



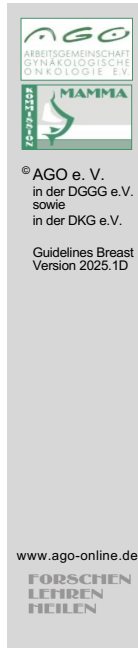
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Guidelines Breast  
Version 2025.1D

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LEHREN  
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# Diagnostik und Therapie früher und fortgeschrittener Mammakarzinome

## Adjuvante Strahlentherapie



## Adjuvante Radiotherapie (RT)

- **Versionen 2002 – 2024:**  
**Blohmer / Budach / Friedrich / Friedrichs / Göhring / Huober / Janni / Krug / Kühn / Möbus / Rody / Scharl / Schmidt / Seegenschmiedt / Solbach / Souchon / Thomssen / Untch / Wenz**
- **Version 2025:**  
**Budach / Krug / Thomssen**

### Search Strategy

Search Terms: Radiotherapy Breast Cancer

Source: Pubmed 1/2010 – 1/2024

Radiotherapy to regional nodes in early breast cancer: an individual patient data meta-analysis of 14 324 women in 16 trials.

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group). Lancet. 2023 Nov 25;402(10416):1991-2003.

Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C, et al. Lancet. 2014 Jun 21;383(9935):2127-35.

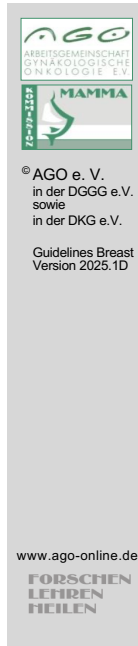
Effect of radiotherapy after breast-conserving surgery on 10-year recurrence and 15-year breast cancer death: meta-analysis of individual patient data for 10,801 women in 17 randomised trials

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG), Darby S, McGale P, Correa C, et al. Lancet. 2011 Nov 12;378(9804):1707-16.

Overview of the randomized trials of radiotherapy in ductal carcinoma in situ of the breast

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG), Correa C, McGale P, Taylor C, et al. Natl Cancer Inst Monogr. 2010;2010(41):162-77.

# Vorbemerkung



- **Diese Empfehlungen zur adjuvanten Strahlentherapie bei Brustkrebs basieren auf einer Konsensdiskussion zwischen Experten der Arbeitsgemeinschaft für Gynäkologische Onkologie (AGO) und der Deutschen Gesellschaft für Radioonkologie (DEGRO).**
- **Für technische Details zur Durchführung der Strahlentherapie verweisen wir auf die entsprechenden aktualisierten Leitlinien der DEGRO.**

1. Sedlmayer F, Sautter-Bihl ML, Budach W, et al; Breast Cancer Expert Panel of the German Society of Radiation Oncology (DEGRO). DEGRO practical guidelines: radiotherapy of breast cancer I: radiotherapy following breast conserving therapy for invasive breast cancer. Strahlenther Onkol. 2013 Oct;189(10):825-33.
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10. Krug D, Baumann R, Combs SE, et al (2021) Moderate hypofractionation remains the standard of care for whole-breast radiotherapy in breast cancer: Considerations regarding FAST and FAST-Forward. *Strahlenther Onkol* 197:269–280.
11. Strnad V, Krug D, Sedlmayer F, et al (2020) DEGRO practical guideline for partial-breast irradiation. *Strahlenther Onkol* 196:749–763.
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## Radiotherapie (RT) nach brusterhaltenden Operationen (BEO; invasive Karzinome)

	Oxford		
	LoE	GR	AGO
▪ <b>Bestrahlung der operierten Brust</b>	1a	A	++
▪ <b>Moderat hypofraktionierte RT (Gesamtdosis ca. 40 Gy in ca. 15-16 Fraktionen in ca. 3 bis 5 Wochen)</b>	1a	A	++
▪ <b>Ultra-hypofraktionierte RT (Gesamtdosis 26 Gy, d.h. 5 Fraktionen in einer Woche = 1 Fraktion/Tag bzw. 28,5 Gy, d.h. 5 Fraktionen in 5 Wochen = 1 Fraktion/Woche)</b>	1b	B	+/-
▪ <b>Konventionell fraktionierte RT (Gesamtdosis ca. 50 Gy in ca. 25-28 Fraktionen in ca. 5-6 Wochen)</b>	1a	B	+/-
▪ <b>Bei Lebenserwartung &lt; 10 Jahre und pT1, pN0, R0, ER / PR positiv, HER2-negativ, endokriner adjuvanter Therapie (alle Faktoren) kann unter Inkaufnahme eines erhöhten Risikos eines intramammären Rezidivs ohne Überlebensnachteil nach individueller Beratung auf die RT verzichtet werden.</b>	1a	B	+

### Moderate Hypofractionation

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2. Whelan TJ, Pignol JP, Levine M et al. Long-term results of hypofractionated radiation therapy for breast cancer. *N Engl J Med.* 2010 Feb 11;362(6):513-20.
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12. Meattini I, Becherini C, Boersma L et al. European Society for Radiotherapy and Oncology Advisory Committee in Radiation Oncology Practice consensus recommendations on patient selection and dose and fractionation for external beam radiotherapy in early breast cancer. *Lancet Oncol.* 2022;23(1):e21-e31.

#### Ultra-Hypofractionation

1. Brunt AM, Haviland JS, Sydenham M et al. Ten-Year Results of FAST: A Randomized Controlled Trial of 5-Fraction Whole-Breast Radiotherapy for Early Breast Cancer. *J Clin Oncol.* 2020 Oct 1;38(28):3261-3272.
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#### Elderly patients with low-risk features

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10. Mann GB, Skandarajah AR, Zdenkowski N et al. Postoperative radiotherapy omission in selected patients with early breast cancer following preoperative breast MRI (PROSPECT): primary results of a prospective two-arm study. *Lancet.* 2023 Dec 5:S0140-

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## Randomized controlled trials of radiotherapy omission after breast-conserving surgery in early breast cancer

Trial	N	Time-frame	Inclusion criteria	Follow up	Local recurrence (no RT)	Local recurrence (RT)	Hazard ratio
Toronto-British Columbia	769	1992-2000	≥ 50 years, T1/2 N0 R0 (ink) 80% HR+	5 y 8 y	7.7% 17.6%	0.6% 3.5%	8.3
BASO-II	204	1992-2000	< 70 J., T1, G1 L0	5 y	0.8% p.a.	0.2% p.a.	7.34
CALGB 9343	636	1994-1999	≥ 70 years, T1 (98%) cN0 ER+ (97%), R0 (ink)	5 y 10 y	4% 8%	1% 2%	5.55
ABCSG-8A	831	1996-2004	Postmenopausal T ≤ 3 cm N0, G1/2, ER+ and/or PR+	5 y 10 y	5.1% 7.5%	0.4% 2.5%	10.2
PRIME II	1326	2003-2009	≥ 65 years, T ≤ 3 cm N0, ER+ and/or PR+, R0 (≥1 mm)	5 y 10 y	4.3% 9.8%	1.3% 0.9%	10.4

1. Fyles A, McCready DR, Manchul MA et al. Tamoxifen with or without breast irradiation in women 50 years of age or older with early breast cancer. *N Engl J Med.* 2004 Sep 2;351(10):963-70.
2. Blamey RW, Bates T, Chetty U et al. Radiotherapy or tamoxifen after conserving surgery for breast cancers of excellent prognosis: British Association of Surgical Oncology (BASO) II trial. *Eur J Cancer.* 2013 Jul;49(10):2294-302.
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6. Kunkler IH, Williams LJ, Jack WJL et al. Breast-Conserving Surgery with or without Irradiation in Early Breast Cancer. *N Engl J Med.* 2023 Feb 16;388(7):585-594.



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## Prospective observational studies of radiotherapy omission incorporating tumor biology and MRI

Trial	N	Time-frame	Inclusion criteria	Follow up	Local recurrence (95%-CI)
LUMINA	500	2013-2017	≥ 55 years, pT1 pN0 R0 (≥1 mm) <b>ER ≥1% PR ≥20% HER2 neg. Ki67 ≤ 13.25% (central lab)</b>	5 y	2.3% (1.2-4.1%)
IDEA	200	2015-2018	50-69 years, pT1 pN0 R0 (≥2 mm) <b>ER/PR pos. HER2 neg., Oncotype Dx RS ≤ 18</b>	5 y	50-59 y. 3.3% 60-69 y. 3.6%
PROSPECT	201	2011-2019	≥50 years, unifocal cT1 cN0, no LVI, no EIC, R0 (≥2 mm), ER/PR pos. and/or HER2-pos., <b>preoperative breast MRI</b>	5 y	1.0% (-5.4%)

- Discussion:
  - Confidence intervals of local recurrence (LR) rates overlap with control arms of previous trials.
  - Uncontrolled trials with limited follow up.
  - CALGB 9343 and PRIME II showed a doubling LR rates after 10 years vs. 5 years in the control arms and an increasing benefit of radiotherapy with longer follow-up.
  - In PRIME II, low ER expression was associated with an increased LR rate in the control arm.
  - Compliance for endocrine therapy was higher than expected in clinical routine.

