

Diagnosis and Treatment of Patients with early and advanced Breast Cancer

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Oncoplastic and Reconstructive Surgery

Plastic-reconstructive aspects after mastectomy

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **Versions 2002–2020:**
Audretsch / Bauerfeind / Blohmer / Brunnert / Dall / Ditsch / Fersis / Friedrich/ Gerber / Hanf / Kühn / Kümmel / Lux / Nitz / Rezai / Rody / Scharl / Solbach / Thomssen
- **Version 2021:**
Thill / Heil

Definition of oncoplastic surgical procedures

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Use of plastic surgical techniques at the time of tumor removal to enable safe resection margins and to preserve aesthetic breast contour.

Focus on favorable scar placement, adequate soft tissue formation, choice of proper reconstruction procedure (including in the context of radiation) and reconstruction of the contralateral side to achieve symmetric results.

www.ago-online.de

**FORSCHEN
LEHREN
HEILEN**

Classifications

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

1. By Hoffmann/Wallwiener:

Classification by reconstructive surgery complexity with respect to breast conservation and mastectomy: PubMed Central, Figure 1: BMC Cancer. 2009; 9: 108. Published online 2009 Apr 8. doi: 10.1186/1471-2407-9-108 (nih.gov)

2. By Clough:

Oncoplastic classification for breast conservation according to relative resection volume: Level 1: < 20% of breast volume resection („simple oncoplastic surgery“) and Level 2 > 20% of breast volume resection with quadrant per quadrant techniques of mastopexy.

Oncoplastic breast conserving surgery (OPS)

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- OPS may replace mastectomy in selected patients
- OPS and BCS are oncologically equivalent
- Aesthetic outcome of OPS might be better in selected cases
- Complication rates of OPS and BCS are similar

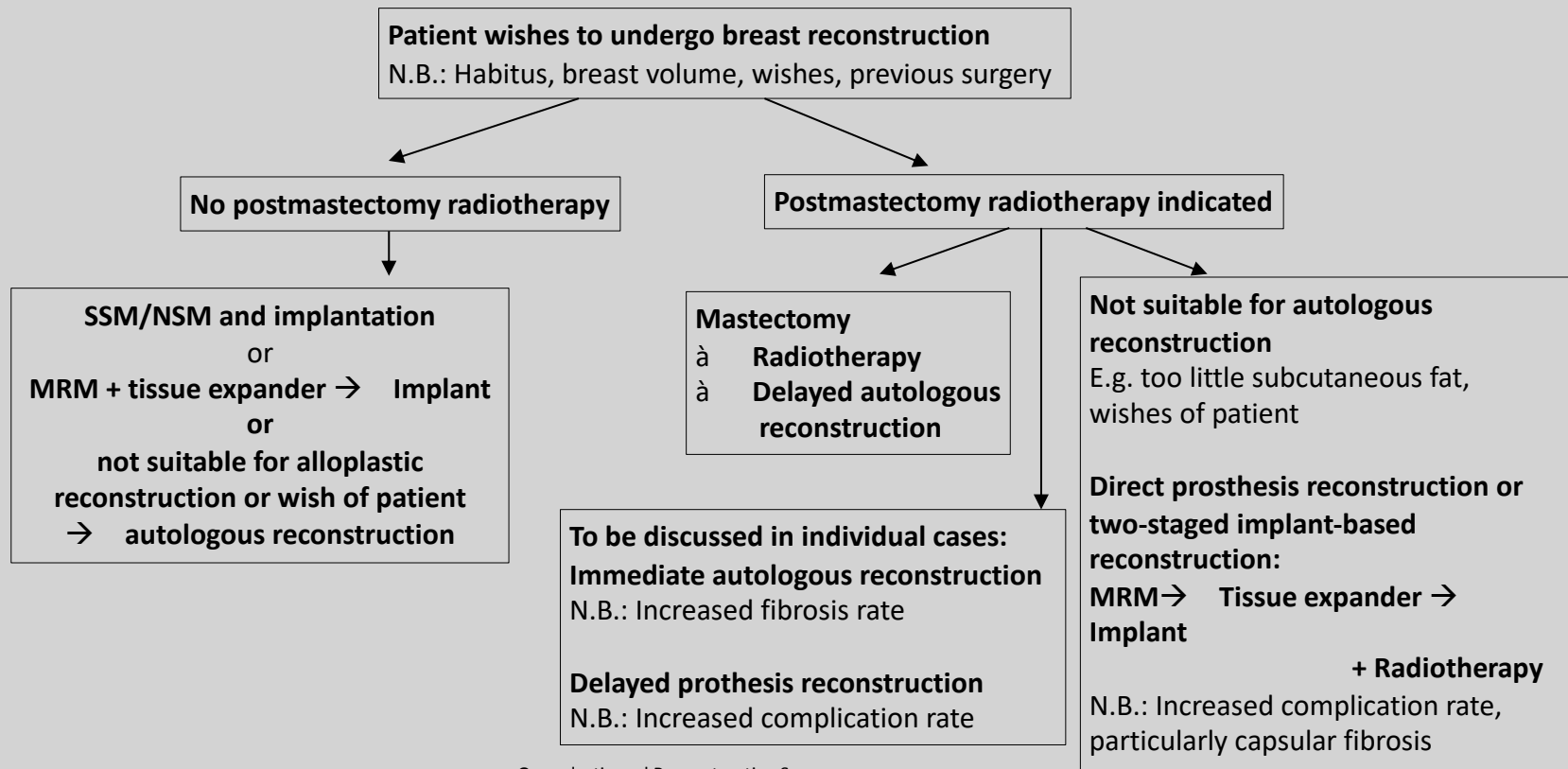
Oxford		
LoE	GR	AGO
2b	B	+
2b	B	+
2b	B	+
3b	C	+

