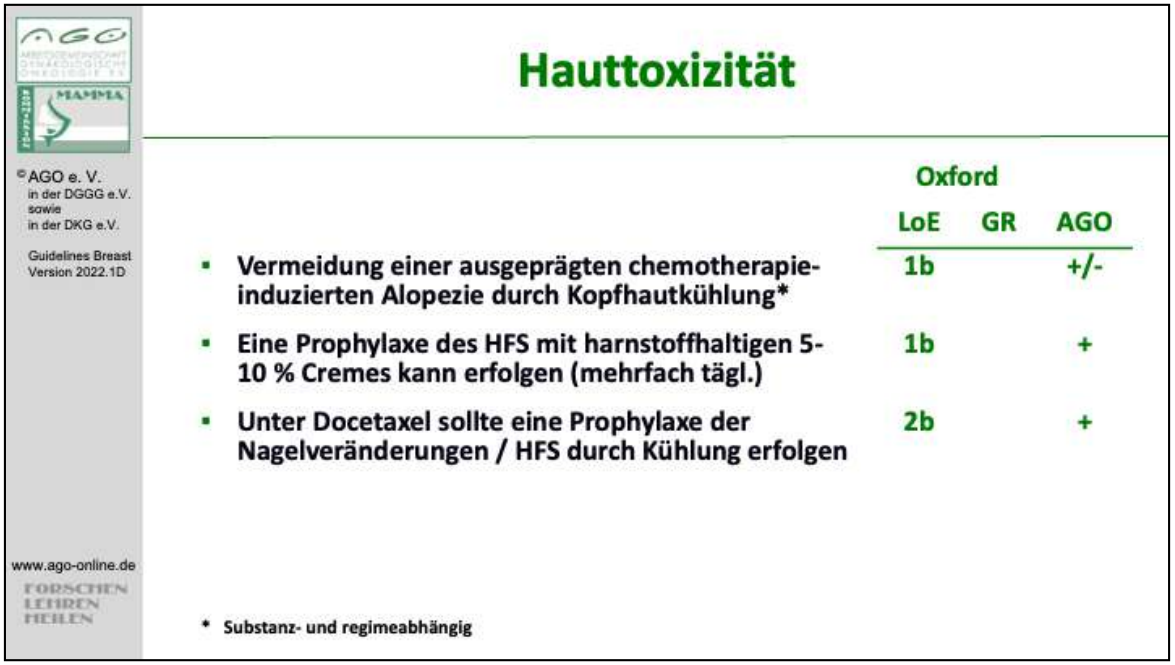

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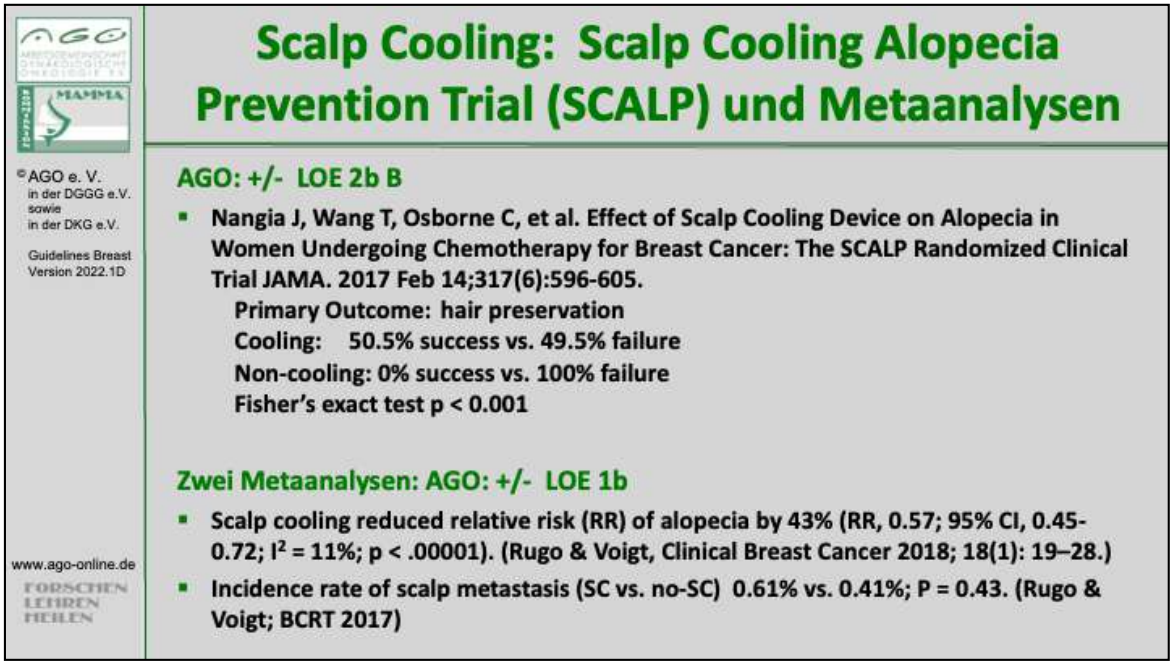