1. Whelan TJ, Smith S, Parpia S et al. Omitting Radiotherapy after Breast-Conserving Surgery in Luminal A Breast Cancer. N Engl J Med. 2023 Aug 17;389(7):612-619.
2. Jagsi R, Griffith KA, Harris EE et al. Omission of Radiotherapy After Breast-Conserving Surgery for Women With Breast Cancer With Low Clinical and Genomic Risk: 5-Year Outcomes of IDEA. J Clin Oncol. 2023 Dec 7;JCO2302270. doi: 10.1200/JCO.23.02270.
3. Mann GB, Skandarajah AR, Zdenkowski N et al. Postoperative radiotherapy omission in selected patients with early breast cancer following preoperative breast MRI (PROSPECT): primary results of a prospective two-arm study. Lancet. 2023 Dec 5:S0140-6736(23)02476-5. doi: 10.1016/S0140-6736(23)02476-5.

## Boostbestrahlung nach BEO beim invasiven Karzinom

	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> <li>■ <b>Boost-RT des Tumorbettes (verbesserte lokale Kontrolle, kein Überlebensvorteil)</b> <ul style="list-style-type: none"> <li>■ Prämenopausal</li> <li>■ Postmenopausal, sofern &gt; T1*, G3, HER2-positiv, tripel-negativ, EIC (mindestens 1 Faktor)</li> </ul> </li> </ul>	1b 2b	B B	++ +
<ul style="list-style-type: none"> <li>■ <b>Techniken</b> <ul style="list-style-type: none"> <li>■ Perkutan (Photonen, Elektronen) als sequentieller Boost</li> <li>■ Multikatheter-Brachytherapie</li> <li>■ Perkutan als simultan integrierter Boost (bei konventionell fraktionierter RT)</li> <li>■ Perkutan als simultan integrierter Boost (bei hypofraktionierter RT)</li> <li>■ Intraoperative Radiotherapie (als vorgezogener Boost)</li> </ul> </li> </ul>	1a 1a 1b 1b 2b	A A B B B	++ ++ + ++ +
<ul style="list-style-type: none"> <li>■ <b>Intraoperative Clipmarkierung des Tumorbettes bei Indikation für Boostbestrahlung</b></li> </ul>	2b	B	+

\*kontinuierliche Variable bzgl. Rezidiv

### Boost in general (EBRT/Brachytherapy, sequential)

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### Boost-RT in premenopausal p.

### Boost-RT in postmenopausal p.

1. Bartelink H, Maingon P, Poortmans P et al; European Organisation for Research and Treatment of Cancer Radiation Oncology and Breast Cancer Groups. Whole-breast irradiation with or without a boost for patients treated with breast-conserving surgery for early breast cancer: 20-year follow-up of a randomised phase 3 trial. *Lancet Oncol*. 2015 Jan;16(1):47-56. Including Supplementary appendix.
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#### Simultaneous-integrated boost (conventionally fractionated RT)

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#### Simultaneous-integrated boost (hypofractionated RT)

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cancer, early toxicities of a randomized clinical trial. *Radiat Oncol* 7:80–10.

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8. Pfaffendorf C, Vonthein R, Krockenberger-Ziegler K et al. Hypofractionation with simultaneous integrated boost after breast-conserving surgery: Long term results of two phase-II trials. *Breast*. 2022 Aug;64:136-142.
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10. Vicini FA, Winter K, Freedman GM, et al. NRG RTOG 1005: A Phase III Trial of Hypo Fractionated Whole Breast Irradiation with Concurrent Boost vs. Conventional Whole Breast Irradiation Plus Sequential Boost Following Lumpectomy for High Risk Early-Stage Breast Cancer. *Int J Radiat Oncol Biology Phys* 2022. 114:S1.
11. Krug et al. Hypofractionated Whole-Breast Irradiation with Simultaneous Integrated Boost for Breast Cancer: Primary Analysis of the HYPOSIB-Trial (ARO 2013-05). *Int J Radiat Oncol Biol Phys*. 2024. 10.1016/j.ijrobp.2024.07.005

#### Intraoperative irradiation (IORT/IOERT)

##### As boost-irradiation followed by WBI

1. Ciabattini A, Gregucci F, Fastner G et al. IOERT versus external beam electrons for boost radiotherapy in stage I/II breast cancer: 10-year results of a phase III randomized study. *Breast Cancer Res*. 2021;23(1):46.
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IOERT in early stage breast cancer (HIOB): First results of a prospective multicenter trial (NCT01343459). *Radiother Oncol*. 2020 May;146:136-142.

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## EORTC 22881-10882: Boost vs no Boost (Endpoint: Ipsilateral Breast Recurrence)

@20 yrs (95% C.I.)	Boost (n = 2.661)	No boost (n = 2.657)	Hazard Ratio (95% C.I.)
<b>Overall Survival</b> ( $\Delta$ = -1.4%)	59.7% (56.3–63.0)	61.1% (57.6–64.3)	HR 1.05 (0.92–1.19) n.s.
<b>Cumulative Risk of Ipsilateral Breast Tumour Recurrence</b>			
All patients	12.0% (9.8–14.4)	16.4% (14.1–18.8)	HR = 0.65 (0.52–0.81); p < 0.0001
≤ 40 years ( $\Delta$ = 11.6%)	24.4% (14.9–33.8)	36.0% (25.8–46.2)	HR = 0.56 (0.34–0.92); p = 0.003
41–50 years ( $\Delta$ = 5.9%)	13.5% (9.5–17.5)	19.4% (14.7–24.1%)	HR = 0.66 (0.45–0.98); p = 0.007
51–60 years ( $\Delta$ = 2.96%)	10.3% (6.3–14.3)	13.2% (9.8–16.7)	HR = 0.69 (0.46–1.04); p = 0.020
> 60 years ( $\Delta$ = 3.0%)	9.7% (5.0–14.4)	12.7% (7.4–18.0)	HR = 0.66 (0.42–1.04); p = 0.019

(Median F/U 17.2 y)

nach: Bartelink et al. *Lancet Oncol* 2015; 16: 47–56

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## EORTC 22881-10882: Boost vs. no Boost (Endpoint: Any First Recurrence)

@15 yrs / 20 yrs (95% C.I.)	Boost (n = 2.661)		No boost (n = 2.657)		Hazard Ratio (95% C.I.)
<b>Overall Survival</b> ( $\Delta$ = - 1.4%)	59.7% (56.3–63.0)		61.1% (57.6–64.3)		HR 1.05 (0.92–1.19) n.s.
<b>Cumulative Risk of Any First Recurrence</b>					
All patients ( $\Delta \geq 4\%$ )	@15y @20y	28.1% 32,8%	32.1% 38.7%	HR = 0.92 (0.81-1.04), n.s.	
$\leq 40$ years ( $\Delta > 6\%$ )	@15y @20y	41.5% 49.5%	48.1% 56.8%	HR = 0.80 (0.56-1.15), n.s.	
41–50 years	@15y @20y	34.0% 38.6%	35.6% 44.2%	HR = 0.91 (0.71-1.16), n.s.	
51–60 years	@15y @20y	28.5% 34.7%	28.7% 36.2%	HR = 0.96 (0.76-1.21), n.s.	
> 60 years	@15y @20y	27.4% 32.1%	29.1% 32.8%	HR = 0.94 (0.74-1.19), n.s.	

(Median F/U 17.2 y)

acc. Bartelink et al. *Lancet Oncol* 2015; 16: 47–56. Suppl.