Algorithm of Breast Reconstruction

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E



www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Breast Reconstruction Principles

Good Clinical Practise

AGO: ++

- Planning of reconstructive procedure by interdisciplinary tumor board before mastectomy
- Counseling regarding all surgical techniques, including advantages and disadvantages
- Preference for autologous reconstruction after radiotherapy or if radiotherapy is planned
- Offer second opinion
- Discussion of neoadjuvant treatment if unfavorable tumor-breast-relation
- Consideration of contralateral breast;
 - discuss possible alignment / sequencing surgical procedures to produce symmetry; usually after at least 3-6 months (Caveat: need for post-resections, consider effects of radiotherapy for affected side)
- Preference for less stressful surgical technique with stable long-term aesthetic result (prefer BCS / OPS over mastectomy)
- Avoid delay of adjuvant therapy due to reconstruction
- Assessment of outcome (e.g. PROM)
- Ensure that oncologic safety is not impaired

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Postmastectomy Reconstruction

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **Use of silicone gel filled breast implants
one step or two steps after expander**
 - Safety comparable to saline implants
- **Autologous tissue reconstruction**
- **Pedicled tissue reconstruction**
- **Free tissue reconstruction
(including vascular anastomoses)**
- **Autologous tissue procedure plus implants**

Oxford		
LoE	GR	AGO
2a	B	+
2b	B	
2a	B	+
2a	B	+
2a	B	+
3a	C	+/-

Caveat: BMI >30, smoking status, diabetes, radiotherapy, age, bilateral mastectomy

Oncoplastic and Reconstructive Surgery

Timing of Reconstruction

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Oxford		
LoE	GR	AGO
3b	B	++

- **Immediate breast reconstruction**

- **Mandatory: SSM/NSM**
- **Avoidance of a postmastectomy syndrome**

- **Delayed breast reconstruction (2-step)**

- **No interference with adjuvant procedures (CHT, RT)**
- **Disadvantage: loss of skin envelope**

3b	B	++
----	---	----

- **„Delayed-immediate“ breast reconstruction
(placeholder before definitive reconstruction)**

3b	B	+
----	---	---

Timing of implant Based Reconstruction and Radiotherapy

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

■ Implant reconstruction (IR)

- IR without radiotherapy
- IR prior to radiotherapy
- IR following radiotherapy
- IR following secondary mastectomy
(after BCS* with radiotherapy)
- Perioperative antibiotic prophylaxis (max. 24 hours)

Oxford

LoE	GR	AGO
-----	----	-----

2a	B	+
----	---	---

2a	B	++
----	---	----

2a	B	+
----	---	---

2b	B	+/-
----	---	-----

2a	B	+/-
----	---	-----

2a	B	+
----	---	---

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

* BCS: Breast Conserving Surgery

Metaanalysis of Prophylactic Antibiotics >24h in Implant-based Immediate Breast Reconstruction (IBR)

