

Diagnosis and Treatment of Patients with early and advanced Breast Cancer

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Neoadjuvant (Primary) Systemic Therapy

Neoadjuvant Systemic Therapy

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- **Versions 2002–2020:**
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- **Version 2021:**
Fehm / Stickeler

Subtype-specific Strategies for Systemic Treatment

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If chemotherapy is indicated systemic treatment before surgery (neoadjuvant) should be preferred

HR+/HER2- and „low-risk“

- Endocrine therapy without chemotherapy

++

HR+/HER2- and „high-risk“

- Conventionally dosed AT-based chemotherapy (q3w)
- Dose dense chemotherapy (including weekly schedule)
- Followed by endocrine therapy

+

++

++

HER2+

- Trastuzumab (plus Pertuzumab in N+ or NACT)
 - Sequential AT-based chemotherapy with concurrent T + anti-HER2 therapy
 - Anthracycline-free chemotherapy + anti-HER2 therapy

++

++

++

Triple-negative (TNBC)

- Conventionally-dosed AT-based chemotherapy
- Dose-dense chemotherapy (AT-based including weekly schedule)
- Neoadjuvant platinum-containing chemotherapy
- Neoadjuvant chemotherapy + ICPI (immune checkpoint-inhibitors)

+

++

+

+/-*

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*study participation recommended

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Anthracycline-free Taxan/Carboplatin based regimen for Her2+

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Regimen	Pts. (n=)	pCR rate (%)	OUTCOME
6 x TCH (TRIO B07)	34	47	Not published
6 x TCHP (TRYPHAENA)	75	64	3-yr-DFS: 90%
6 x TCHP (KRISTINE - TRIO - 021)	221	56	3-yr-EFS: 94.2
4 x TCHP (NSABP- B52; nur HR+)	155	41	Not published
9 x TxCHP (TRAIN-2)	206	68	3-yr-EFS: 93.5%

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T Docetaxel, Tx Paclitaxel, C Carboplatin, H Trastuzumab, P Pertuzumab
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HER2+ Early Breast Cancer

Neo-/adjuvant and postneoadjuvant Therapy

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Adjuvant Therapy: low risk of recurrence Rezidivrisiko

Paclitaxel_{weekly x 12} + Trastuzumab¹

- elderly or fragile patients
or
- pT1. pN0

Adjuvant Therapy: high risk of recurrence CHT + Trastuzumab + Pertuzumab²

- Node-positive (pN+)
- Irrespective of ER-status⁵

Neoadjuvant Therapy³ Trastuzumab + Pertuzumab

- Node-positive (cN+/pN+)
or
- cT \geq 2

Postneoadjuvant Therapy⁴ Trastuzumab +/- Pertuzumab or T-DM1

In case of pCR:

- Trastuzumab
- Trastuzumab + Pertuzumab
 - Node-positive prior NACT
 - Irrespective of ER-status

In case of non-pCR:

- T-DM1

Total duration of anti-HER2-therapy: 1 year

Neoadjuvant Systemic Chemotherapy

Clinical Benefit

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	Oxford	
	LoE	GR
▪ Leads to improvement of prognosis by individualization of post-neoadjuvant therapy	1b	A
▪ Survival is similar after neoadjuvant (preoperative, primary) and adjuvant systemic therapy (with same regimen and number of cycles), if the post-neoadjuvant therapy is not individualized according to pathological response	1a	A
▪ Pathological complete response is associated with improved survival	1b	A
▪ Can achieve operability in primary inoperable tumors	1b	A
▪ Improved options for breast conserving surgery	1b	A
▪ Decreases rate of axillary lymphadenectomies	2b	B
▪ Allows individualization of therapy according to mid-course treatment effect	1b	B

Neoadjuvant Systemic Chemotherapy - Indications

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	Oxford		
	LoE	GR	AGO
■ Inflammatory breast cancer	2b	B	++
■ Inoperable breast cancer	1c	A	++
■ Large operable breast cancer requiring mastectomy and adjuvant chemotherapy with the goal of breast conservation	1b	B	++
■ If similar postoperative adjuvant chemotherapy is indicated	1b	A	++
■ To allow a risk-adapted postoperative therapy	1b	A	++