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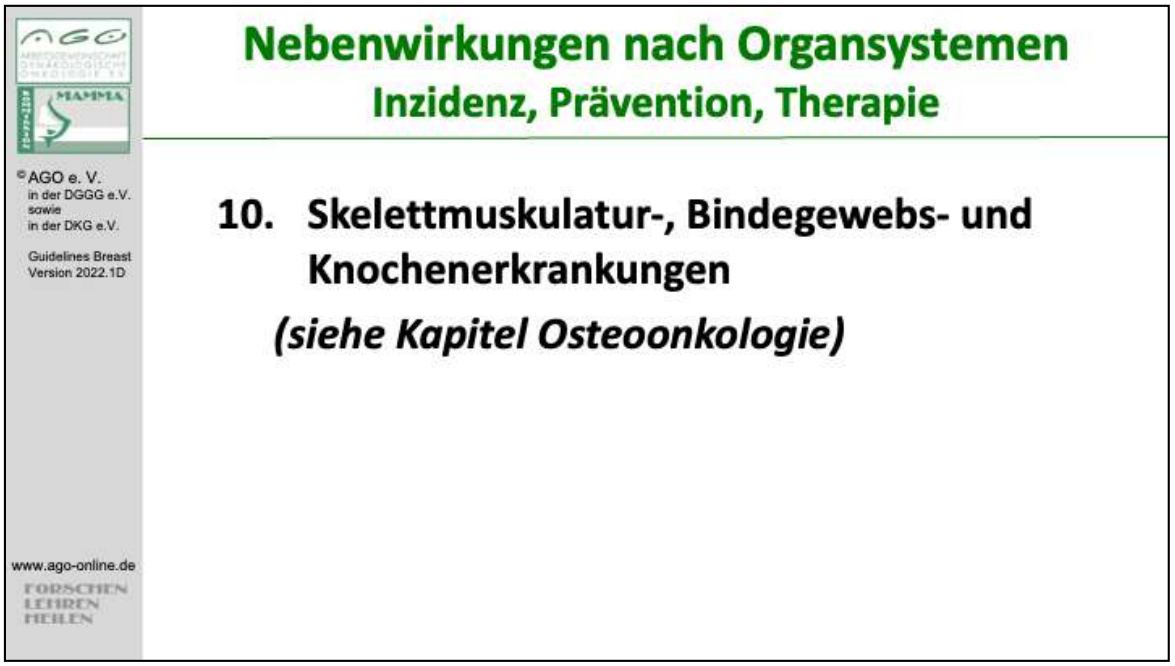

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