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **11 studies (15,966 mastectomy procedures)**
- **Three studies comparing topical antibiotics with no topical antibiotics demonstrated statistical significance (RR= 0.26, 95% CI: 0.12–0.60, $P = 0.001$)**
- **8 studies comparing extended systemic antibiotics with standard of care found no statistical significance (RR = 0.80, 95% CI: 0.60–1.08, $P = 0.13$).**

LoE 2a B

In the setting of immediate breast reconstruction (IBR) following mastectomy, there is insufficient evidence for the use of extended prophylactic antibiotics to reduce surgical site infection (SSI) rates. Well-designed randomized controlled trials in patients undergoing IBR should be conducted to determine the appropriate regimen and/or duration of prophylactic antibiotics on SSI outcomes.

Radiotherapy and Implant-based Reconstruction

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Cave: High complication rate in combination with radiotherapy (capsular contracture, revision surgery, reconstruction failure, reduced cosmetic outcome and patient satisfaction)

Cave: Lower patient satisfaction with implant-based reconstruction plus radiotherapy compared to autologous reconstruction plus radiotherapy

LoE 2b B

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Possible Associations between Implants and rare Diseases

- **US FDA Breast Implant Postapproval Studies (LPAS)**
Long-term Outcomes in 99,993 Patients
(Primary Augmentation: N= 71.937 / Primary Reconstruction: N= 9942)
 - 56% of implants were silicone implants
- **Possible Associations:**
 - Sjogren syndrome: (SIR*8.14)
 - scleroderma: (SIR 7.00)
 - rheumatoid arthritis: (SIR5.96)
 - stillbirth: (SIR4.50)
 - melanoma: (SIR3.71)
- **At 7 years, reoperation rate is 11.7% for primary augmentation, and 25% for primary/revision reconstruction.**
- **One case of BIA-ALCL**

Associations need to be further analyzed with patient-level data to provide conclusive evidence !

***Standardized incidence ratio**

Possible Associations between Implants and rare Diseases

Rare Systemic Harms Compared With the General Population:

	Manufacturer ,y	Study Events	Study Event Rate (Per 10,000 Person Yr)	General Population Event Rate (Per 10,000 Person Yr)	SIR	SIR 95% CI	P Value
Fibromyalgia	Allergan	9	1.8	112.8	0.02	0.01–0.03	<0.001
	Mentor	307	28.4	112.8	0.25	0.22–0.28	<0.001
Rheumatoid arthritis	Allergan	4	0.8	5.4	0.15	0.04–0.38	<0.001
	Mentor	349	32.2	5.4	5.96	5.35–6.62	<0.001
Scleroderma	Mentor	46	4.2	0.6	7.00	5.12–9.34	<0.001
Sjogren syndrome	Mentor	62	5.7	0.7	8.14	6.24–10.44	<0.001
Systemic lupus erythematosus	Allergan	3	0.6	5.4	0.11	0.02–0.32	<0.001
	Mentor	66	6.0	5.4	1.11	0.86–1.41	0.398
Cancer	Allergan	80	16.0	41.3	0.39	0.31–0.48	<0.001
	Mentor	532	63.8	41.3	1.54	1.42–1.68	<0.001
Breast cancer	Mentor	116	13.9	12.5	1.11	0.92–1.33	0.26
Lung cancer	Mentor	5	0.6	5.2	0.12	0.04–0.27	<0.001
Brain cancer	Mentor	3	0.4	0.6	0.67	0.14–1.95	0.639
Melanoma	Mentor	65	7.8	2.1	3.71	2.87–4.73	<0.001
Neurological disorder	Allergan	18	3.6	22.5	0.16	0.09–0.25	<0.001
	Mentor	394	35.8	22.5	1.59	1.44–1.76	<0.001
Multiple sclerosis	Mentor	47	4.3	2.5	1.72	1.26–2.29	0.001
Myositis	Mentor	17	1.5	0.8	1.88	1.09–3.00	0.018

Allergan follow-up 2 years
Mentor follow-up 7 years

Breast Implant Associated Anaplastic Large Cell Lymphoma (BIA-ALCL)