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Neoadjuvant Systemic Chemotherapy

Response Prediction I

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Factor	pCR* Probability	Oxford		
		LoE	GR	AGO
■ Young age	↑	1a	A	+
■ cT1 / cT2 tumors o. N0 o. G3	↑↑	1a	A	++
■ Negative hormone receptor status	↑↑	1a	A	++
■ Triple negative breast cancer	↑↑	1a	A	++
■ Positive HER2-status	↑↑	1a	A	++
■ Early clinical response	↑	1b	A	+
■ Lobular tumor type	↓	1a	A	+
■ Metaplastic tumor type	↓↓	4	C	+

*High (↑) or very high (↑↑) probability to reach pCR, low (↓) or very low (↓↓) probability to reach pCR

See also chapter „Prognostic and predictive factors“

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Neoadjuvant Systemic Therapy

Response Prediction II

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Factor	LoE ₂₀₀₉	CTS	GR	AGO
▪ Multigene signatures	II	B	B	+/-
▪ Ki-67	I	B	A	+
▪ Tumor infiltrating lymphocytes*	I	B	B	+
▪ PIK3CA mutation in HER2 positive BC	I	B	B	+/-
▪ gBRCA	II	B	B	+
▪ Homologous recombination deficiency	IV	C	C	+/-
▪ PD-L1 status (TNBC)	II	B	B	+/-

* LPBC is defined as dense lymphocytic infiltration of inner peritumoral stroma outside of invasion front
(> 50% of stromal area are covered by lymphocytes)

See also chapter „Prognostic and predictive factors“

Neoadjuvant Systemic Chemotherapy

Recommended Regimens and Schedules

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	Oxford		
	LoE	GR	AGO
■ Use of adjuvant standard regimens for NACT*	1a	A	++
■ Taxane followed by anthracycline (reverse order)	1a	A	+
■ Platinum in TNBC (irrespective of BRCA status)	1a	A	+
■ Nab-Paclitaxel weekly instead of Paclitaxel weekly	1a	A	+
■ Checkpoint inhibitors in combination with chemotherapy (TNBC)	1b	B	+/-**

* See chapter Adjuvant Chemotherapy; ** Study participation recommended

ICPi plus neoadjuvant chemotherapy for triple negative breast cancer patients

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	GeparNuevo	IMpassion031	Keynote 522	NeoTRIP
Phase	II	III	III	II
n	174	333	602	280
Prim. Endpunkt	pCR	pCR	pCR + EFS	EFS
CPi	Durvalumab (24-26 Wo)	Atezolizumab (1J)	Pembrolizumab (1 J)	Atezolizumab (24 Wo)
Chemo	Nab-P -> EC	Nab-P _> ddAC	Pac+Carbo -> AC oder EC	Nab-P + Carbo
PDL-1 positiv	87%	46%	83%	56%
pCR ITT	53% vs. 44 % Δ 9% (n.s.)	58% vs. 41% Δ 17% (p<0.01)	65% vs. 51% Δ 14% (p<0.001)	44% vs. 41% Δ 3% (n.s.)
pCR PDL-1 positiv	58 % vs. 50%	69% vs. 49%	69% vs. 55%	52% vs. 48%
pCR PDL-1 negativ	44 % vs. 18%	48% vs. 34%	45% vs. 30%	32% vs. 32%
Follow-uo (Mths) / HR EFS	-	20 mths 0,76 (ns)	15 mths 0,63 (ns)	-

Neoadjuvant Systemic Therapy

Recommended Methods of Monitoring of Response

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- **Breast ultrasound**
- **Palpation**
- **Mammography**
- **MRI**
- **PET(-CT)**
- **Pretherapeutic marking of tumor region**
- **Pretherapeutic marking of pN+**

Oxford		
LoE	GR	AGO
2b	B	++
2b	B	++
2b	B	++
2b	B	+
2b	B	+/-
5	D	++
2a	B	+*

*study participation recommended (AXSANA /Eubrest 3 Trial)