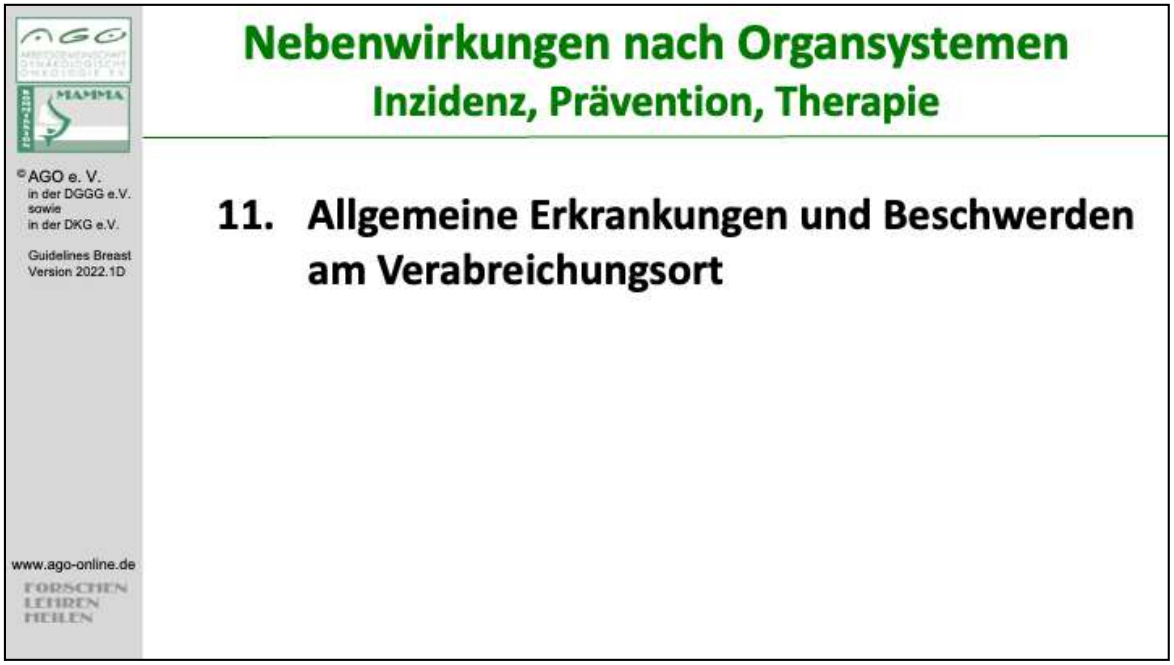

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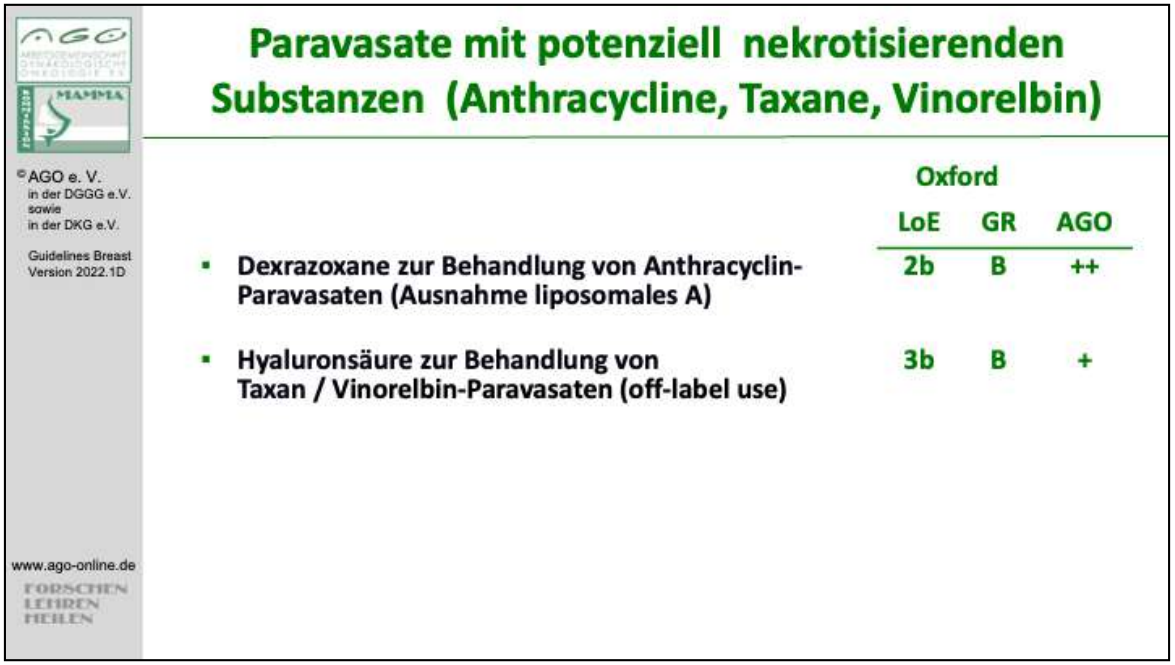