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## Moderate hypofractionation with simultaneous-integrated boost

	ROG 1005 (ASTRO 2022)	IMPORT-HIGH (Lancet 2023)	HYPOSIB (ASTRO 2024)
Patient number	2262	2617	2179
Schedule Breast	40 Gy in 15 fx	36 Gy in 15 fx 40 Gy in 15 fx	40 Gy in 16 fx
Schedule Boost	48 Gy in 15 fx	48 Gy in 15 fx	48 Gy in 16 fx
Primary endpoint	Ipsilateral in-breast recurrence HR 1.32 (0.8-2.1) → Non-inferiority for SIB	Ipsilateral in-breast recurrence HR 1.04 (0.56-1.92) → Non-inferiority for SIB	Disease-free survival HR 1.10 (0.78-1.54) → Non-inferiority for SIB
Toxicity	Toxicity grade $\geq 3$ (ROTG)  $p = 0.79$	Any moderate / marked breast AE $p = 0.041$ for SIB 48 Gy vs. sequential boost (less toxicity with SIB)	No significant difference for grade $\geq 2$ skin toxicity, fibrosis, teleangiectasia, nausea, hot flashes, pain

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## Teilbrustbestrahlung nach BEO beim invasiven Karzinom\*

	Oxford		
	LoE	GR	AGO
<ul style="list-style-type: none"> <li>▪ Geeignete Patientinnen: Alter ≥50 Jahre, Tumorgröße &lt; 3 cm, pN0, ER/PgR pos.**, HER2 neg., G1-2**, L0 R0, nicht-lobuläre Histologie, keine BRCA-Mutation bekannt</li> </ul>			
<ul style="list-style-type: none"> <li>▪ Postoperative Teilbrustbestrahlung               <ul style="list-style-type: none"> <li>▪ 3D-konformale Radiotherapie (15 x 2,67 Gy über 3 Wochen)</li> </ul> </li> </ul>	1b	A	++
<ul style="list-style-type: none"> <li> <ul style="list-style-type: none"> <li>▪ Intensitätsmodulierte Radiotherapie (IMRT) (5 x 6 Gy über 1,5 Wochen)</li> </ul> </li> </ul>	1b	A	+
<ul style="list-style-type: none"> <li> <ul style="list-style-type: none"> <li>▪ Interstitielle Multikatheter-Brachytherapie</li> </ul> </li> </ul>	1b	A	+
<ul style="list-style-type: none"> <li> <ul style="list-style-type: none"> <li>▪ 3D-konformale Radiotherapie (10 x 3,85 Gy über 1 Woche)</li> </ul> </li> </ul>	1b	A	-
<ul style="list-style-type: none"> <li> <ul style="list-style-type: none"> <li>▪ Intrakavitäre Ballontechnik</li> </ul> </li> </ul>	2b	B	-
<ul style="list-style-type: none"> <li>▪ Intraoperative Radiotherapie (50 kV, IOERT)               <ul style="list-style-type: none"> <li>▪ Als alleinige Radiotherapie-Maßnahme während der ersten Brust-OP</li> </ul> </li> </ul>	1a	A	+/-
<ul style="list-style-type: none"> <li>▪ Intraoperative Clipmarkierung des Tumorbetts bei Indikation für Teilbrustbestrahlung</li> </ul>	2b	B	+

\*Definition des Zielvolumens und praktische Durchführung siehe DEGRO practical guidelines.

\*\*Abweichung in Einzelfällen möglich, wenn einer der genannten Faktoren nicht erfüllt ist.

### General guidelines

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### Postoperative partial breast irradiation as sole radiotherapy modality (ABPI)

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3. Meattini I, Marrazzo L, Saieva C et al. Accelerated Partial-Breast Irradiation Compared With Whole-Breast Irradiation for Early Breast Cancer: Long-Term Results of the Randomized Phase III APBI-IMRT-Florence Trial. *J Clin Oncol*. 2020 Dec 10;38(35):4175-4183.

### 3D-conformal RT (15x2.67 Gy over two weeks)

1. Coles CE, Griffin CL, Kirby AM et al. Partial-breast radiotherapy after breast conservation surgery for patients with early breast cancer (UK IMPORT LOW trial): 5-year results from a multicentre, randomised, controlled, phase 3, non-inferiority trial. *Lancet*. 2017 Sep 9;390(10099):1048-1060.
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### 3D-conformal RT (10x3.85 Gy over one week)

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#### Intraoperative irradiation (IORT/IOERT)

1. Vaidya JS, Bulsara M, Baum M et al. Long term survival and local control outcomes from single dose targeted intraoperative radiotherapy during lumpectomy (TARGIT-IORT) for early breast cancer: TARGIT-A randomised clinical trial. *BMJ*. 2020 Aug 19;370:m2836.
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## Meta-analyses on partial-breast irradiation

**Meta-analysis of 13 studies with 15,561 patients comparing partial breast irradiation (PBI) and whole-breast irradiation (WBI), median follow-up 8.6 years; Odds Ratio (95%-confidence interval)**

	Overall	EBRT	EBRT/BT	BT	IORT	Absolute diff.
Local recurrence (primary site)	1.01 (0.65-1.59)	0.85 (0.52-1.39)	0.84 (0.56-1.27)	0.87 (0.25-3.02)	<b>3.51</b> <b>(1.36-9.11)</b>	+0.02%
Local recurrence (elsewhere)	<b>2.21</b> <b>(1.53-3.20)</b>	<b>2.26</b> <b>(1.12-4.55)</b>	<b>2.07</b> <b>(1.31-3.27)</b>	7.88 (0.42-146)	3.06 (0.1-91.59)	+0.64%

**Meta-analysis of 11 studies with 15,438 patients comparing partial breast irradiation (PBI) and whole-breast irradiation (WBI); Hazard Ratio (95%-confidence interval)**

	Overall	EBRT	EBRT/BT	BT	IORT
Overall survival	1.02 (0.89-1.16)	1.06 (0.83-.37)	1.10 (0.90-1.35)	0.64 (0.36-.12)	0.95 (0.72-1.24)

EBRT = external beam RT; BT = brachytherapy, IORT = intraoperative RT; EBRT/BT = both techniques were allowed on trial

1. Hausmann J, Budach W, Strnad V et al. Comparing Local and Systemic Control between Partial- and Whole-Breast Radiotherapy in Low-Risk Breast Cancer-A Meta-Analysis of Randomized Trials. *Cancers (Basel)*. 2021 Jun 13;13(12):2967.
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## Comparison of different techniques for partial breast irradiation

	Intraoperative radiotherapy	Multicatheter interstitial brachytherapy	External-beam radiotherapy
Advantages	<ul style="list-style-type: none"> <li>• Shortest possible treatment time</li> <li>• Direct visualization of the tumor bed</li> </ul>	<ul style="list-style-type: none"> <li>• High conformality</li> <li>• Longest available follow-up data</li> </ul>	<ul style="list-style-type: none"> <li>• Broad availability</li> <li>• Reproducibility</li> </ul>
Disadvantages	<ul style="list-style-type: none"> <li>• Lack of complete knowledge of risk factors (e.g. margin status, lympho-vascular invasion)</li> <li>• Potentially increased risk of fibrosis with additional whole-breast irradiation</li> <li>• Availability limited to specialized centers</li> <li>• Prolongation of anesthesia</li> </ul>	<ul style="list-style-type: none"> <li>• Availability limited to specialized centers</li> <li>• Additional invasive procedure</li> <li>• Additional hospital stay</li> <li>• Risk of target miss due to lack of visibility of the tumor bed</li> </ul>	<ul style="list-style-type: none"> <li>• Risk of target miss due to lack of visibility of the tumor bed</li> <li>• Larger irradiated volume due to intra- and interfractional motion</li> </ul>

## Postmastektomie-Bestrahlung (PMRT)\* der Thoraxwand – Indikation

	Oxford		
	LoE	GR	AGO
▪ ≥4 positive Lymphknoten	1a	A	++
▪ 1-3 positive Lymphknoten (hohes Risiko)	1a	A	+
▪ 1-3 positive Lymphknoten (niedriges Risiko*, ALND erfolgt)	1b	B	-
▪ 1-3 positive Lymphknoten (niedriges Risiko*, keine ALND erfolgt)	2a	B	+/-
▪ T3/T4	1a	A	++
▪ pT3 pN0 R0 (ohne zusätzliche Risikofaktoren)	1b	B	+/-
▪ R0-Resektion nicht erreichbar (bei invasiven Tumoren)	1a	A	++
Die Indikationen zur PMRT und regionalen RT sind unabhängig von der adjuvanten systemischen Therapie	1a	A	
Inflammatorisches Karzinom: RT der Thoraxwand und der Lymphabflussregionen	2c	B	++

\*Siehe Folie Indikation zur Brustwandbestrahlung (PMRT). Niedriges Risiko: pT1-2, 1-2 LK-Met., ER/PR pos., HER2 neg.

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C, et al. Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials. *Lancet*. 2014 Jun 21;383(9935):2127-35.
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7. Shen H, Zhao L, Wang L, et al. Postmastectomy radiotherapy benefit in Chinese breast cancer patients with T1-T2 tumor and 1-3 positive axillary lymph nodes by molecular subtypes: an analysis of 1369 cases. *Tumour Biol*. 2015 Dec 2. [Epub ahead of print]
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Postmastectomy Radiotherapy (PMRT) to the Chest Wall in pts. with > 3 tumor infiltrated lymph nodes (Lnn.)

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Postmastectomy Radiotherapy (PMRT) to the Chest Wall in pts. with T3 / T4 breast cancer

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2. Valli MC; Association of Radiotherapy and Oncology of the Mediterranean arEa (AROME). Controversies in loco-regional treatment: post-mastectomy radiation for pT2-pT3N0 breast cancer arguments in favour. Crit Rev Oncol Hematol. 2012 Dec;84 Suppl 1:e70-4.

Postmastectomy Radiotherapy (PMRT) to the Chest Wall in pts. with pT3 pN0 R0 breast cancer (and no additional risk factors)

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C, et al. Effect of radiotherapy after

mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials. *Lancet*. 2014 Jun 21;383(9935):2127-35.