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **Approximately 10.000.000 implant carriers**
- **Rare disease, 3 % of Non-Hodgkin Lymphomas, 0.04-0.5 % of all malignant breast diseases**
- **1:3.000 – 30.000 in women with textured implants (caveat: underreporting!)**
- **Estimated incidence 0.6-1.2 / 100.000 women with implants (median age: 54 y)**
- **Mainly associated with textured implants**
- **Interval to diagnosis: 8 years (median)**
- **Clinical symptoms**
 - **Swelling and seroma. (60 %)**
 - **Solid tumor (17 %)**
 - **Seroma and solid tumor (20 %)**
- **Histology: CD30+ / ALK-T-Cell Lymphoma**
- **Mandatory registration as SAE (§3 MPSV to BfArM)**

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

BIA-ALCL - Surfaces of Breast Implants

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- The cause of BIA-ALCL is not established; however, it has been proposed that lymphomagenesis may be driven by a chronic inflammatory reaction induced by capsule contents or surface. **The risk for BIA-ALCL has been shown to be significantly higher for implants with grade 3 and 4 surfaces.**

Process	Polyurethane foam	Salt Loss (Biocell/ Eurosilicone)	Gas Diffusion	Salt Loss (Nagotex)	Imprinting	Smooth/ Nano
Surface Area	high	intermediate	intermediate	low	low	minimal
Roughness	high	intermediate	low	low	low	minimal
SURFACE TYPE	4	3	3	2	2	1

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

BIA-ALCL– Diagnosis

Oxford

LoE GR AGO

- | | LoE | GR | AGO |
|--|-----|----|-----|
| ▪ Breast US (assessment of new seromas > 1 year after implant insert, solid lesion (sensitivity: 84%, specificity: 75%)) | 3a | D | ++ |
| ▪ Breast-MRI in confirmed cases | 3a | D | ++ |
| ▪ Staging (Imaging, e.g. CT, PET-CT) | 3a | D | ++ |
| ▪ Cytology of late seromas | 3a | D | ++ |
| ▪ - > 50 ml | | | |
| ▪ - Complete assessment | | | |
| ▪ - flow-cytology (T-cell clone) | | | |
| ▪ - BIA-ALCL specific cytologic diagnostic (CD 30+) | | | |
| ▪ Core needle biopsy in solid lesions | 3a | D | ++ |
| ▪ Lymphoma assessment of resected tissue and histologic staging | | | |
| ▪ Documentation of the implant (manufacturer, size, volume, surface, Batch-number) and entry in registry | 5 | D | ++ |

BIA-ALCL – Therapy

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **Implant resection and complete capsulectomy including tumorectomy**
- **Resection of suspicious lymph nodes, no routine use of sentinel-node-biopsy, no axillary dissection**
- **Polychemotherapy (e.g. CHOP) in cases of extra capsular extension**
- **Radiotherapy in unresectable tumors**
- **Case discussion in an interdisciplinary tumor board in the presence of a lymphoma specialist**

Oxford

LoE	GR	AGO
3a	C	++
4	D	++
4	D	+
5	D	+/-
5	D	++

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Diagnostic Pathways and Assessment