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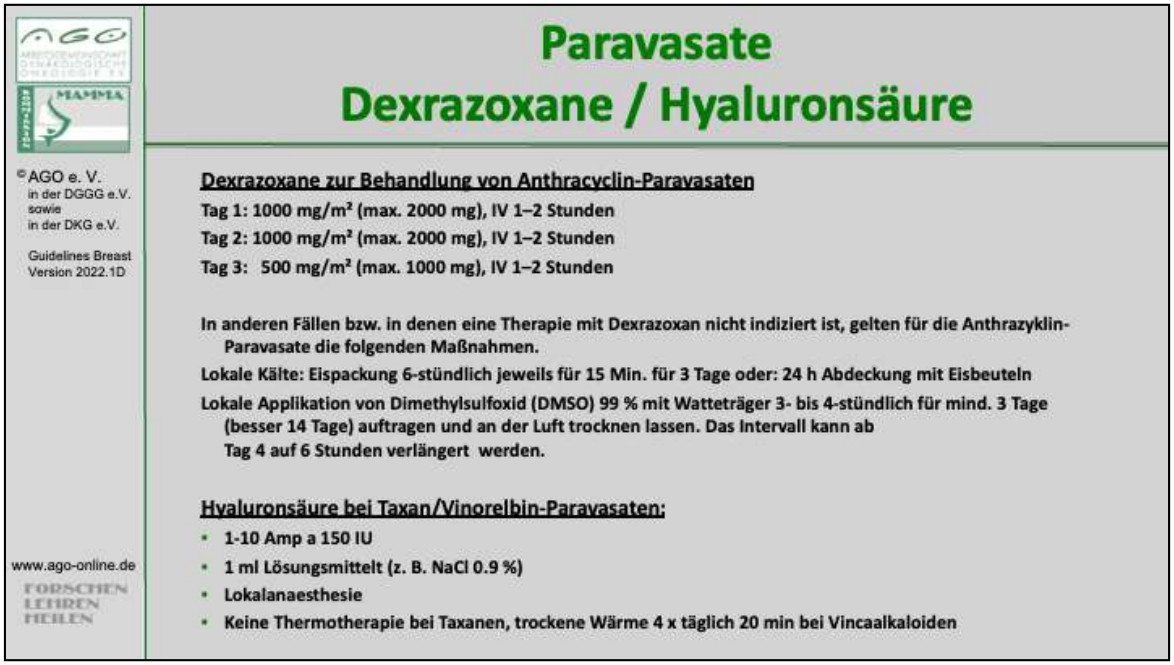

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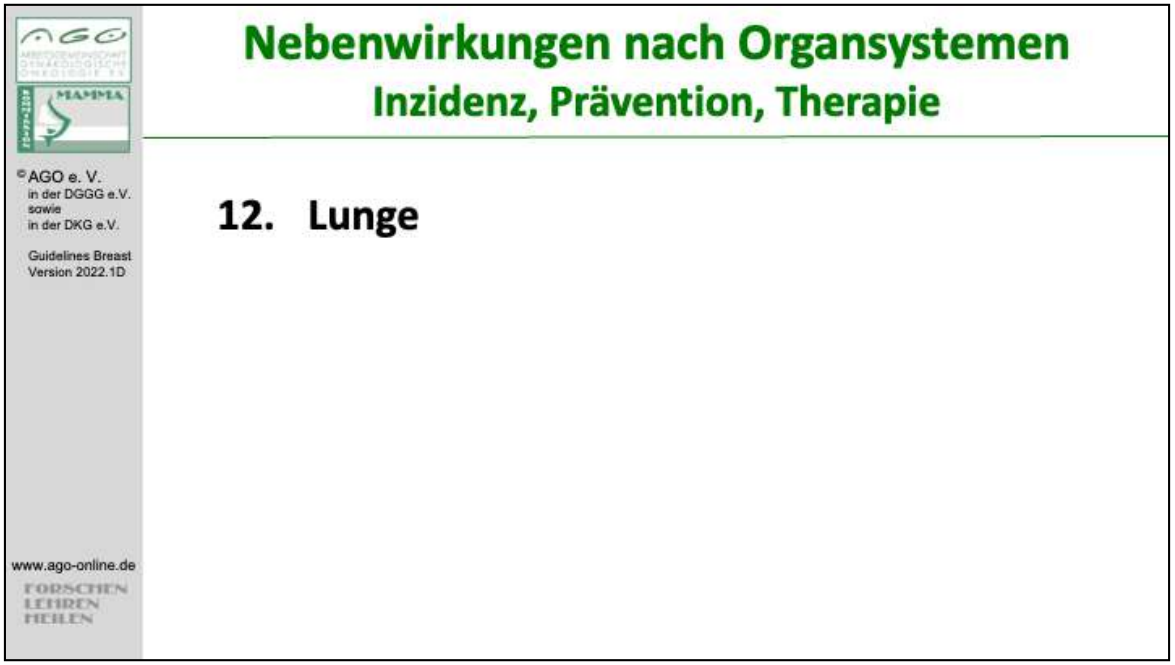