2. Boutrus R, Taghian AG; Association of Radiotherapy and Oncology of the Mediterranean arEa (AROME). Post mastectomy radiation for large node negative breast cancer: time for a second look. *Crit Rev Oncol Hematol*. 2012 Dec;84 Suppl 1:e75-8.
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6. Rowell NP. Radiotherapy to the chest wall following mastectomy for node-negative breast cancer: a systematic review. *Radiother Oncol*. 2009 Apr;91(1):23-32.

#### Indications for Postmastectomy Radiotherapy (PMRT) to the Chest Wall and regional RT are independent of adjuvant systemic treatment

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C, et al: Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials. *Lancet*. 2014 Jun 21;383(9935):2127-35.

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## SUPREMO: Post-mastectomy radiotherapy in intermediate risk breast cancer patients

### Kunkler et al. SABCS 2024

- Prospective randomized controlled trial, n = 1607
- Inclusion criteria:
  - T1-2 N1, T3 N0, T2 N0 if G3 and/or L1
  - Simple mastectomy, reconstruction allowed. If N1, ALND with  $\geq 8$  removed nodes was required. NACT was allowed (26 patients).
- Randomization to Post-Mastectomy Radiotherapy or no RT.
- Primary endpoint: overall survival (powered to demonstrate improvement by 7%, 609 events)
- Patient characteristics:
  - Median 55 years, 24% T2N0, 29% T1N1, 45% T2N1, <1% T3N0, 63% 1-2 LK, 21% HER2 pos., 11% TNBC
  - No data on systemic therapy and type of surgery.
- Results:
  - No improvement in OS (HR 1.04, 95%-CI 0.82-1.30, 295 events)
  - Significant reduction in Chest wall recurrence (HR 0.45, 95%-CI 0.2-0.99; 2.5 vs. 1.1%)
  - Trend towards reduced regional recurrence (HR 0.61, 95%-CI 0.36-1.03, 4.5 vs. 2.7%)
  - No improvement in metastasis-free survival or disease-free survival
- Limitations:
  - No subgroup analyses were presented.
  - Regional nodal irradiation was not prespecified.

Kunkler et al. GS2-03: Does postmastectomy radiotherapy in 'intermediate-risk' breast cancer impact overall survival? 10 year results of the BIG 2-04 MRC SUPREMO randomised trial: on behalf of the SUPREMO trial investigators. San Antonio Breast Cancer Symposium 2024.



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## Radiotherapy of the Chest Wall After Mastectomy (PMRT) in Case of 1-3 Axillary Lymph Node Metastases

PMRT not recommended <b>LoE 1b B AGO +</b>	PMRT to be discussed <b>LoE 3b B AGO +/-</b>	PMRT recommended <b>LoE 3b B AGO +</b>
<div style="border: 2px solid green; padding: 5px; background-color: #e0ffe0;"> <p>pT1-2, 1-2 involved lymph nodes, axillary dissection, ER/PR pos., HER2 neg.</p> </div> <p>According to Kunkler et al. 2024</p>	<div style="border: 2px solid green; padding: 5px; background-color: #e0ffe0;"> <p>Patients, who don't fulfill the mentioned criteria for high or low risk</p> </div>	<div style="border: 1px solid blue; padding: 5px; background-color: #e0e0ff;"> <p>≥ 45 y. AND &gt; 25% pos. ax. Lnn in case of axillary dissection OR &lt;45 y. AND (ER neg. OR &gt;25% pos. ax. Lnn in case of axillary dissection OR medial tumor location)</p> <p style="text-align: right;">Truong et al. 2005</p> </div> <div style="border: 1px solid blue; padding: 5px; background-color: #e0e0ff; margin-top: 5px;"> <p>&lt; 40 y. OR HER2 pos. OR lymphovascular invasion</p> <p style="text-align: right;">Shen H et al. 2015</p> </div> <div style="border: 1px solid blue; padding: 5px; background-color: #e0e0ff; margin-top: 5px;"> <p>G3 OR lymphovascular invasion OR triple negative</p> <p style="text-align: right;">Different publications</p> </div>

**Comment:** In case of an indication for radiotherapy of regional lymph nodes, radiotherapy of the chest wall should also be administered

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C, et al: Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials. *Lancet*. 2014 Jun 21;383(9935):2127-35.
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7. NCCN Guidelines for Treatment of Cancer by Site  
"http://www.nccn.org/professionals/physician\_gls/pdf/breast.pdf" download 2016
8. Shen H, Zhao L, Wang L, et al: Postmastectomy radiotherapy benefit in Chinese breast cancer patients with T1-T2 tumor and 1-3 positive axillary lymph nodes by molecular subtypes: an analysis of 1369 cases. *Tumour Biol*. 2015 Dec 2. [Epub ahead of print]

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Postmastectomy Radiotherapy (PMRT) to the Chest Wall in pts. with 1–3 tumor infiltrated lymph nodes (Lnn.) high risk

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#### Postmastectomy Radiotherapy (PMRT) to the Chest Wall in young pts with high risk features

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Indications for Postmastectomy Radiotherapy (PMRT) to the Chest Wall and regional RT are independent of adjuvant systemic treatment

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C et al: Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials. *Lancet*. 2014 Jun 21;383(9935):2127-35.

Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials.

1. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C et al: *Lancet*. 2014 Jun 21;383(9935):2127-35.

DEGRO practical guidelines for radiotherapy of breast cancer: radiotherapy following mastectomy.

1. Wenz F, Sperk E, Budach W, et al; Breast Cancer Expert Panel of the German Society of Radiation Oncology (DEGRO). *Strahlenther Onkol*. 2014 Aug;190(8):705-14.
2. Hehr T, Baumann R, Budach W et al; Breast Cancer Expert Panel of the German Society of Radiation Oncology (DEGRO). Radiotherapy after skin-sparing mastectomy with immediate breast reconstruction in intermediate-risk breast cancer : Indication and technical considerations. *Strahlenther Onkol*. 2019 Nov;195(11):949-963.
3. Piroth MD, Krug D, Baumann R, et al. *Strahlenther Onkol*. 2025 Jan 9. doi: 10.1007/s00066-024-02334-3. Online ahead of print.

## Postmastektomie-Bestrahlung (PMRT) der Thoraxwand\* – Fraktionierung

	Oxford		
	LoE	GR	AGO
▪ <b>Moderat hypofraktionierte RT (Gesamtdosis ca. 40 Gy in ca. 15-16 Fraktionen in ca. 3 bis 5 Wochen)</b>	<b>1a</b>	<b>A</b>	<b>++</b>
▪ <b>Nach Brustrekonstruktion</b>	<b>1b</b>	<b>B</b>	<b>++</b>
▪ <b>Ultra-hypofraktionierte RT (Gesamtdosis 26 Gy, d.h. 5 Fraktionen in einer Woche = 1 Fraktion/Tag bzw. 28,5 Gy, d.h. 5 Fraktionen in 5 Wochen = 1 Fraktion/Woche)</b>	<b>1b</b>	<b>B</b>	<b>+/-</b>
▪ <b>Konventionell fraktionierte RT (Gesamtdosis ca. 50 Gy in ca. 25-28 Fraktionen in ca. 5-6 Wochen)</b>	<b>1a</b>	<b>B</b>	<b>+</b>

\* Zur Fraktionierung bei Bestrahlung der Lymphabflusswege siehe Folie „Fraktionierung der Radiotherapie lokoregionärer Lymphabflussregionen“.

### Moderate Hypofractionation

1. Haviland JS, Owen JR, Dewar JA, et al; START Trialists' Group. The UK Standardisation of Breast Radiotherapy (START) trials of radiotherapy hypofractionation for treatment of early breast cancer: 10-year follow-up results of two randomised controlled trials. *Lancet Oncol.* 2013 Oct;14(11):1086-94.
2. Hickey BE, James ML, Lehman M et al. Fraction size in radiation therapy for breast conservation in early breast cancer. *Cochrane Database Syst Rev.* 2016 Jul 18;7:CD003860.
3. Wang SL, Fang H, Song YW et al. Hypofractionated versus conventional fractionated postmastectomy radiotherapy for patients with high-risk breast cancer: a randomised, non-inferiority, open-label, phase 3 trial. *Lancet Oncol.* 2019 Mar;20(3):352-360.
4. Meattini I, Becherini C, Boersma L et al. European Society for Radiotherapy and Oncology Advisory Committee in Radiation Oncology Practice consensus recommendations on patient selection and dose and fractionation for external beam radiotherapy in early breast cancer. *Lancet Oncol.* 2022;23(1):e21-e31.
5. Wong JS, Uno H, Tramontano A et al. Hypofractionated vs Conventionally Fractionated Postmastectomy Radiation After Implant-Based Reconstruction. *JAMA Oncol.* 2024, 10:1370-1378.
6. Poppe et al. A Randomized Trial of Hypofractionated Post-Mastectomy Radiation Therapy (PMRT) in Women with Breast