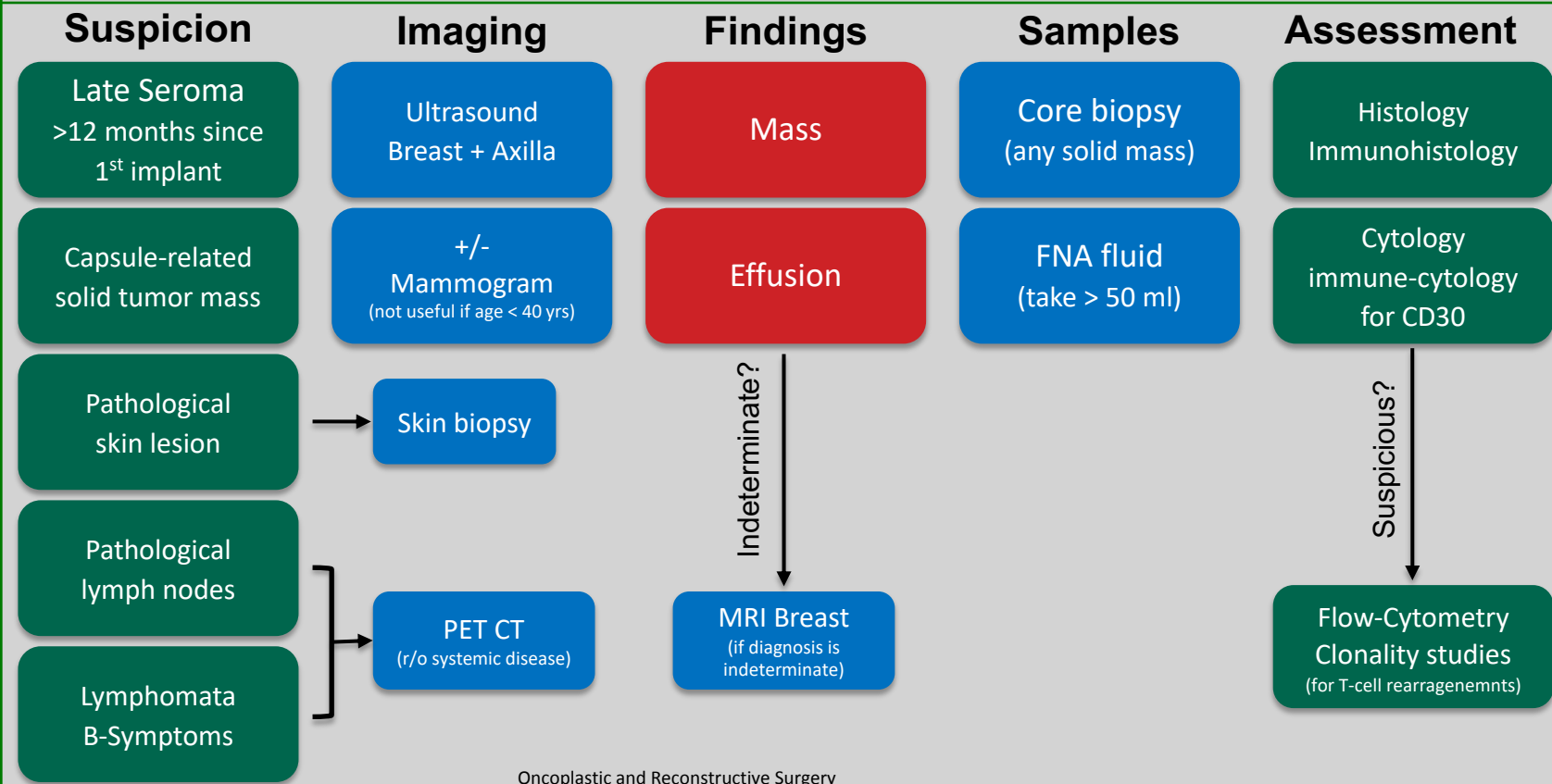
© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