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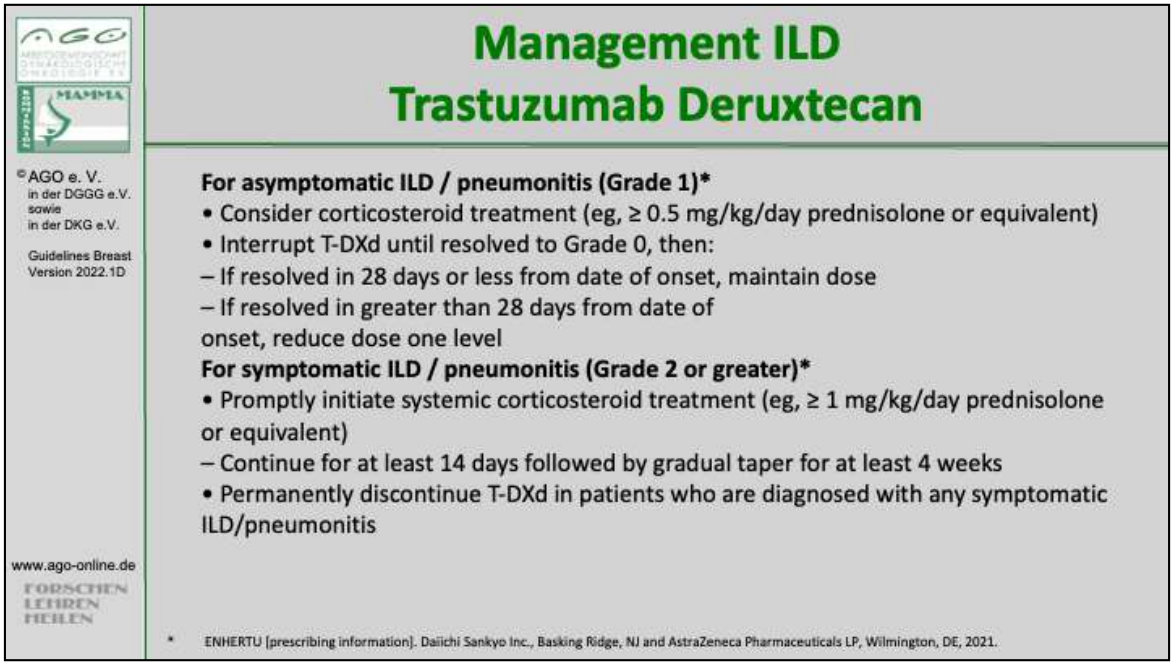

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