Reconstruction (RT CHARM, Alliance A221505). ASTRO Annual Meeting 2024. 10.1016/j.ijrobp.2024.07.002

#### Moderate hypofractionation and breast reconstruction

1. Kim D-Y, Park E, Heo CY, et al (2022) Influence of Hypofractionated Versus Conventional Fractionated Postmastectomy Radiation Therapy in Breast Cancer Patients With Reconstruction. *Int J Radiat Oncol Biology Phys* 112:445–456.
2. Kim D-Y, Park E, Heo CY, et al (2021) Hypofractionated versus conventional fractionated radiotherapy for breast cancer in patients with reconstructed breast: Toxicity analysis. *Breast* 55:37–44.
3. Rojas DP, Leonardi MC, Frassoni S, et al (2021) Implant risk failure in patients undergoing postmastectomy 3-week hypofractionated radiotherapy after immediate reconstruction. *Radiother Oncol* 163:105–113.
4. Wong JS, Uno H, Tramontano A et al. Patient-Reported and Toxicity Results from the FABREC Study: A Multicenter Randomized Trial of Hypofractionated vs. Conventionally-Fractionated Postmastectomy Radiation Therapy after Implant-Based Reconstruction. Presented at ASTRO Annual Meeting 2023 (LBA 5) <https://doi.org/10.1016/j.ijrobp.2023.08.029>
5. Ryu H, Shin KH, Chang JH et al. (2024) A nationwide study of breast reconstruction after mastectomy in patients with breast cancer receiving postmastectomy radiotherapy: comparison of complications according to radiotherapy fractionation and reconstruction procedures. *Br J Cancer* 131:290–298.
6. Poppe et al. A Randomized Trial of Hypofractionated Post-Mastectomy Radiation Therapy (PMRT) in Women with Breast Reconstruction (RT CHARM, Alliance A221505). ASTRO Annual Meeting 2024. 10.1016/j.ijrobp.2024.07.002

#### Ultra-Hypofractionation

1. Brunt AM, Haviland JS, Wheatley DA et al. Hypofractionated breast radiotherapy for 1 week versus 3 weeks (FAST-Forward): 5-year efficacy and late normal tissue effects results from a multicentre, non-inferiority, randomised, phase 3 trial. *Lancet*. 2020 May 23;395(10237):1613-1626.
2. Meattini I, Becherini C, Boersma L et al. European Society for Radiotherapy and Oncology Advisory Committee in Radiation Oncology Practice consensus recommendations on patient selection and dose and fractionation for external beam radiotherapy in early breast cancer. *Lancet Oncol*. 2022;23(1):e21-e31.



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## RT-CHARM: Moderate hypofractionation in patients with breast reconstruction

### Poppe et al. RT CHARM-trial (Alliance A221505), ASTRO 2024

- Prospective randomized controlled non-inferiority trial, n = 825
- Inclusion criteria: T1-3 N1-2, T3 N0, planned reconstruction within 18 months of radiotherapy
- Randomization to 25x2 Gy or 16x2.66 Gy.
- Primary endpoint: Reconstruction-associated complications at 2 years - non-inferiority was shown.
- Type of reconstruction was the most important predictor of complications (autologous vs. implant: OR 0.49; expander vs. immediate reconstruction OR 2.06)
- Locoregional recurrence 1.9 vs. 1.5% at 3 years.

#### Reconstruction-associated complications at 2 years

	25x2 Gy	16x2.66 Gy	Absolute difference
All patients	12.2%	14.2%	+2.1%
Immediate	11.9%	10.3%	-1.6%
Delayed	12.3%	15.6%	+3.3%
Autologous	8.9%	8.5%	-0.4%
Implant	13.8%	17.1%	+3.3%

Poppe et al. A Randomized Trial of Hypofractionated Post-Mastectomy Radiation Therapy (PMRT) in Women with Breast Reconstruction (RT CHARM, Alliance A221505). ASTRO Annual Meeting 2024. 10.1016/j.ijrobp.2024.07.002

## Boost bei PMRT

	Oxford		
	LoE	GR	AGO
▪ Eine Boost-Bestrahlung der Thoraxwand hat keinen Einfluss auf das brustkrebspezifische und Gesamtüberleben	2a	B	
▪ Eine Boost-Bestrahlung der Thoraxwand sollte nur bei nachgewiesener R1 / R2-Situation ohne Möglichkeit einer Nachresektion erfolgen	5	D	++
▪ Reicht der Tumor nach Mastektomie (unter Mitnahme der Pectoralisfaszie) an den pectoralen Absetzungsrand heran und ist ein faszienüberschreitendes Tumorwachstum klinisch nicht zu erkennen, ist von einer R0-Situation auszugehen. Eine Boostbestrahlung ist nicht erforderlich	5	D	++

### Thoracic wall boost irradiation

1. Mayadev J, Fish K, Valicenti R et al. Utilization and impact of a postmastectomy radiation boost for invasive breast cancer, Pract Radiat Oncol. 2014 Nov-Dec;4(6):e269-78

## Radiotherapie der Axilla bei Patientinnen mit positiven Sentinel-Lymphknoten\* ohne axilläre Dissektion

	Oxford		
	LoE	GR	AGO
<b>BEO oder Mastektomie und SENOMAC-Kriterien ** erfüllt</b>			
▪ Radiotherapie der Brust/Thoraxwand und Axilla (Level I-IV)	1b	B	+
▪ Radiotherapie der Brust/Thoraxwand unter Einschluss von Level 1 + 2 bis 5 mm unterhalb der Vena axillaris (PTV)***	2b	B	+
<b>BEO oder Mastektomie und SENOMAC-Kriterien ** nicht erfüllt</b>	5	D	++
▪ Radiotherapie der Brust/Thoraxwand und Axilla (Level I-IV)			
<b>Mastektomie und SENOMAC-Kriterien erfüllt, Radiotherapie der Thoraxwand nicht geplant</b>			
▪ Alleinige Radiotherapie der Axilla	5	D	+/-
<b>≥ 3 pos. SLN</b>			
▪ Radiotherapie der Axilla (Level I-IV analog AMAROS)	1b	B	+

\*Makrometastasen \*\* T1-T3, keine sonographisch suspekten LK (oder FNP/CNB neg.), 1-2 befallene SN, keine NACT

\*\*\*nur wenn ansonsten keine Indikation zur Bestrahlung des Lymphabflusses besteht (siehe Folie „RT der lokoregionären Lymphabflussregionen“)

### 1-2 pos SLN: BCT:

1. Giuliano AE, Ballman KV, McCall L, et al (2017) Effect of Axillary Dissection vs No Axillary Dissection on 10-Year Overall Survival Among Women With Invasive Breast Cancer and Sentinel Node Metastasis: The ACOSOG Z0011 (Alliance) Randomized Clinical Trial. JAMA 318:918–926.
2. Jagsi R, Manjoet C, Moni J, et al. Radiation field design in the ACOSOG Z0011 (Alliance) trial. J Clin Oncol 2014;Nov 10;32(32): 3600-6
3. Sávolt Á, Péley G, Polgár C, et al (2017) Eight-year follow up result of the OTOASOR trial: The Optimal Treatment Of the Axilla – Surgery Or Radiotherapy after positive sentinel lymph node biopsy in early-stage breast cancer A randomized, single centre, phase III, non-inferiority trial. European J Surg Oncol Ejs0 43:672–679.
4. Tinterri C, Gentile D, Gatzemeier W, et al (2022) Preservation of Axillary Lymph Nodes Compared with Complete Dissection in T1–2 Breast Cancer Patients Presenting One or Two Metastatic Sentinel Lymph Nodes: The SINODAR-ONE Multicenter Randomized Clinical Trial. Ann Surg Oncol 1–13
5. Algara M, Rodríguez E, Martínez-Arcelus FJ, et al (2022) OPTimizing Irradiation through Molecular Assessment of Lymph node (OPTIMAL): a randomized clinical trial. Radiother Oncol 176:76–82.
6. de Boniface J, Filtenborg Tvedskov T et al. Omitting Axillary Dissection in Breast Cancer with Sentinel-Node Metastases. N Engl J Med. 2024 Apr 4;390(13):1163-1175.