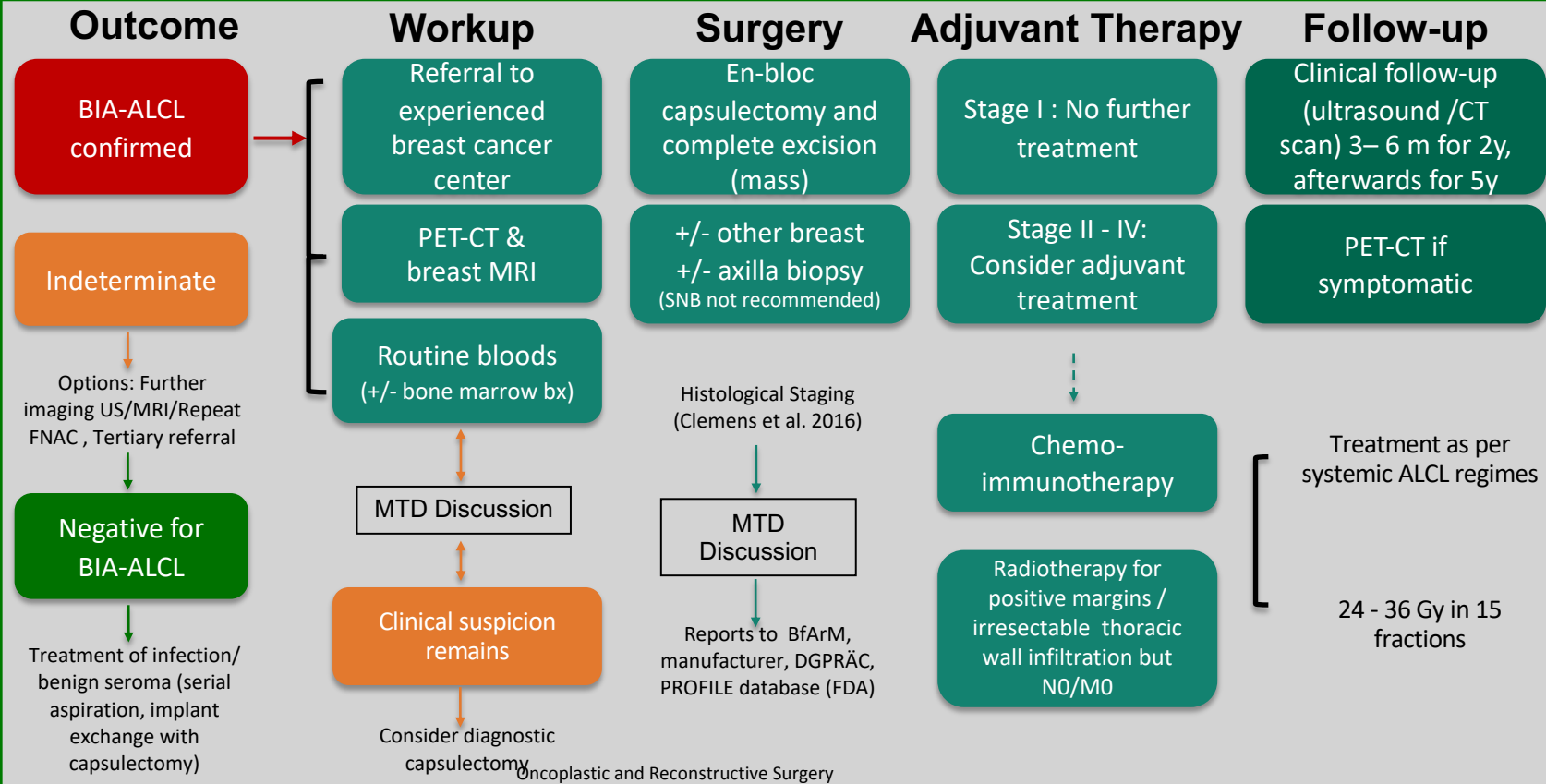


BIA-ALCL Treatment Pathways

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E



www.ago-online.de

FORSCHEN
LEHREN
HEILEN

TNM Staging of BIA-ALCL

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

	TNM-Kategorie	Definition
Tumor extent (cT/pT)	T1	Confined to seroma or a layer on luminal side of capsule
	T2	Early capsule infiltration
	T3	Cell aggregates or sheets infiltrating the capsule
	T4	Lymphoma infiltrates beyond the capsule
Regional lymph nodes (cN/pN)	N0	No lymph node involvement
	N1	One regional lymph node positive
	N2	Multiple regional lymph nodes positive
Metastasis (cM/pM)	M0	No distant spread
	M1	Spread to other organs or distant sites

Oncoplastic and Reconstructive Surgery

Stage	Definition
IA	T1 N0 M0
TB	T2 N0 M0
TC	T3 N0 M0
IIA	T4 N0 M0
IIB	T1-3 N1 M0
III	T4 N1-2 M0
IV	T any N any M1

BIA-ALCL – EUSOMA-Recommendation

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **Despite an increase of BIA-ALCL in association with texture implants the use of textured implants is still permitted!**

„For the moment, textured implants can safely continue to be used with patient's fully informed consent, and that women that have these type of implants already in place don't need to remove or substitute them, which would undoubtedly cause harm to many tens of thousands of women, to prevent an exceptionally rare, largely curable and currently poorly understood disease.“

Tissue Replacement Techniques and Meshes (Details of Implant Reconstruction)

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- The subcutaneous lodge is superior to the subpectoral lodge
- Acellular dermal matrix (ADM)
 - subpectoral
 - subcutaneous
- Synthetic meshes
 - subpectoral
 - subcutaneous