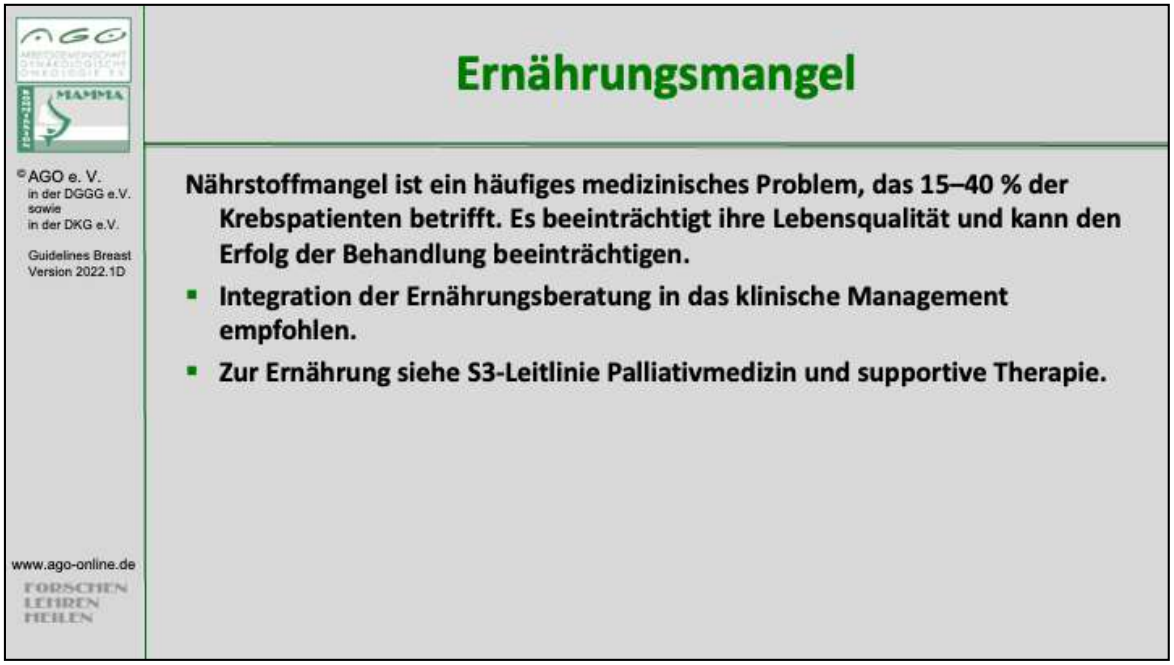

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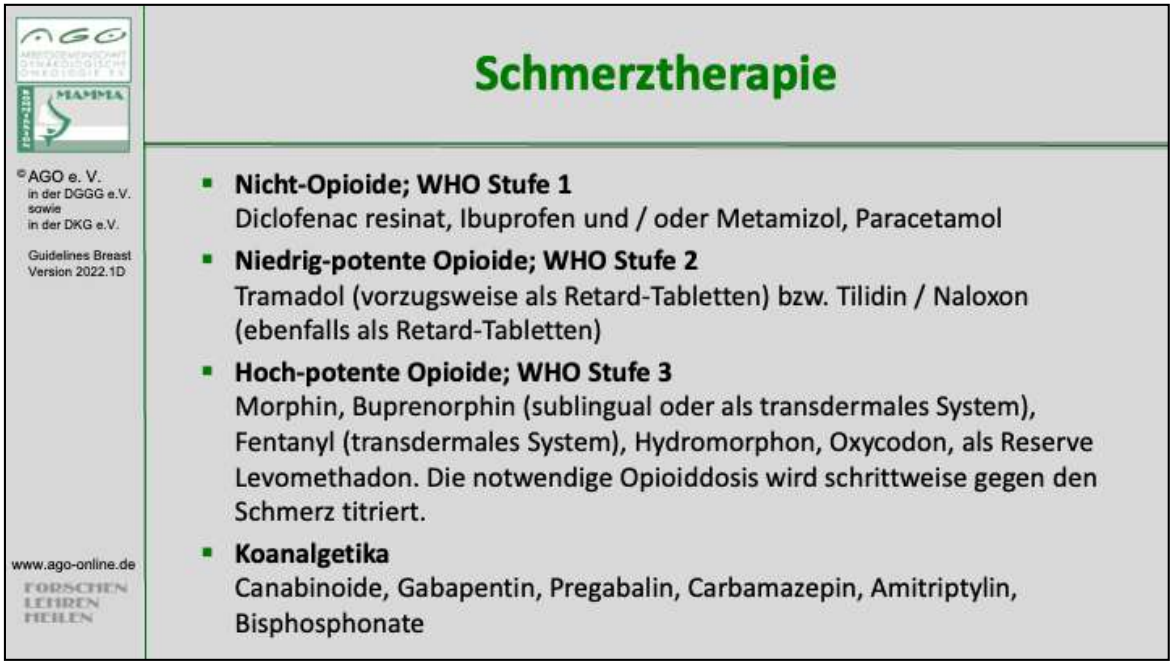