#### 1-2 pos SLN: Mastectomy:

1. Donker M, Tienhoven G, Straver ME et al: Radiotherapy or surgery of the axilla after a positive sentinel node in breast cancer (EORTC 10981-22023 AMAROS) a randomised, multicenter open label, phase 3 non inferiority trial. Lancet Oncol 2014;15:1333-10.
2. Bartels SAL, Donker M, Poncelet C, et al (2022) Radiotherapy or Surgery of the Axilla After a Positive Sentinel Node in Breast Cancer: 10-Year Results of the Randomized Controlled EORTC 10981-22023 AMAROS Trial. J Clin Oncol JCO2201565.  
<https://doi.org/10.1200/jco.22.01565>
3. Sávolt Á, Péley G, Polgár C, et al (2017) Eight-year follow up result of the OTOASOR trial: The Optimal Treatment Of the Axilla – Surgery Or Radiotherapy after positive sentinel lymph node biopsy in early-stage breast cancer A randomized, single centre, phase III, non-inferiority trial. European J Surg Oncol Ejs0 43:672–679.
4. de Boniface J, Filtenborg Tvedskov T et al. Omitting Axillary Dissection in Breast Cancer with Sentinel-Node Metastases. N Engl J Med. 2024 Apr 4;390(13):1163-1175

#### >=3 positive SLN: Radiotherapy of the axilla

1. Bartels SAL, Donker M, Poncelet C, et al (2022) Radiotherapy or Surgery of the Axilla After a Positive Sentinel Node in Breast Cancer: 10-Year Results of the Randomized Controlled EORTC 10981-22023 AMAROS Trial. J Clin Oncol JCO2201565.  
<https://doi.org/10.1200/jco.22.01565>
2. EBCTCG (Early Breast Cancer Trialists' Collaborative Group), McGale P, Taylor C, Correa C, et al: Effect of radiotherapy after mastectomy and axillary surgery on 10-year recurrence and 20-year breast cancer mortality: meta-analysis of individual patient data for 8135 women in 22 randomised trials. Lancet. 2014 Jun 21;383(9935):2127-35.



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## Radiotherapy target volumes in the SENOMAC-trial

- Collection of radiotherapy target volumes for patients in the ITT population (n = 2624 patients)
- Collection of dosimetric data for patients receiving radiotherapy in Denmark and Sweden (n = 1229, data available for 96% of those patients)

ITT population (N = 2624)	SLNB (n = 1371)	ALND (n = 1253)
No RT	3.8%	5.3%
Breast/CW only	6.2%	5.8%
Breast/CW + RNI	88.8%	87.4%
RNI only	1.1%	0.9%
Missing	0.1%	0.4%

RTQA population (N = 1176)	SLNB (n = 611)	ALND (n = 565)
Breast/CW	100%	100%
Level I (complete)	55%	31%
Level II-IV	97%	97%

CW = chest wall, RNI = regional nodal irradiation, RTQA = radiotherapy quality assurance

1. Alkner S, Wieslander E, Lundstedt D et al. Quality assessment of radiotherapy in the prospective randomized SENOMAC trial. Radiother Oncol. 2024 Aug;197:110372.
2. de Boniface J, Filtenborg Tvedskov T et al. Omitting Axillary Dissection in Breast Cancer with Sentinel-Node Metastases. N Engl J Med. 2024 Apr 4;390(13):1163-1175.

<b>Zusätzliche RT der Axilla nach primärer Operation</b> (bei Indikation zur Radiotherapie der Mamma/Brustwand <sup>1</sup> +/- supra- / infraklavikulärer und parasternaler RT <sup>2</sup> )		Oxford		
		LoE	GR	AGO
<b>pN-Status</b>				
<b>cN0 / pNx analog SOUND/INSEMA</b>	Keine intentionelle RT der Axilla <sup>1</sup>	1b	B	-
<b>pN0(sn) / pN1mic(sn)</b>	Keine intentionelle RT der Axilla <sup>1</sup>	1b	B	--
<b>pN0/+ nach ALND</b>	Keine intentionelle RT der Axilla <sup>1</sup>	1a	A	--
<b>pN+(sn) analog SENOMAC/AMAROS<sup>3</sup> (keine ALND)</b>	Level I-IV	1b	B	+
<b>pN+(sn) analog SENOMAC/AMAROS<sup>3</sup> (keine ALND)</b>	Level I-II <sup>4</sup>	2b	B	+
<b>pN+(sn) nicht analog SENOMAC/AMAROS<sup>3</sup> (keine ALND)</b>	Level I-IV	5	D	++
<b>Ausgedehnte perinodale Fettgewebsinfiltration in der Axilla</b>	Level I-IV	2b	B	+
<b>Axillärer Resttumor nach ALND</b>	Level I-IV	5	D	++

<sup>1</sup>Eine inzidentelle Dosisbelastung in Teilen von Level I/II ist technisch nicht zu umgehen. <sup>2</sup>Die Indikation für eine RT der SCG/ICG und der IMC ist separat zu prüfen. <sup>3</sup>T1-T3, keine sonographisch suspekten LK (oder FNP/CNB neg.), 1-2 befallene SN, keine NACT <sup>4</sup>Bis 5 mm unterhalb der Vena axillaris. Nur wenn ansonsten keine Indikation zur Bestrahlung des Lymphabflusses besteht, siehe Folie „RT der lokoregionären Lymphabflussregionen“

### Clinically node negative without sentinel lymph node biopsy

- Gentilini OD, Botteri E, Sangalli C et al. Sentinel Lymph Node Biopsy vs No Axillary Surgery in Patients With Small Breast Cancer and Negative Results on Ultrasonography of Axillary Lymph Nodes. JAMA Oncol 2023. 9: 1557-1564.
- Reimer T, Stachs A, Veselinovic K, et al (2024) Axillary Surgery in Breast Cancer — Primary Results of the INSEMA Trial. N Engl J Med. 2024 <https://doi.org/10.1056/nejmoa2412063>

### Sentinel node negative or micrometastases in case of primary surgery

- Krag DN, Anderson SJ, Julian TB, et al: Sentinel-lymph-node resection compared with conventional axillary-lymph-node dissection in clinically node-negative patients with breast cancer: overall survival findings from the NSABPB-32 randomised phase 3 trial. Lancet Oncol 2010; 11: 927–33.
- Galimberti V, Manika A, Maisonneuve P, et al. Long-term follow-up of 5262 breast cancer patients with negative sentinel node and no axillary dissection confirms low rate of axillary disease. Eur J Surg Oncol. 2014 Oct;40(10):1203-8.
- Galimberti V, Cole BF, Viale G, et al (2018) Axillary dissection versus no axillary dissection in patients with breast cancer and sentinel-node micrometastases (IBCSG 23-01): 10-year follow-up of a randomised, controlled phase 3 trial. The Lancet Oncology 19:1385–1393.

### Radiotherapy to the axilla instead of completion axillary lymph node dissection in case of sentinel lymph node involvement

1. Galimberti V, Cole BF, Zurrada S, et al. International Breast Cancer Study Group Trial 23-01 investigators. Axillary dissection versus no axillary dissection in patients with sentinel-node micrometastases (IBCSG 23-01): a phase 3 randomised controlled trial. *Lancet Oncol.* 2013 Apr;14(4):297-305.
2. Giuliano AE, Ballman KV, McCall L, et al. Effect of Axillary Dissection vs No Axillary Dissection on 10-Year Overall Survival Among Women With Invasive Breast Cancer and Sentinel Node Metastasis: The ACOSOG Z0011 (Alliance) Randomized Clinical Trial. *JAMA.* 2017 Sep 12;318(10):918-926.
3. Jagsi R, Manjoet C, Moni J, et al. Radiation field design in the ACOSOG Z0011 (Alliance) trial. *J Clin Oncol* 2014;Nov 10;32(32): 3600-6
4. Alkner S, Wieslander E, Lundstedt D et al. Quality assessment of radiotherapy in the prospective randomized SENOMAC trial. *Radiother Oncol.* 2024 Aug;197:110372.
5. de Boniface J, Filtenborg Tvedskov T et al. Omitting Axillary Dissection in Breast Cancer with Sentinel-Node Metastases. *N Engl J Med.* 2024 Apr 4;390(13):1163-1175.
6. Donker M, Tienhoven G, Straver ME et al. Radiotherapy or surgery of the axilla after a positive sentinel node in breast cancer (EORTC 10981-22023 AMAROS) a randomised, multicenter open label, phase 3 non inferiority trial. *Lancet Oncol* 2014;15:1333-10
7. Bartels SAL, Donker M, Poncet C, et al (2022) Radiotherapy or Surgery of the Axilla After a Positive Sentinel Node in Breast Cancer: 10-Year Results of the Randomized Controlled EORTC 10981-22023 AMAROS Trial. *J Clin Oncol* JCO2201565. <https://doi.org/10.1200/jco.22.01565>

### Axillary soft tissue involvement

1. Naoum GE, Oladeru O, Ababneh H, et al (2024) Pathologic Exploration of the Axillary Soft Tissue Microenvironment and Its Impact on Axillary Management and Breast Cancer Outcomes. *J Clin Oncol* 42:157–169.

### Tumor residuals after axillary dissection

1. Interdisziplinäre S3-Leitlinie für die Diagnostik, Therapie und Nachsorge des Mammakarzinoms, Aktualisierung 2017 Version 4.2. Herausgeber: Leitlinienprogramm Onkologie der AWMF, Deutschen Krebsgesellschaft e.V. und Deutschen Krebshilfe e.V.