Neoadjuvant Targeted Therapy in HER2 Positive Tumors

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	Oxford		
	LoE	GR	AGO
■ Pertuzumab + trastuzumab in combination with chemotherapy (high-risk defined as cT2-4 and / or cN+)	2b	B	++
■ Trastuzumab in combination with standard polychemotherapy (low-risk)*	1b	A	+
■ Anti-HER2 agents without chemotherapy	2b	B	+/-**

* Monochemotherapy and trastuzumab should preferably be used in the adjuvant setting

** Study participation recommended

Neoadjuvant Chemotherapy

Treatment strategies based on clinical response

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Oxford

LoE GR AGO

In case of early response

- Completion of neoadjuvant chemotherapy

1b A ++

In case of no change:

- Completion of neoadjuvant chemotherapy (NACT) followed by surgery
- Continuation of NACT with non cross-resistant regimen
 - AC or EC x 4 → D x 4 or Pw x 12
 - DAC x 2 → NX x 4

2b C ++

2b B +

2b B +

1b B +

In case of disease progression

- Re-evaluation of tumorbiological factors
- Stop NACT and proceed to surgery or radiotherapy
- Additional adjuvant chemotherapy with non cross-resistant regimen

5 D +/-

4 D ++

4 D +/-

Neoadjuvant (Primary) Systemic Therapy

Axillary Surgery and NACT

Oxford

LoE

GR

AGO

SLNE after NACT

SLNE before NACT

2b

B

++

2b

B

-

cN-Status
(before NACT)

pN-Status
(before
NACT)

cN-Status
(after NACT)

Surgical procedure
(after NACT)

pN-Status (after
NACT and Surgery)

Surgical
consequence from
histology**

cN0

—

ycN0

SLNE alone

ypN0 (sn)

2b

B

++***

ypN0 (i+)
ypN1_{mic} (sn)

ALND

2b

C

+ (+/- at i+)

none **

5

D

+/-

ypN1 (sn)

ALND

2b

C

++

none **

5

D

+/-

cN+

pN_{CNB}

ycN0

SLNE alone*
TAD (TLNE + SLNE)*
ALND*

ypN0
ypN0
ypN0

—

2b

B

+/-***

2b

B

+***

2b

B

+***

SLNE alone*
TAD (TLNE + SLNE)*

ypN+ incl. ypN0 (i+)

ALND

2b

B

+ (+/- at i+)

ALND

ypN+

—

2b

B

++

none

n.d.

none**

5

D

-

cN+

pN_{CNB}

ycN+

ALND

ypN+ incl. ypN0 (i+)

—

2b

B

++

none

n.d.

none**

5

D

-

*Study participation (Axsana) recommended; ** s. Recommendations chapter Radiotherapy, irradiation alone is not recommended in case of pN1(sn) and pN+ ; ***recommendation grade concerning to staging at cN0 and cN+ ypN0

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Loco-regional Surgery (Breast)

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- Early marking of tumor (incl. detailed topographic documentation)
- Surgical removal of tumor / representative excision of post-therapeutic, marked tumor area
- Tumor resection in new margins
- Microscopically clear margins

Oxford		
LoE	GR	AGO
5	D	++
2b	C	++
2b	C	++
2a	B	++

Neoadjuvant Systemic Therapy

Indications for Mastectomy

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	Oxford		
	LoE	GR	AGO
■ Positive margins after repeated excisions	3b	C	++
■ Radiotherapy not feasible	5	D	++
■ In case of clinical complete response			
■ Inflammatory breast cancer (in case of pCR)	2b	C	+/-
■ Multicentric lesions	2b	C	+/-
■ cT4a-c breast cancer	2b	B	+/-

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Neoadjuvant Systemic Therapy

Timing of Diagnosis, Surgery and Radiotherapy

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Initiation of therapy

Delay of therapy (> 60 days) associated with worse prognosis

Timing of surgery

4-8 weeks after last course of chemotherapy

Radiotherapy within 2 months after surgery

Oxford		
LoE	GR	AGO
2b	B	
2b	B	++
2b	B	++

Neoadjuvant endocrine Therapy (NET)