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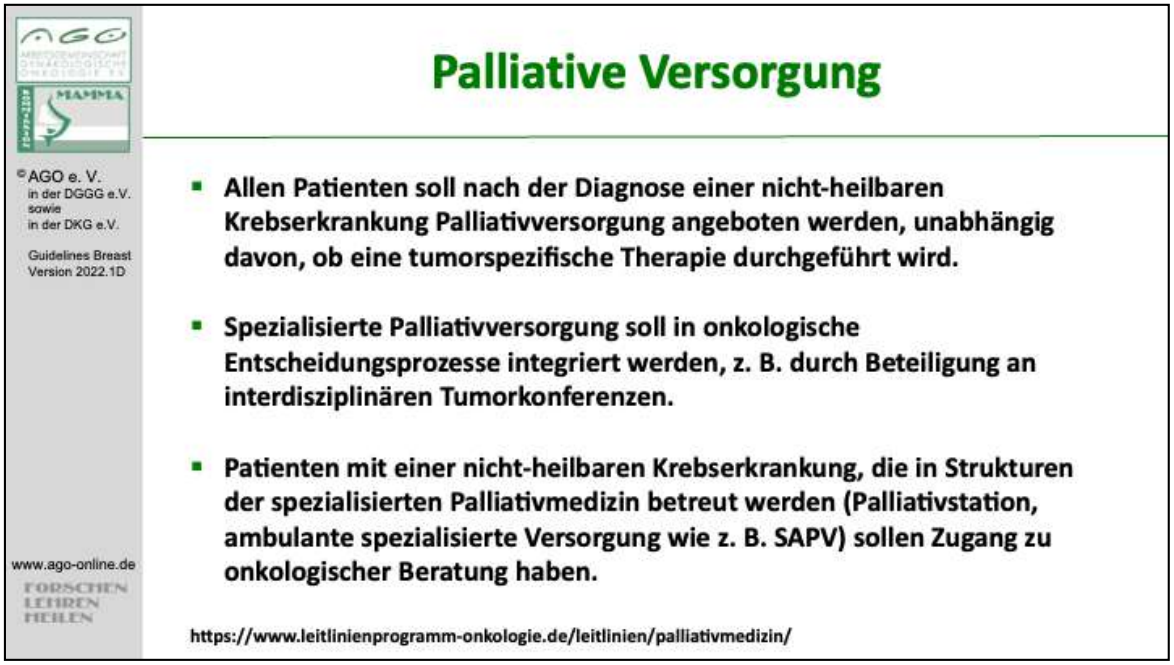

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