<b>Zusätzliche RT der Axilla nach neoadjuvanter Chemotherapie</b> (bei Indikation zur Radiotherapie der Mamma/Brustwand <sup>1</sup> +/- supra- / infraklavikulärer und parasternaler RT <sup>2</sup> ) Erweiterung des PTV (planning target volume) zur Erfassung von Level I-II <sup>3</sup>		Oxford		
		LoE	GR	AGO
N-Status prä/post NACT	pN-Status			
cN0 / ycN0	ypN0(sn)	5	D	-
cN0 / ycN0	ypN1mi(sn) / ypN+(sn) (keine ALND erfolgt)	5	D	+ <sup>4</sup>
cN+cNB / ycN0	ypN0 / ypN0(i+) (sn/TAD)	5	D	+/- <sup>4</sup>
cN+cNB/ ycN0	ypN1mi(sn/TAD) / ypN+(sn/TAD) (keine ALND erfolgt)	5	D	+ <sup>4</sup>
cN0/cN+	ypN0/+ nach ALND	2b	B	-
cN0/cN+	ypN+ mit ausgedehnter perinodaler Fettgewebsinfiltration in der Axilla	2b	B	+
cN0/cN+	ypN+ mit axillärem Resttumor nach ALND	5	D	++

<sup>1</sup> Eine inzidentelle Dosisbelastung in Teilen von Level I/II ist technisch nicht zu umgehen. <sup>2</sup>Die Indikation für eine RT der SCG/ICG und der IMC ist separat zu prüfen. <sup>3</sup>Bis 5 mm unterhalb der Vena axillaris. <sup>4</sup>Studienteilnahme empfohlen.

### Statement surgical intervention in the axilla before or after neoadjuvant chemotherapy

- Ryu JM, Lee SK, Kim JY, et al. Predictive Factors for Nonsentinel Lymph Node Metastasis in Patients With Positive Sentinel Lymph Nodes After Neoadjuvant Chemotherapy: Nomogram for Predicting Nonsentinel Lymph Node Metastasis. Clin Breast Cancer. 2017 Nov;17(7):550-55
- Galimberti V, Ribeiro Fontana SK, Maisonneuve P. Sentinel node biopsy after neoadjuvant treatment in breast cancer: five-year follow-up of patients with clinically node-negative or node-positive disease before treatment. Eur J Surg Oncol 2016;42(3) 361-8
- Martelli G, Miceli R, Folli S, et al. Sentinel node biopsy after primary chemotherapy in cT2 N0/1 breast cancer patients: Long-term results of a retrospective study. Eur J Surg Oncol. 2017 Nov;43(11):2012-2020.
- Kahler-Ribeiro-Fontana S, Pagan E, Magnoni F, et al.: Long-term standard sentinel node biopsy after neoadjuvant treatment in breast cancer: a single institution ten-year follow-up, Eur J Surg Oncol. 2020 Oct 15;S0748-7983(20)30846-5.
- Tee SR, Devane LA, Evoy D et al. Meta-analysis of sentinel lymph node biopsy after neoadjuvant chemotherapy in patients with initial biopsy-proven node-positive breast cancer. Br J Surg. 2018 Nov;105(12):1541-1552.
- Balic M, Thomssen C, Würstlein R, Gnant M, Harbeck N. St. Gallen/Vienna 2019: A Brief Summary of the Consensus Discussion on the Optimal Primary Breast Cancer Treatment. Breast Care (Basel). 2019 Apr;14(2):103-110.
- Classe JM, Loaec C, Gimbergues P et al. Sentinel lymph node biopsy without axillary lymphadenectomy after neoadjuvant chemotherapy is accurate and safe for selected patients: the GANEA 2 study. Breast Cancer Res Treat. 2019 Jan;173(2):343-352.

8. Moo TA, Edelweiss M, Hajiyeva S, et al. Is Low-Volume Disease in the Sentinel Node After Neoadjuvant Chemotherapy an Indication for Axillary Dissection? [published correction appears in *Ann Surg Oncol*. 2020 Feb 21;:]. *Ann Surg Oncol*. 2018;25(6):1488–1494.
9. Wong SM , Almana N , Choi J et al: Prognostic Significance of Residual Axillary Nodal Micrometastases and Isolated Tumor Cells After Neoadjuvant Chemotherapy for Breast Cancer, *Ann Surg Oncol*. 2019 Oct;26(11):3502-3509.
10. Montagna G, Mrdutt MM, Sun SX, et al (2024) Omission of Axillary Dissection Following Nodal Downstaging With Neoadjuvant Chemotherapy. *JAMA Oncol* 10:793–798.
11. Cabioğlu N, Koçer HB, Karanlık H, et al (2025) De-Escalation of Nodal Surgery in Clinically Node-Positive Breast Cancer. *JAMA Surg* 160:. <https://doi.org/10.1001/jamasurg.2024.5913>

#### Axillary soft tissue involvement

1. Naoum GE, Oladeru O, Ababneh H et al. Pathological Exploration of the Axillary Soft Tissue Microenvironment and Its Impact on Axillary Management and Breast Cancer Outcomes. *J Clin Oncol* 2023 Nov 15;JCO2301009. doi: 10.1200/JCO.23.01009.

#### Tumor residuals after axillary dissection

1. Interdisziplinäre S3-Leitlinie für die Diagnostik, Therapie und Nachsorge des Mammakarzinoms, Aktualisierung 2017 Version 4.2. Herausgeber: Leitlinienprogramm Onkologie der AWMF, Deutschen Krebsgesellschaft e.V. und Deutschen Krebshilfe e.V.



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## Impact of axillary soft tissue involvement on regional recurrence

**Naoum et al. J Clin Oncol 2023 Nov 15;JCO2301009. doi: 10.1200/JCO.23.01009.**

- Retrospective single center analysis, 2162 pat. with node-positive breast cancer treated 2000-2020.
- Analysis according to extracapsular extension (ECE) and axillary soft tissue involvement (AXT).
  - No ECE or AXT in 57.7%
  - ECE only in 24.9%
  - AXT only in 2.6%
  - ECE and AXT in 13.9%
- On multivariate analysis, AXT was significantly associated with distant failure (HR 1.61,  $p < 0.001$ ), locoregional failure (HR 2.31,  $p < 0.001$ ) and axillary failure (HR 3.33,  $p = 0.003$ ).
- Regional nodal irradiation improved locoregional control in patients with ECE and/or AXT (HR 0.5,  $p = 0.03$ ). Delivering a dose of  $< 50$  Gy with conventional fractionation was associated with a higher risk of axillary failure.
- AXT was also associated with distant failure, locoregional failure and axillary failure in patients that underwent neoadjuvant chemotherapy.

Naoum GE, Oladeru O, Ababneh H, et al (2024) Pathologic Exploration of the Axillary Soft Tissue Microenvironment and Its Impact on Axillary Management and Breast Cancer Outcomes. J Clin Oncol 42:157–169.

## Radiotherapie (RT) der lokoregionären Lymphabflussregionen

	Oxford		
	LoE	GR	AGO
<b>RT der supra- / infraklavikulären und Mammaria interna Lymphabflussregion</b>			
▪ ≥ 4 befallene axilläre Lymphknoten <sup>1</sup>	1a	A	++
▪ 1–3 befallene axilläre Lymphknoten <sup>1</sup> - zentralem oder medialem Sitz oder - HR-negativ	1a	A	+
▪ pN0 und prämenopausal bei zentralem oder medialem Sitz und G3 und HR-negativ	1a	B	+
▪ klinischer Befall in den oben genannten Regionen	2b	B	+
▪ Für Mammaria interna: Bei linksseitigem Tumorsitz und erhöhtem kardialem Risiko oder simultaner Gabe von HER2-zielgerichteter Therapie	2b	A	-

<sup>1</sup>gilt nicht für Mikrometastasen

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2. Belkacemi and J. Gligorov, Concurrent trastuzumab — internal mammary irradiation for HER2 positive breast cancer: “It hurts to be on the cutting edge”. *Radiother Oncol* 2010;94:119-20 (Letter to the editor).
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5. Jacob J, Belin L, Pierga JY, et al: Concurrent administration of trastuzumab with locoregional breast radiotherapy: long-term results of a prospective study. *Breast Cancer Res Treat*. 2014 Nov;148(2):345-53.
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7. Shaffer R, Tyldesley S, Rolles M, et al. Acute cardiotoxicity with concurrent trastuzumab and radiotherapy including internal mammary chain nodes: A retrospective single-institution study. *Radiother Oncol* 2009;90:122-126
8. Aboudaram A, Loap P, Loirat D, et al (2021) Pertuzumab and Trastuzumab Combination with Concomitant Locoregional Radiotherapy for the Treatment of Breast Cancers with HER2 Receptor Overexpression. *Cancers* 13:4790.