- Good clinical practice -

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- **Suitable for patients who are**
 - inoperable
 - not able or not willing to undergo chemotherapy
- **Limited data for premenopausal in contrast to postmenopausal patients is limited**
- **Optimal duration of NET is at least 4-6 months or until best response or until progression**
- **Choice of endocrine therapy is based on menopausal status**
- **NET for 2 up to 4 weeks is able to predict response to endocrine treatment by Ki-67 dynamics (prognostic / predictive evaluation)**

Neoadjuvant Endocrine Therapy in Patients with Endocrine-responsive Breast Cancer

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	Oxford		
	LoE	GR	AGO
■ Postmenopausal patients:			
■ Optimizes the option for breast conserving therapy	1b	A	+
■ Aromatase inhibitors (at least 6 months)	1a ^a	B	+
■ Aromatase inhibitor + lapatinib (HER2+ BC)	2b	B	+/-
■ Premenopausal patients			
■ Tamoxifen	2b	C	+
■ Aromatase inhibitors + LHRHa	1b	C	+/-
■ Concurrent chemo-endocrine therapy	1b	A	-
■ Preoperative ET (Tam/AI) + Ki-67 after 2-4 weeks (prognostic/predictive evaluation)	1b	B	+
■ Prognostic score:			
■ PEPI: pTN-Stage, ER expression and Ki-67 expression after neoadjuvant endocrine therapy	1b	B	+

^a Optimal duration of neoadjuvant endocrine therapy is unknown.
No long term results for neoadjuvant endocrine therapy (vs. adjuvant endocrine therapy)

Neoadjuvant (Primary) Systemic Therapy

Post-neoadjuvant therapy: HER2-negative

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Oxford		
LoE	GR	AGO

HR-positive (pCR and non-pCR)

▪ Endocrine therapy according to menopausal status (s. chap. 10)	1a	A	++
▪ Capecitabine (in case of non-pCR)	3b	C	+/-
▪ Endocrine therapy + Abemaciclib	2b	B	+/-*
▪ Endocrine therapy + Palbociclib	1b ^a	B	-*

Triple negative (TNBC) (in case of non-pCR)

▪ Capecitabine (up to 8 cycles)**	1b	B	+
▪ Experimental post-neoadjuvant therapies within clinical trials	5	D	+*

* Study participation recommended

** without prior platinum-based therapy

Neoadjuvant (Primary) Systemic Therapy

Post-neoadjuvant treatment with CDK 4/6i

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	MonarchE	PALLAS	Penelope ^B
N	5637	5600	1250
CDKi	Abemaciclib	Palbociclib	Palbociclib
% of pts with NACT	37%	n.r.	100%
Duration of CDK 4/6i treatment	24 mths	24 mths	12 mths
Follow-up	19 mths	24 mths	43 mths
Discontinuation rate	28%	42%	20%
IDFS-HR (95%-CI)	0.713 (0.583 - 0.871) p = 0.0009	0.93 (0.76-1.15) p = 0.51	0.93 (0.74-1.16) p=0.525
2-yrs IDFS	92% vs. 89%	n.r.	88% vs. 84%
3-yrs IDFS	n.r.	88% vs. 89%	81% vs. 78%
4-yrs IDFS	n.r.	n.r.	73% vs. 72%

IDFS: invasive disease-free survival

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Post-neoadjuvant therapy: HER2-positive

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pCR

- Low-risk: Trastuzumab (to complete 12 mths)
- High-risk (cN+): Trastuzumab + Pertuzumab (to complete 12 mths)
- Neratinib after 1 year Trastuzumab (HR-positive)*

non-pCR

- T-DM1
- Neratinib after 1 year* Trastuzumab (HR-positive)*
- Trastuzumab + Pertuzumab (to complete 12 mths)

	Oxford		
	LoE	GR	AGO
Low-risk: Trastuzumab (to complete 12 mths)	2a	C	++
High-risk (cN+): Trastuzumab + Pertuzumab (to complete 12 mths)	2b	C	+
Neratinib after 1 year Trastuzumab (HR-positive)*	2b	B	-
T-DM1	1b	B	+
Neratinib after 1 year* Trastuzumab (HR-positive)*	2b	B	+/-
Trastuzumab + Pertuzumab (to complete 12 mths)	2b	C	+/-

* In combination with standard endocrine treatment

Neoadjuvant (Primary) Systemic Therapy