Oxford		
LoE	GR	AGO
3b	C	+/-
1b	A	+/- [#]
2b	B	+/- [#]
2b	B	+ [#]
2b	B	+ [#]

Participation in registry studies recommended

Lipotransfer

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **Lipotransfer following mastectomy and reconstruction**
- **Lipotransfer after BCS***
- **Autologous adipose derived stem cells (ASCs)-enriched fat grafting vs. without stem cells**

Oxford		
LoE	GR	AGO
2a	B	+
2a	B	+
2a	B	-

Postmastectomy Pedicled Reconstruction

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Breast reconstruction (BR) with autologous tissue

- TRAM, latissimus-dorsi-flap (both can be performed as a muscle-sparing technique)
- Delayed TRAM in patients at high-risk
- Ipsilateral pedicled TRAM
- Radiotherapy:
 - BR following radiotherapy
 - BR prior to radiotherapy
- (higher rates of fibrosis, wound healing problems, liponecrosis and reduced aesthetic outcome)

Oxford

LoE GR AGO

2a C +

3a B +

2a B +

2a B +

2a B +/-

Free flaps for reconstruction

© AGO e. V.

in der DGGO e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Type of free flap

- DIEP
- Free TRAM
- SIEA
- Glutealis flaps (SGAP- / IGAP, FCI)
- Free gracilis flap (TMG)
- Use of ICG* to assess flap perfusion

Advantages

- DIEP and free TRAM are potentially muscle-sparing procedures. DIEP has a lower rate of abdominal hernias, especially in obesity

Disadvantages

- Time- and personnel consuming microsurgical procedures
- Intensified postoperative monitoring
- Pre-reconstruction radiotherapy increases rate of vascular complications

Oxford		
LoE	GR	AGO
2a	B	+
2a	B	+
3a	C	+/-
4	C	+/-
4	C	+/-
2a	B	+

Pedicated versus free tissue transfer

Oxford

LoE	GR	AGO
3a	A	++

- Muscle-sparing techniques and accuracy of abdominal wall closure lead to low rates of late donor site complications independent of method used
- Autologous abdominal-based reconstructions have highest satisfaction rates (PROM)
- Donor site morbidity (e.g. impaired muscle function) has to be taken into consideration for all flap techniques

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

Skin-/nipple-sparing Mastectomy (SSM/NSM) and Reconstruction

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Oxford		
LoE	GR	AGO

■ Skin-/nipple-sparing Mastectomy (SSM/NSM)

- Safe (same recurrence rate as MX) 2b B ++
- Higher QoL for patients 2b B ++
- NAC can be preserved under special conditions 2b B ++
 - Feasible after mastopexy / reduction mammoplasty 4 C ++
- Use of ICG* to predict necrosis of the skin 1b B +

■ Skin incisions - different possibilities:

- Periareolar
- Hemi-periareolar with/without medial/ lateral extension
- Reduction pattern: „inverted-T“ or vertical
- Inferior lateral approach, inframammary fold
- Lowest incidence of complications 2b B +

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

* ICG = Indocyanine Green

Oncoplastic and Reconstructive Surgery

Prevention and therapy of capsular contracture

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

www.ago-online.de

FORSCHEN
LEHREN
HEILEN

	Oxford		
	LoE	GR	AGO
■ Prevention			
■ Textured implantats (Caveat: BIA-ALCL)	1a	A	+
■ Acellular Dermal Matrix (ADM) vs. nil	2a	B	+
■ Synthetic mesh vs. nil	3a	C	+
■ Topical antibiotics/antiseptics	2a	B	+
■ PVP (Povidone-Iodine)	2a	B	+/-
■ Leukotriene-antagonists	2a	B	+/-
■ Breast massage	3a	C	-
■ Surgical interventions			
■ Capsulectomy	3b	C	+
■ Capsulotomy (Caveat: exclusion of BIA-ALCL)	3b	C	+

Seroma after implant-based reconstruction I

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Oxford		
LoE	GR	AGO
2a	B	
2a	B	
2a	B	
2a	B	
3b	C	
2a	B	
2b	B	

- Incidence: around 5-10% (2-50%)

Co-variates:

- History of radiation increases the risk (RR ca. 3)
- Obesity increases risk (e.g. BMI > 30 vs. < 30; RR ca. 3)
- ADM increases risk (RR ca. 3)
- Smooth expanders increase risk (RR ca. 5)
- History of neoadjuvant systemic chemotherapy does not increase the risk
- Epipectoral pocket does not increase the risk

Seroma after implant-based reconstruction II

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Prevention

- Drain with no, little and much suction
- Drain removal at < 30ml per 24 hours

Therapy

- Evacuation of seroma by FNA or re-insertion of drain
- Dressings
- Revision surgery with capsulectomy (ultima ratio)
- Revision surgery with implant removal (ultima ratio)

Oxford

LoE GR AGO

3b C +

2b B +

4 C +

5 D +/-

5 D +

5 D +

Risk-reducing bilateral mastectomy for healthy women (RRBM)

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

- **RRBM reduces breast cancer incidence**
- **RRBM in deleterious BRCA1/2 mutation**
- **RRBM in high-risk situation without BRCA 1/2 mutation
(individual decision depending on personal- family history and
mutational status – e.g. high and moderate-risk genes, Hodgkin
lymphoma)**
 - **High risk and no BRCA counselling in specialized centre***
 - **Non-directive counselling prior to RR-BM**
 - **RR-BM should be considered with other risk-reducing surgical options incl.
bilateral salpingoophorectomy (BSO) and in the context of pre-existing diseases**
 - **Further need for education of physicians regarding possibilities and advantages
of RRBM**

Oxford		
LoE	GR	AGO
2b	B	++
2a	B	+*
4	D	+/-*
5	D	--
2b	B	++*
2a	A	++*
1b	A	++

*** Counselling, risk prediction, and follow-up in specialized centers recommended**

Oncoplastic and Reconstructive Surgery

Surgical Prevention for Healthy Female *BRCA1/2* Mutation Carriers

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Oxford		
LoE	GR	AGO
2a	B	*
		++*
		++*
2b	B	++*
2b	B	++*

■ Risk-reducing bilateral salpingo-oophorectomy (RR-BSO)**

- Reduces OvCa incidence and mortality
- Reduces overall mortality

■ Risk-reducing bilateral mastectomy (RR-BM)

- Reduces BC incidence
- Reduces BC mortality in *BRCA1* mutation carriers***

*study participation recommended

** The RR-BSO is recommended from about 35 years for *BRCA1* and from about 40 years for *BRCA2* mutation carriers, taking into account the age of ovarian cancer diagnosis in the family and family planning status.

*** No reduction in mortality could be shown for *BRCA2* mutation carriers. RRM counselling should be individualised.

Risk-reducing Interventions for BRCA1/2 Female Mutation Carriers Affected by Breast Cancer

Oxford		
LoE	GR	AGO
2b	B	+*
2b	B	+*
2b	B	+/-*
2a	B	++*
4	C	+/-**

- **Risk-reducing bilateral salpingo-oophorectomy (RR-BSO)**
 - Reduces OvCa incidence and mortality
 - Reduces overall mortality
(contradictory results for reduction of cl BC incidence)
- **Prophylactic contralateral mastectomy (RR-CM) reduces BC incidence and mortality**
- **Tamoxifen (reduces contralateral BC incidence)**
- **Indication for RR-CM should consider age at onset of first breast cancer in affected gene**
- **RR-BM after ovarian cancer**

* study participation recommended

** Depends on tumor stage (FIGO I/II), recurrence free interval (≥ 5y), age

Forms of risk-reducing (bilateral) mastectomy (RR-BM)

© AGO e. V.

in der DGGG e.V.
sowie
in der DKG e.V.

Guidelines Breast
Version 2021.1E

Oxford		
LoE	GR	AGO

RR-BM reduces breast cancer incidence; BC-specific mortality also likely reduced**

■ Simple mastectomy	2b	B	+
■ RR-BM by SSM*	2b	C	+
■ RR-BM by NSM* (NAC [#] sparing)	2b	C	+
■ Contralateral prophylactic mastectomy	4	C	+/-

* SSM / NSM: Skin-/Nipple-Sparing Mastectomy

NAC: nipple-areola complex

** depending on prior illnesses, e. g. pre-existing ovarian cancer 1-2% (stage III-IV)

Oncoplastic and Reconstructive Surgery