#### RT to Supra-/infraclavicular lymphatic regions after NACT/NAT (indications as for PMRT)

1. Please check slide on radiotherapy after NACT



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## Regional nodal irradiation: EBCTCG-metaanalysis 2023

	EBCTCG-metaanalysis („newer trials“, recruitment 1989 onwards)	
Patient number	12,167	
Median FU	13.7 years	
Design	7 randomized controlled trials and 1 national prospective cohort study	
Target volume	92% in the experimental arm had internal mammary irradiation	
Results	Absolute reduction at 15 years	Relative reduction
Any recurrence	2.6%	RR 0.88 (95%-CI 0.81-0.95)
pN0	2.3%	
pN1-3	2.9%	
pN4+	4.3%	
Breast-cancer mortality	3.0%	RR 0.87 (95%-CI 0.80-0.94)
pN0	1.6%	
pN1-3	2.7%	
pN4+	4.5%	
Mortality w/o recurrence	-3.0%	RR 0.90 (95%-CI 0.84-0.96)
Any death	-3.0%	RR 0.90 (95%-CI 0.84-0.96)

1. Early Breast Cancer Trialists' Collaborative Group (EBCTCG). Radiotherapy to regional nodes in early breast cancer: an individual patient data meta-analysis of 14 324 women in 16 trials. Lancet. 2023 Nov 25;402(10416):1991-2003.

## Fraktionierung der Radiotherapie lokoregionärer Lymphabflussregionen

	Oxford		
	LoE	GR	AGO
▪ <b>Moderat hypofraktionierte RT (Gesamtdosis ca. 40–43,5 Gy in ca. 15–16 Fraktionen in ca. 3 bis 5 Wochen)</b>	<b>1b</b>	<b>B</b>	<b>++</b>
▪ <b>Konventionell fraktionierte RT (Gesamtdosis ca. 50 Gy in ca. 25–28 Fraktionen in ca. 5–6 Wochen)</b>	<b>1a</b>	<b>A</b>	<b>+</b>
▪ <b>Ultra-hypofraktionierte RT (Gesamtdosis 26 Gy, d.h. 5 Fraktionen in einer Woche = 1 Fraktion/Tag)</b>	<b>2b</b>	<b>B</b>	<b>-</b>

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- Haviland JS, Mannino M, Griffin C et al. Late normal tissue effects in the arm and shoulder following lymphatic radiotherapy: Results from the UK START (Standardisation of Breast Radiotherapy) trials. Radiother Oncol. 2018 Jan;126(1):155-162.
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## Hypofractionated regional nodal irradiation

	START-P/A/B subgroups	Wang et al.	DBCG Skagen 1 (Abstract)	HypoG-01 (Abstract)
Patient number	864	820	2963	1265
Fractionation	39-42.9 Gy in 13-15 fx	43.5 Gy in 15 Fx	40 Gy in 15 Fx	40 Gy in 15 Fx
Median FU	10 years	58.5 months	3 years	5 years
Primary endpoint	Late normal tissue effects	Locoregional recurrence	Lymphedema at 3 years	Lymphedema at 3 years
Statistical design	Retrospective analysis	Non-inferiority	Non-inferiority	Non-inferiority
Results	No statistically significant differences for LRR or late normal tissue effects	Non-inferiority for LRR (primary analysis)	No increased risk of lymphedema or LRR (primary analysis)	Non-inferiority for lymphedema Superiority for LRR, DFS, OS

1. Haviland JS, Mannino M, Griffin C et al. Late normal tissue effects in the arm and shoulder following lymphatic radiotherapy: Results from the UK START (Standardisation of Breast Radiotherapy) trials. *Radiother Oncol.* 2018 Jan;126(1):155-162.
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## Radiotherapie nach NACT

Prätherapeutisch	Posttherapeutisch	RT-BET	PMRT	RT-LAW*	Oxford	
		AGO	AGO	AGO	LoE	GR
Lokal fortgeschritten	pCR / keine pCR	++	++	++	1a/1a/1a	A/A/A
cT1-3 cN1**	ypT+ ypN0	++	+	+/- <sup>1</sup>	1a/1b/1b	A/B/B
cT1-3 cN1**	ypT0/is ypN0	++	+/- <sup>1</sup>	+/- <sup>1</sup>	1a/1b/1b	A/B/B
cT1-3 cN0 / cN1** (Sonogr. obligat)	ypN+/ypN1mi o. ypT3/4	++	+	+	1a/2b/2b	A/B/B
cT1-3 cN0 (Sonogr. obligat)	ypT0/is ypN0	++	-	-	1a/2b/2b	A/B/B
cT1-3 cN0 (Sonogr. obligat)	ypT1-2 ypN0	++	-	-	1a/2b/2b	A/B/B

Lokal fortgeschritten: T4 oder cN2-N3

<sup>1</sup> Kriterien für hohes Rezidivrisiko bzw. Benefit der lokoregionären Radiotherapie:

- Zentraler Tumorsitz, HR-negativ, prämenopausal, non-pCR in der Brust, residuelle Mikrometastasierung in den axillären Lymphknoten, cT3
- bzgl. Erfassung von Axilla-Level I/II s. Folien „Zusätzliche RT der Axilla nach primärer Operation“ / „Zusätzliche RT der Axilla nach neoadjuvanter Chemotherapie“. \*\* = durch Stanzbiopsie gesichert
- Bei residuellen isolierten Tumorzellen individuelle Entscheidung, da keine Daten zur RT vorliegen.

1. Mamounas EP, Bandos H, White J et al. Loco-Regional Irradiation in Patients with Biopsy-proven Axillary Node Involvement at Presentation Who Become Pathologically Node-negative After Neoadjuvant Chemotherapy: Primary Outcomes of NRG Oncology/NSABP B-51/RTOG 1304. Presented at SABCS 2023 (GS02-07)
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## Role of locoregional radiotherapy after neoadjuvant chemotherapy

### Mamounas et al. SABCs 2023 – GS02-07 (NSABP B-51/RTOG 1304)

- Prospective randomized controlled trial, 1641 pts., 2013-2020, median follow-up 59.5 months
- cT1-3 cN1 (FNA/CNB) → ypN0 (SLNB/ALND) after standard neoadjuvant chemotherapy
- Randomization:
  - BCS: RT breast vs. RT breast + regional nodal irradiation
  - Mastectomy: No RT vs. Post-mastectomy RT + regional nodal irradiation
- Primary endpoint: Invasive breast cancer recurrence-free interval
  - 80% power to detect 4.6% absolute reduction (HR 0.65) – superiority trial, 172 events
- Patient characteristics: 80% cT1-2, 58% BCS, 55% SLNB, 78% pCR in breast, 20% TNBC, 20% Lum
- Results:
  - No improvement in BCRFI (HR 0.88), isolated locoregional recurrence-free interval (HR 0.37), distant recurrence-free interval (HR 1.00), DFS (1.06) and OS (HR 1.12)
- Discussion:
  - Short follow-up (benefit of RNI appeared in EBCTCG-metaanalysis after 10-15 years)
  - Underpowered for primary analysis (109/172 planned events)
  - Trial should have been designed as a non-inferiority trial
  - Underrepresented subgroups: cT3, ypT+
  - Not applicable to: cT4 cN2-3

1. Mamounas EP, Bandos H, White J et al. Loco-Regional Irradiation in Patients with Biopsy-proven Axillary Node Involvement at Presentation Who Become Pathologically Node-negative After Neoadjuvant Chemotherapy: Primary Outcomes of NRG Oncology/NSABP B-51/RTOG 1304. Presented at SABCs 2023 (GS02-07)

## Simultane Applikation von systemischen Therapien mit adjuvanter lokoregionärer Radiotherapie

	Oxford		
	LoE	GR	AGO
▪ Trastuzumab / Pertuzumab*	1a	A	++
▪ T-DM1	1b	A	+
▪ Tamoxifen	2b	B	+
▪ Aromatasehemmer	2b	B	+
▪ Checkpointinhibitoren	2b	C	+
▪ Capecitabin**	2b	B	+
▪ CDK4/6-Inhibitoren***	4	C	+/-
▪ Olaparib****	2b	C	+/-

- \* Bei HER2-positiven Tumoren und linksseitigem Tumorsitz sollte eine simultane parasternale RT vermieden werden.
- \*\* bei hypofraktionierter RT bis ca. 40 Gy, Dosisreduktion von Capecitabin erwägen, Pat. mit hohem Rezidivrisiko
- \*\*\* In bisherigen Phase III-Studien (monarchE, PALLAS, Penelope-B) Gabe erst nach Abschluss der RT, in der Palliativsituation bisher kein Anhalt für deutlich erhöhte Toxizität
- \*\*\*\* In bisherigen Phase III-Studien nur sequentielle Gabe

### ESTRO consensus statement

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## Interaktion zwischen Strahlentherapie und Rauchen

	Oxford		
	LoE	GR	AGO
▪ Nach einer Strahlentherapie wegen Brustkrebs ist das Risiko für ein Lungenkarzinom für Raucher erhöht	1a	A	
▪ Patientinnen sollten über dieses Risiko informiert werden			++
▪ Es sollte empfohlen werden, nicht mehr zu rauchen			++

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